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# DHS Track & Field Bring Home Several Medals at Notre Dame Frozen Invitational

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Cape Girardeau, MO - The Dexter boys and girls track and field teams competed in the Notre Dame Frozen Invitational on Saturday, March 19, 2022. The meet lived up to its name as the temperature was a little chilly on Saturday morning, but heated up throughout the day.

DHS boys track finished 9th with 38 points out of the 19 schools participating. Jackson High School finished in first place with 133 total points.

DHS girls track finished 7th with 38.5 points out of the 17 schools participating. Rockwood Summit High Schools finished in first place with 119 total points.

"I feel like both teams did a fantastic job for the first meet of the season," commented head track and field coach James DeBerry. "The N.D. Frozen definitely lived up to the name! For most of the meet it was cold and windy. That is going to have an effect on times/field events. I told my athletes we aren't here to win this today. We are here to get the wheel moving again. To establish a base, and set goals moving forward. I would say overall we achieved that."

Joshua Alday, senior, placed 1st in boys javelin. He threw an impressive 47.47 meters setting a meet record.

Lucas Alday, senior, placed 6th in the shot put throwing 12.10 meters.

In the boys DMR Cameron Bell, Anistin Kyle, Ben Dowdy, and Chris Stone finished 6th place with a time of 12:15.81

In the boys 4x200 Relay Farmer, Grams, Damon Helton, and Tristan Bryant finished in 4th place with a time of 1:40.33

In the boys 4.100m relay Damon Helton, Farmers, Tristan Bryant and Grams finished 8th with a time of 47.48.

in the boys 4x400m relay Anistin Kyle, Farmer, Chris Stone and Levi DeMent finished 2nd place.

"For the boys Josh Alday set a meet record with a javelin throw of 47.77m to earn him 1st place. RJ Farmer placed 3rd in the 300m hurdles. I was impressed with the boys 4x400m team. They finished 2nd with a time of 3:44. You can expect us to be working on that a lot more this season," continued DeBerry.

Gabby Brown placed 2nd in the 1600m with a time of 5:41.75 She also finished 2nd in the 800m with a time of 2:32.07 Brown placed 4th in the 3200m with a time of 12:25.11.

In the girls DMR Abbie Lloyd, Avery Neely, Kali Hale, and Marie Fees placed 6th with a time of 15:22.11.

Avery Neely finished 7th in the girls high jump event with a jump of 1.31m.

Abbie Lloyd vaulted 2.13 m in the girls pole vault earning her a 5th place finish.

Dulcie Pullen earned 8th place in girls shot put throwing 8.76m.

"For the girls Gabby Brown and Allison Turnbo brought home several 2nd place finishes. I was impressed with Abbie Lloyd getting a 5th place finish in Pole Vault. We just brought that back to Dexter this year with the help of Coach Dona!"

"As a whole I thought the team did a great job of staying positive and giving their best effort despite the cold conditions. I was also proud of my athletes for standing on the infield cheering on fellow team members. They were excited to get this first meet underway!"

DHS Track and Field Teams will be back in action on Thursday, March 24th at the East Prairie Open. Track time is 4 p.m.

Photos provided by Kara Glaus and Willa Fees.

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