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SEPTEMBER 17TH 2021 BY DEE LOFLIN

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Cape Girardeau, Mo. (September 16, 2021) — Southeast Hospital has received the American Heart Association's 2021 Get With the Guidelines (GWTG) Heart Failure Gold-Plus Quality Achievement Award, GWTG STEMI (a type of heart attack) Receiving Center Silver-Plus Award and GWTG Stroke Silver-Plus Award. In addition, the hospital is also recognized on the American Heart Association's Target: Heart Failure Honor Roll, Target: Type 2 Diabetes Honor Roll. and Target: Stroke Honor Roll.

The awards recognize Southeast for implementing quality improvement measures that ensure cardiovascular and stroke patients receive evidence-based, efficient and coordinated care, ultimately leading to more lives saved, shorter recovery times and fewer returns to the hospital.

Southeast earned these awards by meeting specific quality achievement measures for the diagnosis and treatment of cardiovascular and stroke patients at a set level for calendar year 2020. Measures include evaluation of the proper use of medications and aggressive risk-reduction therapies. Before discharge from the hospital, patients also receive education on managing their conditions and overall health.

Southeast Hospital also has been recognized by the American College of Cardiology (ACC) in the "Best Hospitals" issue of U.S. News and World Report for its dedication to heart patients. Patients and caregivers can trust hospitals and health systems that participate in the ACC's National Cardiovascular Data Registry and, based on stringent quality standards, receive the ACC's recognition for delivering exceptional inpatient care.

"Providing exceptional care to all those we serve is key to our mission," said Ken Bateman, SoutheastHEALTH President and CEO. "Heart and stroke patients are among our most vulnerable and often have comorbidities such as Type 2 diabetes. Our goal with these patients is to help improve their quality of life and keep them out of the hospital. We are honored that the American Heart Association and American College of Cardiology, through these recognitions, has validated that commitment."

"We are pleased to recognize Southeast Hospital for their commitment to heart and stroke care," added Clyde W. Yancy, MD, national chairperson of the American Heart Association's Heart Failure systems of care advisory group and chief, Division of Cardiology at Northwestern University Feinberg School of Medicine. "Hospitals that follow Get With The Guidelines protocols often see lower readmissions and lower mortality rates – a win for the healthcare systems, families and communities."

According to the American Heart Association, nearly half of all adults in the U.S. have experienced some form of cardiovascular disease, including heart attack, stroke and heart failure. Many of these individuals can lead a full, enjoyable life when their condition is managed using best-practice guidelines.

About SoutheastHEALTH

At SoutheastHEALTH, the region's premier healthcare system in southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our network are more than 50 care locations in 13 communities, including hospitals, primary and specialty care clinics representing over 30 clinical specialties and extending care for patients in a four-state area. Learn more at SEhealth.org.

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