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## Daily Devotional - Wednesday, October 17, 2018 - How to Strengthen Faith

OCTOBER 17TH 2018 BY DEE LOFLIN

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**Matthew 17:14-20**

WEDNESDAY

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How do you know whether your faith is strong or weak? We realize that as believers, we're supposed to trust God with every aspect of life, but circumstances may cause us to waver. This is not a new problem—five times in the book of Matthew, Jesus pointed out examples and symptoms of what He called “little faith.”

**Anxiety.** In the Sermon on the Mount, Jesus addressed people who were worried about their basic needs being met (Matt. 6:25-34). He assured them of divine provision if God's kingdom was their top priority.

**Fear.** When a storm arose, the disciples were afraid even though the Creator of the wind and the sea was with them, asleep in the boat (Matt. 8:23-27).

**Focus.** As long as Peter kept his eyes on Jesus, he had faith to walk on water. But when he focused on his circumstances, he began to sink. (Matt. 14:24-33).

**Forgetfulness.** Despite the feeding of thousands, the disciples failed to remember Christ's past provision in their current situation (Matt. 16:5-12).

**Inadequacy.** Although Jesus had given His disciples authority to cast out demons, they felt inadequate and lacked divine power when faced with a particularly difficult situation (Matt. 17:14-20).

In each case, the wrong mindset resulted in a lack of confidence in Christ. Diminished faith begins not with circumstances but with our thinking and focus. Therefore, if we want to increase our trust in God, we must fill our minds with the truth of Scripture, remember our Father's faithfulness to us in the past, and look for His hand working in our present situation. When our minds are renewed, our faith will be also.

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