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Pain Management Now Located in Dexter

AUGUST 28TH 2023 BY DEE LOFLIN

Pain Management Now Located in Dexter

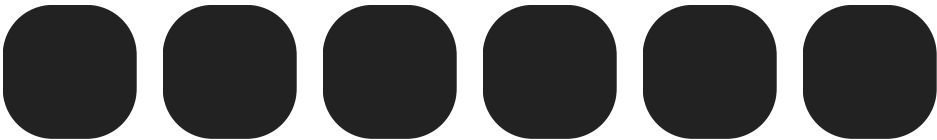
Pain Management in Dexter

1 in 5 American adults suffer from chronic pain, making it difficult to travel long distances for specialized care. Christopher Reis, DO, is excited to be in the new Pain Clinic located in Dexter!

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SoutheastHEALTH Foundation Announces Scholarship Awards

AUGUST 28TH 2023 BY DEE LOFLIN

SoutheastHEALTH Foundation Announces Scholarship Awards

SoutheastHEALTH Foundation has announced recipients of healthcare scholarships made possible by the Foundation and the generosity of individual and family donors. Twenty-eight students received \$32,500 in scholarship awards at an event held recently at the

Jackson Civic Center.

Dr. Steven Langdon, president, SoutheastHEALTH College of Nursing and Health Sciences, addressed the group. Darah Jirkovsky, executive director of the SoutheastHEALTH Foundation, served as Master of Ceremonies. Scholarship certificates were presented by Dr. Maria Sudak, vice president and chief operating officer at SoutheastHEALTH, and Laurie Hill, MHA, BSN, RN, director of education and training at SoutheastHEALTH.

Jirkovsky said, “The demand for healthcare professionals across the system of care is ongoing, both locally and in Missouri. We are so fortunate to have generous donors who recognize this vital need by helping support students as they work toward career goals.”

Since 1962, the SoutheastHEALTH Foundation has awarded over \$1.2 Million to local scholars. These funds have supported the education of over 1,300 current and future healthcare workers for our region.

This year’s recipients include:

Enrolled in SoutheastHEALTH College of Nursing and Health Sciences programs:

