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SoutheastHEALTH Opens New Heart and Vascular Pavilion Designed for Patient, Family Comfort

JUNE 20TH 2019 BY DEE LOFLIN

SoutheastHEALTH Opens New Heart and Vascular Pavilion Designed for Patient, Family Comfort

SoutheastHEALTH has opened a new, patient-centered Heart and Vascular Pavilion at Southeast Hospital. The new unit, located on the Hospital's fifth floor, has been under construction since July of 2018.

Nurse Manager Jennifer Kiplinger, BSN, RN, OCN, says the unit has 14 spacious private rooms, each with upscale private baths that include walk-in showers with decorative tile accents. The unit is a "step down" unit from Cardiothoracic Intensive Care, where heart surgery patients begin their recovery.

The new pavilion, Kiplinger adds, "is built on the concept of decentralized nursing care. There is no central nurses' station. The nurses are positioned just outside patients' rooms at desks along the hallway. Each desk has windows into the patient room to assure our patients receive close observation by the nursing staff. It gets nurses back to the bedside, where they need to be."

"This unit provides the same attention to care that patients experience in the CTU," Kiplinger noted. "Patients have an added level of comfort knowing that their nurse is just a few steps away and readily available to answer any needs and concerns. The design also contributes to better continuity as patients transition from critical care to this cardiac step down unit."

Decorated in soothing tones of green, orange, brown and blue, the unit features sleek, modern furniture, artwork created by local artists, quartz countertops and Smart TVs. Large, new windows afford patients pleasant views. Innovative call light technology allows patients and families to have control not only of the television but also interior lighting at the touch of a button.

"We have also taken steps that to help ensure patient safety," Kiplinger says. These include patient recliners that can easily be operated with one hand and will not tip when patients stand up and improved over-the-bed tables with extra storage. Four rooms have ceiling lifts that can move patients from bed to bath if the need arises.

The unit also includes a dedicated work area for ancillary staff such as physical therapy, dietary and case management. Physicians have a private dictation room.

“This unit offers patients an entirely different way of nursing.” Kiplinger adds. “It creates a hotel-like setting with a calming atmosphere that removes patients from the hospital hustle and bustle. We believe that patients and families will have an excellent patient experience which is always our goal.”

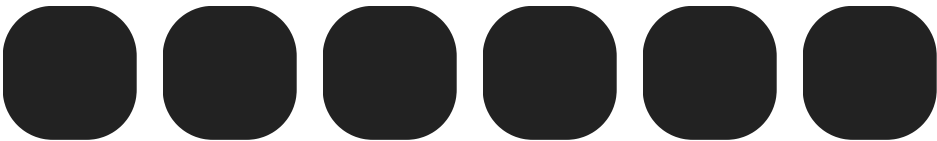
About SoutheastHEALTH

At SoutheastHEALTH, the region's premier healthcare system in southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our network are more than 50 care locations in 13 communities, including hospitals, primary and specialty care clinics representing over 30 clinical specialties and extending care for patients in a four-state area. Learn more at SEhealth.org.

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TOP

Southeast Hospice Earns National Honor

JUNE 17TH 2019 BY DEE LOFLIN

Southeast Hospice Earns National Honor

SoutheastHEALTH's Hospice service has been named a 2019 Hospice Honors Elite recipient by Deyta Analytics, a division of HEALTHCAREfirst, the leading provider of Web-based home health and hospice software, outsourced billing and coding services and advanced analytics.

Hospice Honors is a highly regarded program that recognizes hospices providing the highest level quality care as measured from the caregiver's point of view. Southeast Hospice, established in 1986 as the region's first hospital-based hospice, has offered quality, compassionate care to thousands of families.

There are more than 5300 hospices that participate in the Medicare program in the U.S. Of those, 318 U.S. hospices earned Honors status, and only 11 were recognized in Missouri. Southeast Hospice is one of just three in Missouri to receive Elite status. Award recipients were identified by evaluating hospices' performance on a set of 24 quality indicator measures. In order to receive Elite status, a hospice must outscore the national benchmark of all 24 questions asked on the satisfaction survey.

SoutheastHEALTH Home Care Services Administrator Vickie Schnurbusch, MSN, RN, CHPN, said Southeast Hospice defines its mission by "not only providing excellent care, but also by providing guidance, comfort and support to patients and their families. This is truly a program that offers hope in the midst of stress and grief. Southeast Hospice recognizes dying as a normal process and neither hastens nor postpone death. Instead, we help people with an incurable condition live as fully and comfortably as possible."

