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## Independence Day 5K

JUNE 27TH 2018 BY DEE LOFLIN

Independence Day 5K

Celebrate patriotism and fitness this Independence Day by joining us at HealthPoint Fitness in Jackson for a dynamite event.

The Independence Day 5K (Wednesday, July 4) will bring together walkers and runners from the community in support of SoutheastHEALTH Children's Health & Wellness programs.

Events include: Firecracker 1 Mile – Walk or run just for fun! (7:15 start time), 5K Walk – Walkers must walk the entire course, 5K Run will begin at 7:04 a.m. – Runners may walk or run throughout the course.

Chip timing will be used to record times (5K Run/Walk).

New this year! Virtual Run/Walk – Support our cause!

Register and run in your own area and we will send you a t-shirt! Dri-fit t-shirts to all participants!

Limited sizes available to those who register after June 13. For information, call 573-755-2301.

LAST UPDATED ON JUNE 27TH 2018 BY DEE LOFLIN

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