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# SoutheastHEALTH Cancer Gala to Feature Olympic Champion Scott Hamilton

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The SoutheastHEALTH Foundation will host its Third Annual Journey Gala on Saturday, January 19, 2019, at the Drury Plaza Conference Center in Cape Girardeau. Guests will be treated to an elegantly festive "Carnival Rio de Janeiro," along with a gourmet dinner, charity auctions, a celebrity guest speaker and dancing to live music by Vote 4 Pedro. The cocktail attire, black tie optional event begins at 6 p.m.

The gala benefits the SoutheastHEALTH Cancer Care Fund, which makes the cancer journey less stressful for those in need of urgent assistance during the course of their treatment. "Funds raised from the annual gala provide essential programs to local cancer patients," Ranzini said. "Last year funds helped provide free mammograms, nutritional supplements, medications, transportation service and so much more that would not be available without this support. We are grateful to everyone who participates." She noted last year's gala raised more than \$200,000 to provide compassionate support to patients and families.

Jennifer Icaza-Gast and Anita Drury are once again serving as co-chairs for the gala. "Cancer has touched most of us, in one way or another, whether it's a family member, a co-worker or friend," Icaza-Gast said. "We recognize and understand the fear and stress that a cancer diagnosis brings and we are committed to doing whatever we can to help patients and families at a time of great need."

Guest speaker will be Scott Hamilton, Olympic gold medalist, network TV skating commentator, best- selling author, philanthropist, cancer and brain tumor survivor. Hamilton, the most recognized male figure skating star in the world, has won 70 titles, awards and honors including induction into the United States Olympic Hall of Fame and a privileged member of the World Figure Skating Hall of Fame.

After losing his mother to cancer, then becoming a survivor himself, Hamilton turned activist, launching the Scott Hamilton CARES Foundation (Cancer Alliance for Research, Education and Survivorship). Hamilton, his wife Tracie and four children reside outside Nashville, TN.

Gala tickets are \$175 each and may be purchased by calling the SoutheastHEALTH Foundation at 573-519-4920 or online at SEhealth.org/Gala. Corporate sponsorships are also available. Event sponsors will also have the opportunity to attend a VIP meet and greet with Scott Hamilton. For more information about becoming an event sponsor, call the SoutheastHEALTH Foundation.

#### **About SoutheastHEALTH**

At SoutheastHEALTH, the region's premier healthcare system in southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our network are more than 50 care locations in 13 communities, including hospitals, primary and specialty care clinics representing over 30 clinical s

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## SoutheastHEALTH of Stoddard County Welcomes Dr. Satterfield

SEPTEMBER 07TH 2018 BY DEE LOFLIN

SoutheastHEALTH of Stoddard County Welcomes Dr. Satterfield

SoutheastHEALTH is pleased to welcome Drew Satterfield, MD to Southeast Primary Care.

When it comes to his approach to care, Dr. Satterfield believes in the power of prevention and in forming lasting relationships with patients in every stage of life—from newborns to geriatrics.

He has a special interest in sports medicine, as he previously practiced alongside Mizzou team physicians during his residency.

To schedule an appointment in Cape Girardeau, call 573-519-4500 or, in Dexter, call 573-624-7575.

Learn more about Dr. Satterfield at http://ow.ly/TFIR50ipJU8

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## Foundation Golf Tournament Rescheduled

### Foundation Golf Tournament Rescheduled

With the unwelcome arrival of Tropical Storm Gordon, the weather for our golf tournament this Friday won't be up to par!

The event has been rescheduled for Monday, October 8th. Tee times will remain the same.

When making the decision, several factors were considered, including storm tracking, out of town travel and course conditions. We understand this may be an inconvenience. However the safety and fun for all participants is our top priority.

Please contact us if you are unable to attend on October 8th or have changes to your players at **djirkovsky@sehealth.org** or 573-519-4922.

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New LINX Procedure at SoutheastHEALTH for

### Patients with Acid Reflux

JULY 05TH 2018 BY DEE LOFLIN

### New LINX Procedure at SoutheastHEALTH for Patients with Acid Reflux

It's about the size of a quarter, and it stops acid reflux on a dime. The LINX Reflux Management System is greatly improving the quality of life for many people whose lives are disrupted by gastro-esophageal reflux disease (GERD) and don't wish to continue taking a proton-pump inhibitor (PPI) due to adverse side effects.

General surgeon Ronald M. Richmond, MD, of the Cape Girardeau Surgical Clinic, performed the region's first placement of the LINX anti-reflux system recently at Southeast Hospital.

In the minimally-invasive LINX procedure, a flexible, quarter-sized, bracelet of magnetic titanium beads is implanted around the esophagus laparoscopically. When in place, it supports a weak lower esophageal sphincter – the muscle that opens and closes to allow food to enter and stay in the stomach. GERD is caused when the lower esophageal sphincter relaxes too often and too long, allowing acid from the stomach to leak back into the esophagus.

Patients are evaluated for the LINX procedure by SoutheastHEALTH gastroenterologist C. Brent Keller, DO, who says nearly 20 percent of the adult population experiences acid reflux symptoms on a regular basis. "Acid reflux has a variety of causes that can lead to GERD," he says. "These can include diet, genetics, age and previous injuries."

Dr. Keller adds that treatment for GERD varies, depending on a person's severity of symptoms. "Those with mild symptoms may find relief by implementing simple lifestyle changes, while others can control symptoms through medication therapy. The LINX system is a welcome addition to the options we can offer patients."

Dr. Richmond says implanting the LINX system takes about an hour. "Most patients go home within 24 hours after the procedure and some go home the same day." Once implanted, the device begins to work right away. "LINX is designed to last a lifetime and comes with no dietary restrictions," Dr. Richmond adds.

Patients who benefit most from LINX are those who experience acid reflux on a very frequent basis and have not found symptom control through maximal medical therapy, Dr. Richmond explains. "The LINX procedure can help patients live more comfortably and heartburn free."

"There is now five-year data on patients who have undergone the LINX procedure that proves the long-term efficiency and effectiveness of the LINX system. Nationwide, more than 12,000 patients have benefitted with long lasting results."

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## Independence Day 5K

JUNE 27TH 2018 BY DEE LOFLIN

Independence Day 5K

Celebrate patriotism and fitness this Independence Day by joining us at HealthPoint Fitness in Jackson for a dynamite event.

The Independence Day 5K (Wednesday, July 4) will bring together walkers and runners from the community in support of SoutheastHEALTH Children's Health & Wellness programs.

Events include: Firecracker 1 Mile – Walk or run just for fun! (7:15 start time), 5K Walk – Walkers must walk the entire course, 5K Run will begin at 7:04 a.m. – Runners may walk or run throughout the course.

Chip timing will be used to record times (5K Run/Walk).

New this year! Virtual Run/Walk – Support our cause!

Register and run in your own area and we will send you a t-shirt! Dri-fit t-shirts to all participants!

Limited sizes available to those who register after June 13. For information, call 573-755-2301.

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