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## SoutheastHEALTH of Stoddard County to Host Seminar on Sepsis Awareness

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SEPTEMBER 23RD 2019 BY DEE LOFLIN

## SoutheastHEALTH of Stoddard County to Host Seminar on Sepsis Awareness

Dexter, Missouri - Nearly one third of American adults have never heard the word “sepsis,” a potentially deadly, toxic response to an infection.

SoutheastHEALTH of Stoddard County will host a seminar on sepsis awareness and prevention from 5:30 to 6:30 p.m. on Thursday, September 26. The event will be at Southeast Medical Plaza, 1200 North One Mile Road. Panelists are Reza Jalal, MD, Lead Hospitalist, Internal Medicine, Southeast Health Center of Stoddard County; Christopher Crocker, DO, Lead Hospitalist, Internal Medicine, Southeast Hospital; Neal McVey, PharmD; and Robert Wells, RN, Director of Emergency Services at Southeast Health Center of Stoddard County.

Seminar seating is limited. To reserve your spot, call 1-800-800-5123.

Dr. Jalal says sepsis kills about 279,000 people every year in the U.S. That number is more than the number of people who die from breast cancer, prostate cancer and AIDS combined.

“When you have an infection, your immune system works to fight it. Sometime it can fight the infection on its own and other times people may need medications. For reasons we don’t understand, sometimes the body begins attacking itself. This is sepsis.”

People of all ages can get sepsis, Dr. Jalal notes. Those at higher risk include people with a chronic illness, the very young, older adults and people with compromised immune systems due to certain medications or chemotherapy. If you have had sepsis before, you are at a greater risk of developing it again. “Sepsis is an important health topic and one that everyone should understand,” he adds.

### About SoutheastHEALTH

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## Family Medicine Physician Joins SoutheastHEALTH

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Cape Girardeau, Mo. (August 7, 2019) – SoutheastHEALTH has welcomed four Family Medicine physicians to its medical staff. All are affiliated with Southeast Primary Care at its West Campus location in Cape Girardeau.

Eric Martin, DO, completed his degree at the Des Moines University College of Osteopathic Medicine in Des Moines, IA, and a residency in Family Medicine at Mercy Hospital in St. Louis. Martin did undergraduate work at Southeast Missouri State University and says he and his wife “absolutely loved living in Cape while we were attending the university, so returning to Cape is a perfect fit for my family and me.”

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Girardeau.

Parker Capshaw Kohlfeld, MD, earned his degree at Saint Louis University School of Medicine. He completed a residency in Family Medicine at University of Missouri Health Care in Columbia. Kohlfeld, a Cape Girardeau native, says he chose Family Medicine because “I enjoy building relationships with patients and their families and love the variety of opportunities that Family Medicine provides. Ideally, I would like to be a true family doctor who takes care of the entire family.”

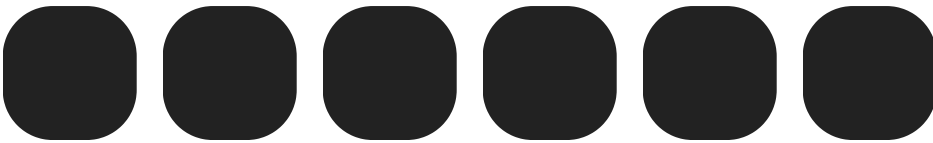
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Seth Koehler, DO, is a graduate of the A.T. Sill University College of Osteopathic Medicine in Kirksville, MO. He completed a residency in Family Medicine at St. Luke’s Des Peres Hospital in St. Louis. A Jackson, MO, native Koehler says he was drawn back home “to be near family, friends and the lifestyle southeast Missouri has to offer.”

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## SoutheastHEALTH, SEMO Redhawks Announce New Partnership

AUGUST 16TH 2019 BY DEE LOFLIN

### SoutheastHEALTH, SEMO Redhawks Announce New Partnership

SoutheastHEALTH orthopedic physicians Anthony McPherron, DO, Matthew Baker, MD, Charity Jacobs, MD, and SoutheastHEALTH sports medicine physician Andrew Lawrence, MD, will take on new roles this fall as official team physicians for Southeast Missouri State University's NCAA Division 1 student athletes.

The agreement takes effect August 1. For the first time, physician and athletic trainer services are also included for intramural and club sports students and students in the performing arts. "We firmly believe that students in the dance, theater, music and club sports programs are athletes deserving just as much care and attention as those students participating in the NCAA Division 1 level for SEMO," said McPherron.

Southeast Missouri State University Director of Athletics Brady Barke, said he is enthusiastic about the relationship with SoutheastHEALTH and believes the arrangement will allow Redhawk athletes to access services that help them excel in their sport. "We expect our affiliation with Southeast Orthopedics and Sports Medicine will better serve student athletes by improving performance and productivity, increasing pre-participation and injury rehabilitation awareness and strategies for success in athletics and in their health moving forward. Our colleagues, the athletics coaching staff at SEMO, view this as an impactful collaboration for the future."

Dr. McPherron has a wealth of experience with orthopedics in the collegiate setting. He comes to SoutheastHEALTH from Western Carolina University, where he served as orthopedic surgeon and team physician for nine area high schools. Prior to that, he practiced in Blacksburg, VA, where he served as an orthopedic surgeon for Virginia Tech

University Athletics, New York Yankees Minor League Baseball, Pulaski affiliate, and Bluefield College Athletics.

Dr. Lawrence has extensive experience in sports medicine, including serving as head team physician for the St. Louis River City Rascals (Frontier League baseball), team physicians for the River City Raiders (professional arena football) and head team physician for the St. Louis Ambush (professional indoor soccer).

Combined, the two physicians have help over 16 collegiate and professional teams stay healthy, improve performance and return to the game quickly and safely.

“We look forward to building a strong and lasting relationship with the University, the Department of Athletics and the performing arts programs at the River Campus,” Dr. McPherron said. “Working with student athletes and performers is very rewarding, especially when you are able to help them get back in the game or on stage after an injury or surgery. We are absolutely committed to providing the best orthopedic and sports medicine care in the region.”

SoutheastHEALTH President and CEO Ken Bateman added that SoutheastHEALTH and Southeast Missouri State University has a longstanding, and valued, relationship. “This newest partnership is especially exciting for us. It allows us to meet the needs of a new community – student athletes and performers – and is another example of how collaborations make both participants involved stronger. We are honored to have earned this opportunity.”

### About SoutheastHEALTH

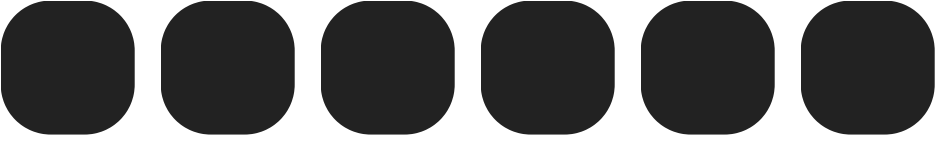
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