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[TOP](#)

# St. Francis Pain Management Welcomes Nurse Practitioner

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## SAINT FRANCIS PAIN MANAGEMENT CENTER WELCOMES NURSE PRACTITIONER

Saint Francis Medical Center welcomes nurse practitioner Tamara Keese, FNP-C, to the Saint Francis Pain Management Center.

She earned her Master of Science in Nursing from South University in Savannah, Georgia and is board certified from the American Academy of Nurse Practitioners.

Nurse practitioners are nurses who have undergone advanced training and are able to diagnose and treat illnesses and injuries, order lab work and imaging tests, and write prescriptions. They can manage many health conditions, teach health promotion and help patients with disease prevention.

The Saint Francis Pain Management Center is nationally recognized for its commitment to delivering high-quality care and is the region's only center accredited by the American Academy of Pain Management.

The Pain Management Center treats a wide range of conditions, including:  
Degenerative disc disease

Spinal stenosis  
Spondylosis (arthritis)  
Compression fractures  
Sciatica  
Diabetic and idiopathic neuropathy  
Facet syndrome  
Myofascial pain syndrome  
Occipital neuralgia  
Piriformis syndrome  
Post-hepatic neuralgia (shingles)  
RSD (reflex sympathetic dystrophy)  
Torticollis  
Trochanteric bursitis  
Post-laminectomy pain (cervical, lumbar and thoracic)  
Muscle spasm  
Intercostal neuralgia  
Chronic pain  
Inguinal pain  
Cancer-related pain

If pain is keeping you from the life you want, talk with your doctor about a referral to the Saint Francis Pain Management Center or call 573-331-5329.

Saint Francis Healthcare System is guided by our mission to provide a ministry of healing, wellness, quality and love inspired by our faith in Jesus Christ. Founded by Franciscan Sisters in 1875, our priority remains the same: serve all who enter with dignity, compassion and joy. Serving nearly 713,000 people across Missouri, Illinois, Kentucky, Tennessee and Arkansas, our focus is on patients' outcomes, experience and value.

Anchored by Saint Francis Medical Center, a 306-bed tertiary hospital, and supported by nearly 3,000 employees and more than 250 providers in eight communities, the Healthcare System is a driving economic force in the region. Major services include the Cancer Institute, Emergency and Level III Trauma Center, Family BirthPlace and the region's only Level III Neonatal Intensive Care Unit, Heart Hospital, Neurosciences and Orthopedics.

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