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SoutheastHEALTH of Stoddard County Welcomes Dr. Satterfield

SEPTEMBER 07TH 2018 BY DEE LOFLIN

SoutheastHEALTH of Stoddard County Welcomes Dr. Satterfield

SoutheastHEALTH is pleased to welcome Drew Satterfield, MD to Southeast Primary Care.

When it comes to his approach to care, Dr. Satterfield believes in the power of prevention and in forming lasting relationships with patients in every stage of life—from newborns to geriatrics.

He has a special interest in sports medicine, as he previously practiced alongside Mizzou team physicians during his residency.

To schedule an appointment in Cape Girardeau, call 573-519-4500 or, in Dexter, call 573-624-7575.

Learn more about Dr. Satterfield at <http://ow.ly/TFIR50ipJU8>

LAST UPDATED ON SEPTEMBER 07TH 2018 BY DEE LOFLIN

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Foundation Golf Tournament Rescheduled

SEPTEMBER 06TH 2018 BY DEE LOFLIN

Foundation Golf Tournament Rescheduled

With the unwelcome arrival of Tropical Storm Gordon, the weather for our golf tournament this Friday won't be up to par!

The event has been rescheduled for Monday, October 8th. Tee times will remain the same.

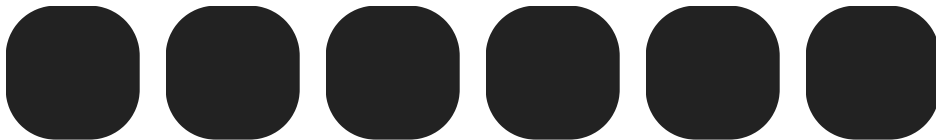
When making the decision, several factors were considered, including storm tracking, out of town travel and course conditions. We understand this may be an inconvenience. However the safety and fun for all participants is our top priority.

Please contact us if you are unable to attend on October 8th or have changes to your players at djirkovsky@sehealth.org or 573-519-4922.

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New LINX Procedure at SoutheastHEALTH for Patients with Acid Reflux

JULY 05TH 2018 BY DEE LOFLIN

New LINX Procedure at SoutheastHEALTH for Patients with Acid Reflux

It's about the size of a quarter, and it stops acid reflux on a dime. The LINX Reflux Management System is greatly improving the quality of life for many people whose lives are disrupted by gastro-esophageal reflux disease (GERD) and don't wish to continue taking a proton-pump inhibitor (PPI) due to adverse side effects.

General surgeon [Ronald M. Richmond, MD](#), of the Cape Girardeau Surgical Clinic, performed the region's first placement of the LINX anti-reflux system recently at Southeast Hospital.

In the minimally-invasive LINX procedure, a flexible, quarter-sized, bracelet of magnetic titanium beads is implanted around the esophagus laparoscopically. When in place, it supports a weak lower esophageal sphincter – the muscle that opens and closes to allow food to enter and stay in the stomach. GERD is caused when the lower esophageal sphincter relaxes too often and too long, allowing acid from the stomach to leak back into the esophagus.

Patients are evaluated for the LINX procedure by SoutheastHEALTH gastroenterologist [C. Brent Keller, DO](#), who says nearly 20 percent of the adult population experiences acid reflux symptoms on a regular basis. "Acid reflux has a variety of causes that can lead to GERD," he says. "These can include diet, genetics, age and previous injuries."

Dr. Keller adds that treatment for GERD varies, depending on a person's severity of symptoms. "Those with mild symptoms may find relief by implementing simple lifestyle changes, while others can control symptoms through medication therapy. The LINX system is a welcome addition to the options we can offer patients."

Dr. Richmond says implanting the LINX system takes about an hour. "Most patients go home within 24 hours after the procedure and some go home the same day." Once implanted, the device begins to work right away. "LINX is designed to last a lifetime and

comes with no dietary restrictions,” Dr. Richmond adds.

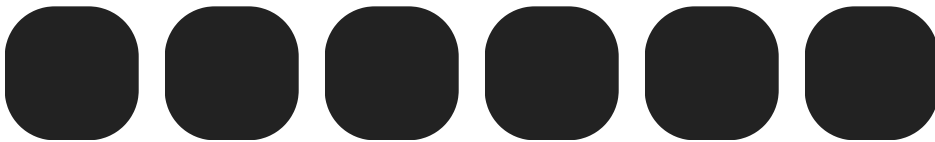
Patients who benefit most from LINX are those who experience acid reflux on a very frequent basis and have not found symptom control through maximal medical therapy, Dr. Richmond explains. “The LINX procedure can help patients live more comfortably and heartburn free.”

“There is now five-year data on patients who have undergone the LINX procedure that proves the long-term efficiency and effectiveness of the LINX system. Nationwide, more than 12,000 patients have benefitted with long lasting results.”

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Independence Day 5K

JUNE 27TH 2018 BY DEE LOFLIN

[Independence Day 5K](#)

Celebrate patriotism and fitness this Independence Day by joining us at HealthPoint Fitness in Jackson for a dynamite event.

The Independence Day 5K (Wednesday, July 4) will bring together walkers and runners from the community in support of SoutheastHEALTH Children’s Health & Wellness programs.

Events include: Firecracker 1 Mile – Walk or run just for fun! (7:15 start time), 5K Walk – Walkers must walk the entire course, 5K Run will begin at 7:04 a.m. – Runners may walk or run throughout the course.

Chip timing will be used to record times (5K Run/Walk).

New this year! Virtual Run/Walk – Support our cause!

Register and run in your own area and we will send you a t-shirt! Dri-fit t-shirts to all participants!

Limited sizes available to those who register after June 13. For information, call 573-755-2301.

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Camp Day Break for Children with Diabetes

JUNE 27TH 2018 BY DEE LOFLIN

Camp Day Break for Children with Diabetes

Camp Day Break is a two-day day camp for children ages 6-13 who have diabetes.

It is a fun- filled adventure that provides a wonderful learning experience in the art of coping with diabetes in the company of other children who face similar problems each day.

The camp takes place at HealthPoint Fitness-Jackson on Thursday and Friday July 19 and 20, from 8:30 am to 4:30 pm.

The event is presented by the Southeast Diabetes Center.

Camp applications close on June 30.

Please call 57-339-0121 for an application or more information.

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