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DHS Boys Track & Field Results at the 2024 Notre Dame Frozen Invitational

MARCH 19TH 2024 BY DEE LOFLIN

DHS Boys Track & Field Results at the 2024 Notre Dame Frozen Invitational

The Dexter Bearcats Track & Field team opened on the road at the Notre Dame Frozen Invitational on Saturday, March 16, 2024. It was a beautiful day for track and rarity this time of year.

"Saturday was a solid day for the boys track program," commented head coach Chad Jamerson. "It was beautiful. The wind started to have an effect on the events as the day progressed, but overall...it was a great day!"

The Bearcats turned in some good performances considering it was their first meet of the year and against some great competitors. It was also DNOW weekend in Dexter so they traveled light on the number of athletes competing.

Jaxon King placed 3rd overall in a strong field of 800m runners.

"He had an impressive first two weeks of practice and it is showing," stated Jamerson.

Sawyer Rascher had a personal best in the shot put.

"We expect him, along with Caden Lee, to be stalwarts in our throws department this season," continued Jamerson.

Lee-Michael McDonald also had an impressive showing in a loaded 200 meter field. He got very close to his personal best in that race.

"McDonald came on strong at the end of the season in the 200m and is close to those marks this early in the season," Jamerson said. "All these athletes (speaking of King, Rascher, McDonald) could have special years, along with others on the team."

Varsity Boys Results are as follows:

100 Meter Dash - 19th RYLEE COCHRAN junior 12.39 and 24th CHRISTIAN CHAPPELL junior 12.80

200 Meter Dash - 8th Lee-Michael McDonald junior 23.57

400 Meter Dash - 22nd Blake Lee sophomore 1:00.50 and 24th Danyl Conn freshman 1:01.32

800 Meter Dash - 3rd Jaxon King sophomore 2:09.10 and 19th Blake Lee sophomore 2:31.47

1600 Meter Dash - 23rd Peyton Ballance freshman 6:05.14

110 Meter Hurdles - 12th Rhett Wamble sophomore 19.11 and 14th Austin Lasater sophomore 20.42

300 Meter Hurdles - 23rd Rhett Wamble sophomore 50.88 and 25th Austin Lasater sophomore 52.78

4x200 Meter Relay - 10th place as a team 1:38.11

High Jump - Tied for 14th John Sepulvado sophomore 5-04.25 and 16th Keagan Polley junior 5-04.25

Long Jump - 12th Langston Werneck freshman 19-06.75 and 23rd Keagan Polley junior 17-00.00

Triple Jump - 21st Keagan Polley junior 34-09.75 and 23 Connor Hill sophomore 34-01.00

Pole Vault - 5th Christiaan Wirz junior 12-06.00 and 8th Eli Scott sophomore 11-05.75

Discus - 22nd Joseph Noll senior 88-10.50 and 31st Ethan glass junior 75-02.00

Javelin - 8th Jaydan Willems senior 115-06.50 and 25th Connor Hill sophomore 60-02.75

Shot Put - 12th Thomas Lee junior 39-01.75 and 14th Sawyer Rascher junior 38-03.75

The Dexter Track & Field Team will travel to the Kennett Invitational on Thursday, March 21st.

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Bearcats Win Opening Game at Home

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Bearcats Win Opening Game at Home

The Dexter Bearcats baseball team opened at home on Friday, March 15th hosting the Malden Green Wave. The bottom of the lineup helped them capture a 5-0 victory over their opponent. Fisher Manly, Jaxon Miller and Houston Neely combined for four of the team's five hits in the victory. They scored one run and drove in two in the 7th inning.

Beau Carrier struck out 16 batters on the day. They also allowed one hit and zero runs over six innings while walking none.

The Bearcats got on the board in the bottom of the fourth after Trey Pedigo walked, and Menley singled, each scoring one run.

Malden's #13 stepped on the bump first for the Green Wave. They allowed one hit and zero runs over three innings, striking out three and walking one. Pedigo tossed one inning of zero-run ball for the 'Cats in relief. The right-handed pitcher surrendered one hit, striking out three and walking none.

Menley showed the depth of Dexter's lineup, by leading them with two hits in three at bats.

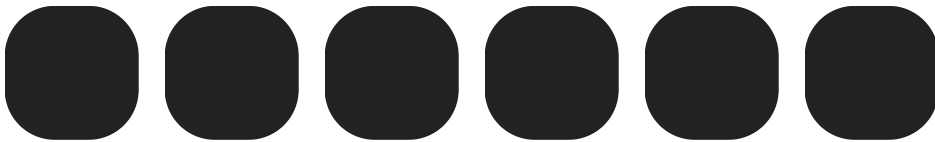
#7 and #24 each collected a hit for Malden (0-1).

The Dexter Bearcats (1-0) travel to Kennett on Wednesday to take on the Indians.

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DHS Wrestlers Named Character and Leadership All-Americans and Scholar All-Americans

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The 2023-2024 Dexter High School Wrestling Team held their annual awards banquet. This year they chose Dexter Pizza Company and more than 70 athletes and parents attended. The wrestling team is coached by Cody Boyer and Colton Gibson.

"When I took over last year, I wanted to get our wrestlers more recognition than they have had in the past. I talked to the school and we are now members of the MWA, the Missouri Wrestling Association and the NWCA, the National Wrestling Coaches Association. With those memberships we can recognize the hard work that wrestlers put into the practice room, the mat and in the classroom," stated Boyer.

"I am excited to announce that for the first time ever, we have some Character and Leadership All-American and Scholar Classroom All-Americans."

James DeBerry and Ryan Young were awarded the Character and Leadership All-Americans recognition.

