Sports

TOP

Ladd and Nea are State Bound in Cross Country

OCTOBER 30TH 2017 BY DEE LOFLIN

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Dexter, Missouri - The 2017 Class 3, District 1 Cross Country Meet was held on Saturday, October 28, 2017 at the Dexter High School.

Emily Ladd placed 7th and Margo Nea placed 9th both earning medals and both qualified for the State Class 3 Cross Country meet to be held in Jefferson City, Missouri on Saturday, November 4th.

Congrats to Emily Ladd for setting a new school record in cross country with a time of 20:23.

"Emily has been a consistent runner all through high school," stated head Cross Country coach Leonard Morse. "This year she decided to take it up a notch. She has worked hard to get where she is and I am very proud of her."

"She set the school record twice this season," continued Morse. "I look forward to what she will do at State. Hopefully, Emily will be able to have a great college career if she so chooses."

"Margo was determined this season to make it to state. She really worked hard, especially late this season," stated Morse. "The SEMO Conference meet was the moment Margo realized she could run with the best. That race gave her the confidence to go out and attack the course at districts. The smile on her face when she was close to the finish line spoke volumes for her confidence level. She achieved the goal she set for herself. I am very excited about what she will do over the next two years in high school. I am very

proud of Margo."

Only the top 15 from each Class move on to the State championships in both boys and girls cross country.

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