

# Features



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## Central Gardens Celebrates 25th Anniversary with Ribbon Cutting

OCTOBER 01ST 2019 BY DEE LOFLIN

### Central Gardens Celebrates 25th Anniversary with Ribbon Cutting

Dexter, Missouri - Central Gardens celebrated their 25th Anniversary in Dexter on Saturday, September 28, 2019.

They held a special dinner for the residents and their families as well as entertainment by Maggie Thorn Lowery and her father, Tony Thorn.

Throughout the day residents were greeted by the public and enjoyed afternoon music and dancing. There were bounce houses, lawn darts, and games for the children. It was a wonderful afternoon of fun!

A ribbon cutting was also held to celebrate their 25 years!

Pictured from left are: Janet Palmer, Chamber Director; Dexter Mayor Jason Banken; Sarah Miller, Central Gardens Administrator; Sue Hawkins, Housekeeping Supervisor; Kim Polen, Director of Nursing; Brenda Aguilar, CNA; C. H. Parson Jr.; Andrea Sisk, Dexter Chamber of Commerce and Mark Stidham, City Administrator

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## Cypress Point Collecting Birthday Cards for Eldon's 107th Birthday

SEPTEMBER 17TH 2019 BY DEE LOFLIN

### Cypress Point Collecting Birthday Cards for Eldon's 107th Birthday

Dexter, Missouri - David Eldon Stafford is a retired Postmaster and is turning a young age of 107 on October 12th. I had the pleasure of interviewing him on his 105th birthday! This year Cypress Point is hoping to receive as many cards/postcards from around the world that will fill a mail bag to give to him on his birthday.

They are asking to please share and pass this postcard along to help them with this project.

Mail to David Stafford, Cypress Point, 801 Bailiff Dr., Dexter, MO 63841

I wrote this article when Eldon turned 105!! Check it out

<https://showmetimes.com/Blogpost/v8p4/Eldon-Stafford-Turns-105-Years-Old>

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## Suicide Remembrance and Prevention Walk Set for September 19th

SEPTEMBER 11TH 2019 BY DEE LOFLIN

### Suicide Remembrance and Prevention Walk Set for September 19th

Sikeston, Missouri - Suicide Remembrance and Prevent Walk will be held on Thursday, September 19, 2019 at 5:15 p.m. at the Sports Complex Pavilion #6 and #7 located at 133 Lakeside Drive in Sikeston.

"This is not a fundraiser," commented Jennifer Hartlein, Director of Fund Development and Public Relations at Bootheel Counseling Services. "It is a time set aside and to remember those who we have lost and to help prevent future suicides in our community."

"We hope by creating awareness and educating others on warning signs we can help stop suicides in our community," continued Hartlein.

In recognition of September as Suicide Prevention and Awareness Month, please join in an evening of honoring and supporting those who were lost to suicide, those who have lost a loved one to suicide, and those battle depression, anxiety, and suicidal ideation.

## YOU CAN HELP PREVENT SUICIDE!

....by knowing the warning signs.

These signs may mean someone is at risk for suicide. Risk is greater if a behavior is new or has increased and if it seems related to a painful event, loss, or change.

- +Talking about wanting to die or to kill oneself
- +Looking for a way to kill oneself, such as searching on-line for materials or means
- +Talking about feelings hopeless or having no reason to live
- +Talking about feeling trapped or in unbearable pain
- +Talking about being a burden to others
- +Increasing the use of alcohol, drugs or misusing medications
- +Acting anxious or agitated; behaving recklessly
- +Sleeping too little or too much
- +Withdrawing, loss of interest or feeling isolated
- +Showing rage or talking about seeking revenge
- +Displaying extreme mood swings

If you are in need of a Mental Health Crisis and Referral Line please call 1-800-356-5395.

This event is hosted by Bootheel Counseling Services and Family Medical Clinic located in Sikeston, Bloomfield and Charleston

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## Bell City Students Participating in D.A.R.E. Program

SEPTEMBER 11TH 2019 BY DEE LOFLIN

### Bell City Students Participating in D.A.R.E. Program

Bell City, Missouri - Six Stoddard County schools are now participating in the D.A.R.E. program instructed by Stoddard County Deputies, Lori O'Dell and Cpl. Andrew Johnson.

Children in elementary, middle, and high school classrooms in six Stoddard County schools today face a multitude of high risk circumstances including the temptation to use drugs and alcohol, violence, bullying and internet safety, not to mention the fear of school violence.

Recently adding Bell City and Advance Schools for the 2019-2020 school year.

In response to these challenges and the long term welfare of our community, Stoddard County Sheriff's Office is launching the D.A.R.E. education curriculum.

For more than three decade, the D.A.R.E. program has been a constant and present fixture throughout many schools in Missouri helping thousands of students understand the risk and exercise good decision making. This science and evidence-based substance abuse prevention education curriculum teaches students good decision making skills that help enable them to lead safe and healthy lives.

Today, every law enforcement agency in America is seeking ways to build positive community-police relations. Clearly, the issues and challenges are complex. While there is no single solution, D.A.R.E. has incorporated features in its education programs which build trust and create positive relationships with students and parents, thereby developing and reinforcing community-based prevention and community-oriented policing with children and families.

About D.A.R.E.

Launched in 1983, D.A.R.E. is a comprehensive K-12 education program taught in thousands of schools throughout America, as well as in 52 other countries. D.A.R.E.'s official mission today is teaching students good decision-making skills to help them to lead safe and healthy lives.

D.A.R.E. education programs are a collaborative effort of the essential components of a community-students, parents, schools, law enforcement, and community leaders. D.A.R.E. places specially trained law enforcement officers in classrooms who deliver science and evidence-based curricula that teach students good decision-making skills that will help lead safe and healthy lives. While D.A.R.E. curricula address drugs, it also focuses on violence, bullying, internet safety, and other high risk circumstances that could be a part of the daily life of students.

For more information on D.A.R.E. education programs, visit [www.dare.org/education](http://www.dare.org/education)

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