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Excessive Heat Warning Downgraded to Heat Advisory

JUNE 16TH 2022 BY DEE LOFLIN

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Stoddard County, MO - The National Weather Service in Paducah, KY has downgraded the Excessive Heat Warning to a HEAT ADVISORY from 8 p.m. Thursday until 8 p.m. Friday.

Affected Area

Portions of southeast Missouri, far western Kentucky and far southwest Illinois

Description

...HEAT ADVISORY IN EFFECT UNTIL 8 PM CDT FRIDAY... ...EXCESSIVE HEAT WARNING WILL EXPIRE AT 8 PM CDT THIS EVENING...

WHAT...Heat index values of 100 to 105 degrees expected Friday afternoon.

WHERE...Portions of southeast Missouri, far western Kentucky and far southwest Illinois.

WHEN...Until 8 PM CDT Friday.

IMPACTS...Hot temperatures and high humidity may cause heat illnesses to occur.

ADDITIONAL DETAILS...Isolated to scattered thunderstorms may bring pockets of relief from the heat.

PRECAUTIONARY/PREPAREDNESS ACTIONS...

Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors. Young children and pets should never be left unattended in vehicles under any circumstances.

Take extra precautions if you work or spend time outside. When possible reschedule strenuous activities to early morning or evening. Know the signs and symptoms of heat exhaustion and heat stroke. Wear lightweight and loose fitting clothing when possible. To reduce risk during outdoor work, the Occupational Safety and Health Administration recommends scheduling frequent rest breaks in shaded or air conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location. Heat stroke is an emergency! Call 9 1 1.

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