James DeBerry, Ryan Young, Noah Bruyette, and Kennedy McCormick were named Scholar All-Americans.

"I have nominated Ryan Young for Academic All-State." Boyer said. "I am waiting to hear back on that. To win this award you have to be a State Qualifier and have a GPA over 3.5." There will be a banquet in Columbia if he is recognized for this award.

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2023-2024 DHS Wrestling First Time Letter Winners Announced

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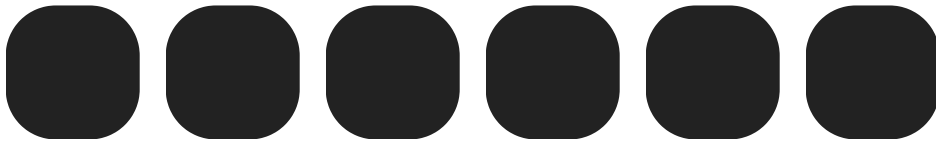
The 2023-2024 Dexter High School Wrestling Team held their annual awards banquet. This year they chose Dexter Pizza Company and more than 70 athletes and parents attended. The wrestling team is coached by Cody Boyer and Colton Gibson.

First Year Letter Winners are Hayden Cook, Keith Cochran, Hayden Conn, Kayden Hart, Paxton White, and Noah Bruyette.

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2023-2024 DHS Wrestling Awards Banquet

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The 2023-2024 Dexter High School Wrestling Team held their annual awards banquet. This year they chose Dexter Pizza Company and more than 70 athletes and parents attended. The wrestling team is coached by Cody Boyer and Colton Gibson.

Coach Boyer thanked the district administration for supporting all of the athletic programs at Dexter High School. He also thanked the administration at the high school for making sure the athletes were taken care of and all those things to help with their traveling since wrestling does have some far away places to go. He also thanked Coach Sneed for running the score tables and announcing at our home matches. Julianna Rivera for always coming and watching the girls matches and to give a helping hand when needed.

"I want to thank the parents for trusting us with your sons and daughters," stated Boyer. "They are a really great group of kids. I see other teams just running around, but our kids were where they were supposed to be at all times. I would like to thank Stephanie and Chris Ordway, April DeBerry, Jessica Gilbreath and Chris Lodi's brother for providing food and drinks for all of our matches"

A special thanks to Kaden Jackson aka Momma K and Rylee Hunt as they traveled with the wrestling team and worked really hard to film and keep score and also to Lexi Gibson for helping as well.

He also thanked Coach Colton Gibson who will be leaving next year. "Thank you for these last two years," Boyer stated. "You have put in so much work on developing these young men and women. We will miss you."

Now here is where Coach Boyer got a little sentimental and teary eyed. He thanked his family, his wife Jordan and his daughters Katie Grace and Clare. "It is very hard being a coach's wife, but she has been amazing!" stated Boyer. "I know that Katie Grace will be disappointed that Kennedy won't be wrestling anymore."

Introduction of wrestlers followed.

Freshman: Jaxon Abridge, Keith Cochran, Daniel Conn Harris, Kayden Hart and Houser Robinson.

Sophomores: Asher Allen, Simon Bruyett, Hayden Conn, Wyatt Hockersmith, Jodi Lynn, Carson Mullins, and Paxton White.

Junior: Parker King

Seniors: Ryan Young, Kasen Forkum, James DeBerry, Noah Bruyette, Chase Berry, Hayden Cook, Kennedy McCormick and Emily Barrett.

"This was an exciting year for wrestling. We got new locker rooms, some new pullovers and a new wrestling mat," commented Coach Boyer. "Our kids stepped up when needed. Ryan, Karen, Hayden, Wyatt, Carson, Kayden, Lodi and James all bounced around at different weights all year. The beginning of the season we did struggle, but we got better as the year went on. Ryan, Paxton, Kasen and Wyatt pulled off some big wins."

"I would like to recognize our state qualifiers," continued Boyer. "Paxton White, Ryan Young, and Kasen Forkum. The state tournament is one of my favorite times of the year. The ride up, the hotel stays, the food and the adrenaline rush that comes from the tournament is amazing."

Coach Boyer then talked about each individual senior and how he will miss them next year.

Male Letter Winners were Chase Berry, James DeBerry, Kasen Forkum, Hayden Cook, Wyatt Hockersmith, Jodi Lynn, Carson Mullins, Keith Cochran, Ryan Young, Noah Bruyette, Hayden Conn, Kayden Hot, Parker King, and Paxton White.

Female Letter Winners were Emily Barrett and Kennedy McCormick.

First Year Letter Winners were Hayden Cook, Keith Cochran, Hayden Conn, Kayden Hart, Paxton White, and Noah Bruyette.

Dexter High School has three wrestling awards, Most Improved, Most Aggressive and Most Valuable.

Most Improved Award was earned by Wyatt Hockersmith. "This year's most improved was on the brink of having a great year and I believe next year will be his breakout year," commented Boyer. "He will get bigger, stronger, and wiser on the mat. He wrestled where we needed him when we needed him, even if he struggled to get there."

Most Aggressive Award was earned by Ryan Young. "In wrestling you have to be a little bit crazy and mean (laughing). You have to hit the hardest cross faces and you can't be pushed around so easy"

Most Valuable Award was earned by Ryan Young. " Ryan was my demonstration dummy and was helping others all year. He finished with 22 wins."

"When I took over last year, I wanted to get our wrestlers more recognition than they have had in the past. I talked to the school and we are now members of the MWA, the Missouri Wrestling Association and the NWCA, the National Wrestling Coaches Association. With those memberships we can recognize the hard work that wrestlers put into the practice room, the mat and in the classroom," stated Boyer.

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