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# St. Francis Offering FREE Screenings Every First Wednesday

JUNE 19TH 2018 BY DEE LOFLIN

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## **SAINT FRANCIS OFFERING FREE SCREENINGS EVERY FIRST WEDNESDAY**

Screenings will no longer be held on third Wednesdays, as previously scheduled.

Cape Girardeau, Missouri - Starting in August, Heart & Health Screenings will only be held on the first Wednesday of each month at Saint Francis Medical Center.

The screenings will no longer be held on the third Wednesday of each month. As the first Wednesday falls on Independence Day, there will only be a screening on the 3rd Wednesday in July ( July 18th).

The screenings will still offer free blood pressure checks, glucose diabetes risk screenings for \$7 and heart health screenings for \$30. Heart health screenings include total cholesterol, HDL, LDL, triglycerides, cardiac risk ratio, glucose and blood pressure checks and require a 10- to 12-hour fast beforehand. Clients are encouraged to drink water and take medications as prescribed. Heart & Health Screenings are not billed to Medicare or insurance.

Screenings will still be held at the same time and place, from 7 to 10 am in the Health and Wellness Conference Room #2, Saint Martha Conference Room. No appointments are necessary. Citizens over 60 years old may inquire about the possibility of free heart

health screenings, funded through the Senior Citizens' Services Fund Board.

For more information, call 573- 331-5970 ext. 4.

Saint Francis Healthcare System is guided by our mission to provide a ministry of healing, wellness, quality and love inspired by our faith in Jesus Christ. Founded by Franciscan Sisters in 1875, our priority remains the same: serve all who enter with dignity, compassion and joy. Serving nearly 713,000 people across Missouri, Illinois, Kentucky, Tennessee and Arkansas, our focus is on patients' outcomes, experience and value.

Anchored by Saint Francis Medical Center, a 308-bed tertiary hospital, and supported by nearly 2,800 employees and more than 250 providers in 11 communities, the Healthcare System is a driving economic force in the region. Major services include Cancer Institute, Emergency and Level III Trauma Center, Family BirthPlace and the region's first Level III Neonatal Intensive Care Unit, Heart Hospital, Neurosciences and Orthopedics.

LAST UPDATED ON JUNE 19TH 2018 BY DEE LOFLIN

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