Ashley Tucker-Baldwin, Hugh & Marietta Logan Scholarship

Kylie Carr, O.D. Niswonger Scholarship

Mallory Cook, Tom Welch Radiography Scholarship

Alexis Dockstader, SoutheastHEALTH Foundation SEMO Scholarship

Amber Glenn, James W. Wente Scholarship

Deondray Jenkins, Nancy Ann Bray Scholarship

Sharon Jones, Ilena Aslin Scholarship

Christen Larko, Jean Chapman, MD, Scholarship

Aimee Linares, Hazel Harrison Strickler Scholarship

Michelle Masters, Hazel Harrison Strickler Scholarship

Macie McDaniel, L.P. Maxwell, MD, Scholarship

Tina Medlock, Balsamo Family Scholarship

Alicia Pemberton, Hutson Family Scholarship

Kylee Rhyne, Ilena Aslin Scholarship

Mary Stewart, Karen Crites Henderickson, EdD, RN, NEA-BC, Scholarship

Audrea Tellor, Ronald James Schwent Scholarship

Julie Welker, Sheila Caskey, PhD, Scholarship

Southeast Missouri State University

Megan Hupperts, SoutheastHEALTH Foundation SEMO Scholarship

Amanda Martin, Charlotte Black Sargent Scholarship

MeAsia Triplett, SoutheastHEALTH Foundation SEMO Scholarship

Christina Wilcsek, SoutheastHEALTH Foundation Scholarship

Southern New Hampshire University

Lauren Rollens, SoutheastHEALTH Foundation Scholarship

Murray State University

Allyson Johnson, Polly DuVal Kinder Scholarship

Southwest Baptist University

Brendan Gross, Margaret Foster Roberts Scholarship

Southern Illinois University/Carbondale

Emily Landewee, Margaret Foster Roberts Scholarship

Beck School of Nursing

Shericka Taylor, Margaret Foster Roberts Scholarship

Three Rivers Community College

Mackenzie Powell, William & Martina Scott Scholarship

SoutheastHEALTH Foundation Fall 2022 Mini-Scholarship Recipients

Penny Bowers

Jonathon Briley

Ann Dewrock

Kevin Hatch

Gabe Keys

Kimberly Spurlock

Sarah Thompson

Anthony Wunderlich

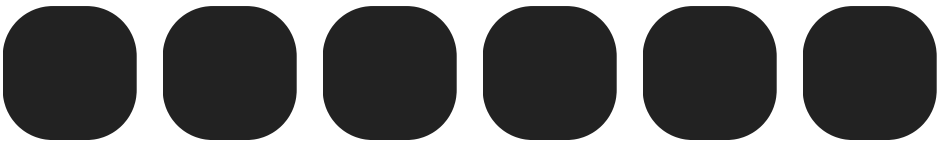
About SoutheastHEALTH Foundation

SoutheastHEALTH Foundation, Inc. was organized in 1977 as an independent 501 (c)3 nonprofit entity to ensure the future of healthcare in our region. The Foundation’s Board of Directors is made up of individuals and volunteers from all segments of our service area. The Board oversees fund-raising projects and manages the allocation of funds in an effort to enhance service to our community.

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3 Reasons to Get a Back-to-School Checkup by SoutheastHEALTH

AUGUST 23RD 2023 BY DEE LOFLIN

3 Reasons to Get a Back-to-School Checkup by SoutheastHEALTH

3 reasons to get a back-to-school checkup

A doctor listens to a child's heart

It may seem like summer just started. But it's almost time to utter the three words most kids dread to hear: "back to school." If you haven't already, this is a good time to make an appointment with your child's doctor for a back-to-school health exam.

Here are three reasons why this annual doctor visit is a good idea:

A checkup is a good time to get vaccinations. Kids from kindergarten to college need vaccines. In fact, your state might require that your child be vaccinated against certain diseases, such as pertussis (whooping cough). Your doctor can tell you what immunizations your child needs.

An exam is a good choice if your child wants to play any kind of sport. A sports physical may be required for playing on a team or another type of extracurricular activity. But a sports-related exam is a good idea for all kids—even if they aren't joining an organized team, according to the American Academy of Pediatrics. The exam is the perfect time to talk about exercise-related topics, like injuries, nutrition, training and even how your child may feel about participating in sports.

A checkup is a good time to ask questions. An annual physical gives you and your child's doctor a chance to discuss any developmental, emotional or social concerns. Especially with teenagers, it's a chance to talk about alcohol, smoking, drugs and sexual activity.

Wondering what else you can do to make your child's school year a success? Check out our School Health topic center.

Sources

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<https://www.cdc.gov/nccdphp/dnpao/division-information/media-tools/dpk/back-to-school>.

Centers for Disease Control and Prevention. "Keeping Track of Records."
<https://www.cdc.gov/vaccines/parents/records/keeping-track.html>.

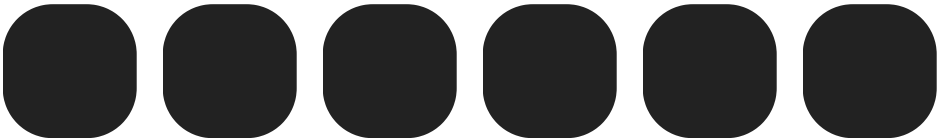
HealthyChildren.org. "Back to School, Back to the Doctor."
<https://www.healthychildren.org/English/ages-stages/gradeschool/school/Pages/Back-to-School-Back-to-the-Doctor.aspx>.

HealthyChildren.org. "Sports Physical: When, Where, Who Should Do It?"
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SoutheastHEALTH Signs Definitive Agreement to

Join Mercy

AUGUST 23RD 2023 BY DEE LOFLIN

SoutheastHEALTH Signs Definitive Agreement to Join Mercy

SoutheastHEALTH today announced that it signed a definitive agreement with St. Louis-based Mercy to become a member of Mercy's multi-hospital system. The two organizations have been finalizing details with respect to an affiliation since they announced in January they signed a letter of intent. By affiliating with Mercy, SoutheastHEALTH would become part of one of the largest health care systems in the U.S.

