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Daily Devotional - Tuesday, March 15, 2022 - The Price of Prayerlessness

MARCH 15TH 2022 BY DEE LOFLIN

Daily Devotional - Tuesday, March 15, 2022 - The Price of Prayerlessness

Isaiah 40:28-31

Our heavenly Father invites us to come to Him with all our concerns. Even so, there are believers who do not bother communicating with the Lord, except in emergencies. Unfortunately, neglecting prayer is costly because it often results in weariness and discouragement.

Certain situations take an emotional, physical, and spiritual toll on us—we refer to them as “burdens.” These low points can wear us out if we attempt to endure them alone. For one thing, we aren’t built for such loads, so trying to haul them around will deplete us. What’s more, 1 Peter 5:7 tells us, “Cast all your anxiety on [God] because he cares for you” (NIV, emphasis added). There’s no point in both the Father and us carrying that weight, especially when He wants to handle it on our behalf. In God’s design, His strength supports us in our weakness, and He is in fact glorified by this arrangement (2 Corinthians 12:9).

As you pray, picture Jesus’ shoulders just above your own—with Him bearing your problems. Even if the burden doesn’t disappear, it will feel noticeably lighter when you hand it over to the Lord. Then, like David, you can say, “Blessed be the Lord, who daily bears our burden” (Psalm 68:19).

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Daily Devotional - Monday, March 14, 2022 - The Moments That Sustain Us

MARCH 14TH 2022 BY DEE LOFLIN

Daily Devotional - Monday, March 14, 2022 - The Moments That Sustain Us

When difficulties arise, what becomes your main focus—the problem, its impact on you, or its effect on others? When trouble occurred in David's life, he meditated on the Lord's sufficiency and His good, pleasing, and perfect will. That focus is evident not only in today's psalm but in others as well: throughout his life, David poured out his troubles to the Lord and also continually turned his attention back to the Father. The result was strength and hope for his soul.

Because David had a trusting relationship with God, he dealt with trials by anticipating divine help. For example, his impending fight with Goliath brought to mind God's past and present delivering

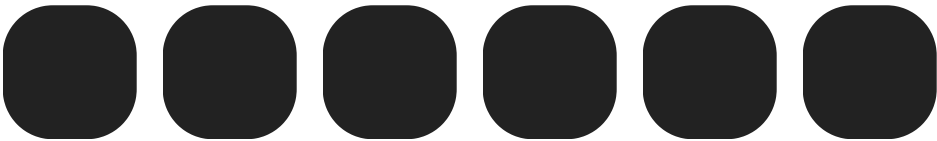
power ([1 Samuel 17:37](#)). In facing King Saul's murderous threats and advances, David relied on the Lord's protection as his refuge and fortress ([Psalm 18:2](#)). And when grieving over the loss of loved ones, he let God's presence and comfort fill his heart and mind ([1 Samuel 30:3-6](#)).

As was the case with David, our circumstances can also serve as valuable prompts for meditation. God has given us His Word, a wonderful resource where His character, works, and purposes are clearly displayed. When your next difficulty comes, use it as a reminder to meditate on some attribute of the Lord—and draw the strength and hope to sustain you.

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Daily Devotional - Wednesday, March 9, 2022 - Overcoming Worry

MARCH 09TH 2022 BY DEE LOFLIN

Daily Devotional - Wednesday, March 9, 2022 - Overcoming Worry

[Matthew 6:25-34](#)

What do you worry about most? Is it your health, family, or maybe finances? Though we believe that our heavenly Father cares for us and His promises are dependable, many of us continue to worry.

We all have responsibilities that demand our attention, but anxiety can act like a corrosive poison that eats away at our trust in God. So, then, what can we do about it?

To start with, we need to grow in both our knowledge of God and obedience to Him. As we become increasingly familiar with Scripture and our Father's true nature, we'll be more fully convinced that He cares for every detail of our life. Then, when we make decisions based on this knowledge and obey, our trust in Him will strengthen.

Whenever anxiety starts to creep in, remember who your heavenly Father is and what He has promised. Fill your mind with verses about His character, power, and love. Recite His promises and turn your worries over to Him. Since He's told you not to be anxious, ignoring this command is actually a form of disobedience. But if you ask Him for help, He will enable you to reject worry and live in peace.

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Daily Devotional - Tuesday, March 8, 2022 - Carry the Light

MARCH 08TH 2022 BY DEE LOFLIN

Daily Devotional - Tuesday, March 8, 2022 - Carry the Light

[2 Corinthians 4:1-6](#)

Think about light and darkness and the way they affect your ability to see. In the dark, we have no sense of direction or courage to move forward, but in the light, everything is clear. In a very real sense, this perspective holds true in the spiritual realm as well. Those who dwell in spiritual darkness cannot perceive realities about God.

Thankfully, the Lord has the power to help us discern truth. Jesus said, “I am the Light of the world; the one who follows Me will not walk in the darkness, but will have the Light of life” ([John 8:12](#)). That’s why the phrase “the light of the gospel of the glory of Christ” is the perfect description of the message of salvation (2 Cor. 4:4). It’s the good news that can transfer someone from spiritual darkness to light ([Colossians 1:13](#)).

Those who have trusted Jesus as Savior are now “children of light” ([Ephesians 5:8](#)). God calls each of us to carry the gospel to an unbelieving world that cannot see in the dark. It’s important for our lifestyle to be distinct from the darkness around us. In your daily interactions, are you a light bearer who points the way to Christ?

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Daily Devotional - Friday, March 4, 2022 -The Rewards of Meditation

MARCH 04TH 2022 BY DEE LOFLIN

Daily Devotional - Friday, March 4, 2022 -The Rewards of Meditation

Psalm 51

There are many urgent and practical needs in the world, such as those related to marginalized communities, natural disasters, and struggling families. As a result, prioritizing time with the Lord in His Word and prayer may seem less pressing, but it's not. Let's consider reasons for making meditation a daily practice in our life.

The primary reward of meditating on Scripture is personal intimacy with God. Think of a good friend or family member. Your closeness did not simply appear out of nowhere. Rather, it is the result of a long-standing, close-knit relationship of love, trust, and regular interaction. We cannot grow close to God unless we make it a point to spend time with Him.

Meditation also enables us to develop a pure heart. We see this clearly in the repentance of King David in Psalm 51. Because of his close relationship with God, David could not hide from his own

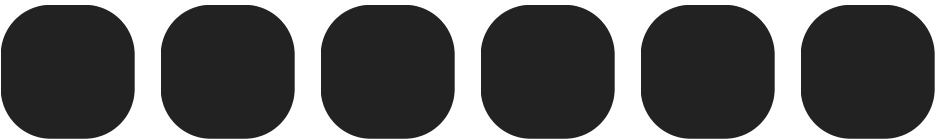
sin. In verse 3, he cries, “For I know my wrongdoings, and my sin is constantly before me.”

David’s painful self-awareness led him into reconciliation with the Lord. In the same way, when we allow our relationship with God to permeate the darkest places of our heart, we too can find the strength to repent and receive His amazing forgiveness.

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