She noted that Southeast Hospice averages 475 visits a month and recorded 5,700 visits in 2018. Southeast Hospice served 421 patients and admitted 198 patients last year.

Southeast Hospice serves patients in the home setting as well as in skilled nursing homes in Cape, Bollinger, Scott, Perry and Stoddard counties and portions of New Madrid and Mississippi counties. The service also has a partnership with Perry County Memorial Hospital.

About Southeast Hospice

Southeast Hospice is a not-for-profit agency that is Medicare certified, Medicaid approved, state certified and accredited by The Joint Commission.

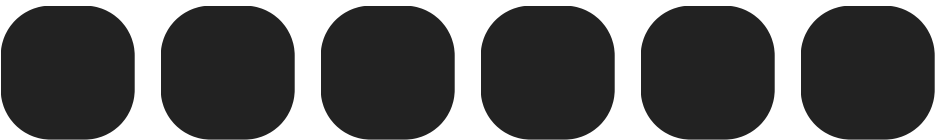
Hospice team members include an RN nursing staff with more than 100 cumulative years of hospice experience; a dedicated medical social workers who provides bereavement

services for 13 months after the loss of a loved one; and 24-hour access to pharmacy, wound and stoma care, diabetic and infusion care.

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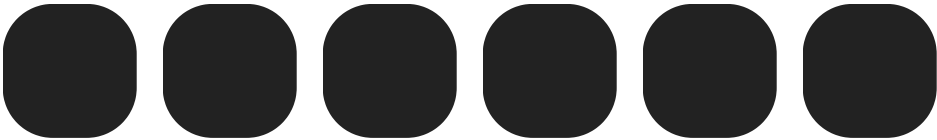
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Pictured: Patient room The 14 private patient rooms are decorated in soothing tones of green, orange, brown and blue, and are equipped with Smart TVs. Nurses are just steps away from the patient’s bedside.

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Welcome New Orthopedic Provider Dr. Matthew Baker

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Welcome New Orthopedic Provider Dr. Matthew Baker

SoutheastHEALTH is pleased to welcome Matthew Baker, MD, Orthopedic Surgeon, to the Medical Staff of Southeast Hospital. Dr. Baker is affiliated with Southeast Orthopedics & Sports Medicine. He comes to SoutheastHEALTH with expertise in

shoulder and elbow surgery along with highly specialized training that will be of benefit to many patients.

Orthopedic surgeon Matthew Baker, MD, enjoys practicing orthopedic surgery because he appreciates active people. He also enjoys helping patients accomplish their goals. For Dr. Baker, each orthopedic surgery case is unique and challenging. When Dr. Baker has free time, he enjoys being active, traveling, scuba diving and tinkering on cars. He chose to live in southeast Missouri because of the opportunity to engage in outdoor activities almost year round.

Certifications

American Board of Orthopaedic Surgery

Education

2009, University of Missouri - Kansas City School of Medicine, MD

2005, University of Missouri - Kansas City School of Medicine, BA

Residency

2015, University of Missouri Kansas City School of Medicine

Fellowship

2016, Johns Hopkins Department of Orthopaedic Surgery

Professional Affiliations

American Academy of Orthopaedic Surgeons

American Shoulder and Elbow Surgeons

Missouri Shoulder Elbow Society

Missouri State Orthopedic Association

Mid-America Orthopedic Association

Arthroscopy Association of North America

Missouri State Medical Association

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[TOP](#)

Heart & Lung Screening at SoutheastHEALTH

JUNE 07TH 2019 BY DEE LOFLIN

Heart & Lung Screening at SoutheastHEALTH

The Heart and Lung Screening consists of a Low Dose CT Lung Screening and Calcium Scoring. Eligibility for these screenings is summarized below.

The screenings are \$75 for both, \$50 for one. Insurance does not cover voluntary, self-directed screenings.

Lung Screening Eligibility: - 55-80 years of age - Not previously diagnosed with lung cancer - Current smoker, or has quit within the last 15 years. - Tobacco smoking history of greater than or equal to 30 pack years. (one pack per day for 30 years, 2 packs per day for 15 years, etc)

Heart Screening Eligibility: - 35 years of age - No previous history of bypass surgery or cardiac stents - Has at least one cardiac risk factor, such as family history of premature

heart disease, high cholesterol, hypertension, smoking, diabetes.

Limited number of screenings available. CALL 800-800-5123 to register.

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