The transaction is subject to customary closing conditions, including regulatory and other required third-party approvals. Following such approvals, both organizations will be prepared to engage in a transition planning process that includes Mercy hosting community roundtable listening tours which are a tradition when it welcomes a new hospital into its health system. These events typically include business and civic leaders, physicians, elected officials and other community representatives, who are invited to meet with hospital leaders to help determine next steps in the community master planning process.

"Mercy joining Cape Girardeau and the greater Southeast Missouri region is a very real example of one of the ways we live the legacy of the Sisters of Mercy," said Steve Mackin, Mercy president and CEO. "The Sisters would answer the call of a community, and we are honored to have SoutheastHEALTH invite us to join them in serving Southeast Missouri and bring our resources to the people of this region. Together, we will positively impact the community."

"This is an exciting day for the community, for patients and for co-workers," said Ken Bateman, SoutheastHEALTH president and CEO. "Bringing the two health systems together will create a regional hub for offering expanded access to health care services in Southeast Missouri and the greater region Mercy serves."

Bateman cited the strengths that Mercy, with \$8 billion in operating revenue, brings to Southeast, including increased patient access, highest quality of care as recognized by Leapfrog and the Centers for Medicare & Medicaid Services, a sophisticated operating model, lower cost of capital and significant clinical benefits.

"Most importantly, Mercy and Southeast have a shared commitment to providing quality, family-centered care. We are excited about our future together and how it will redefine

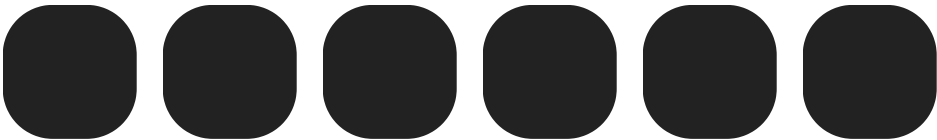
health care in our region,” Bateman said.

Morgan Stanley & Co. LLC is serving as exclusive financial advisor to SoutheastHEALTH on this transaction. Greensfelder, Hemker & Gale, P.C. is serving as its legal counsel. Thompson Coburn LLP is serving as legal counsel to Mercy.

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Southeast Health Center of Stoddard County Offers Career Opportunities

AUGUST 09TH 2023 BY DEE LOFLIN

Southeast Health Center of Stoddard County Offers Career Opportunities

Southeast Health Center of Stoddard County is adding team members to its inpatient registered nursing staff.

Registered nurses with valid Missouri licenses can earn \$35 an hour for full or part-time employment on the hospital’s Medical Telemetry, Behavioral Health or Emergency units.

The offer does not apply to Per Diem staff.

Sue Ann Williams, Southeast Health Center of Stoddard County CEO, said this offer is being made to help alleviate staffing shortages, which are a concern to hospitals nationwide. “We welcome new team members,” she added. “At Southeast Health Center of Stoddard County, we place the highest priority on excellent patient care. Nurses who join our team will find a professional, supportive environment that, like our wonderful community, is family-centered.”

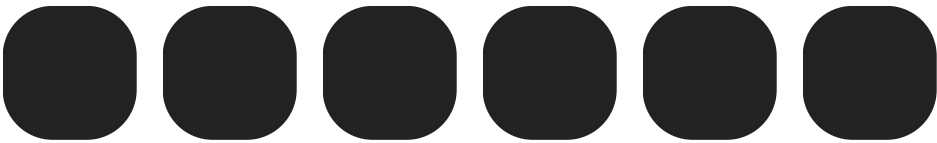
Registered nurses interested in learning more may contact SoutheastHEALTH Human Resources Recruiter Yvonne Pope at ypope@sehealth.org or 573-331-6665.

To see all job opportunities with Southeast, visit sehealth.org/careers

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