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Lunch Box Active Adult Center Menu

JANUARY 21ST 2019 BY DEE LOFLIN

Lunch Box Active Adult Center Menu

Dexter, Missouri - The Lunch Box formerly known as the Stoddard County Nutrition Center invites you to join them for lunch Monday - Friday and enjoy some fun activities as well.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter and it's not just for seniors!

You really don't have to be a senior to eat there. The food is great, served hot, and very inexpensive.

They serve lunch from noon - 1 p.m. and the cost is \$3.50 for seniors and \$5.50 for non-seniors. Suggested age for seniors is 60+.

Menu for Monday, January 21st - Friday, January 25, 2019.

Monday - January 21st - Closed for Martin Luther King Jr. Day.

Tuesday - January 22nd - Minestone soup, ham and cheese sandwich, tomatoes, fruit.

Wednesday - January 23rd - Chicken tenders or catfish, potato, broccoli, hush puppies, chocolate and vanilla parfait or fruit.

Thursday - January 24th - Lasagna, garden salad, corn, breadstick, cookie or fruit.

Friday - January 25th - Meatloaf, potato, green beans, roll, orange jello cake or fruit.

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