## **Sports**

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## MDC Stocks Trout in Southeast Missouri Lakes

OCTOBER 23RD 2017 BY DEE LOFLIN

### MDC Stocks Trout in Southeast Missouri Lakes

Cape Girardeau, Missouri - The Missouri Department of Conservation (MDC) is continuing the annual winter trout program in southeast Missouri, stocking rainbow trout in Perryville's Legion Lake, Jackson's Rotary Lake and Farmington's Giessing Lake.

Legion Lake will receive 3,760 rainbow trout, Rotary Lake will receive 1,900 and another 1,200 will be stocked in Giessing Lake. In addition, each lake will receive a number of 'lunkers'. The cities of Jackson, Farmington, Perryville, as well as Perry County, the Perry County Sportsmen's Club and the Missouri Department of Conservation, purchased the trout to be stocked.

The annual winter trout fishing program begins Nov. 1, marking the opening of Missouri's winter trout season in lakes around the state. Anglers can fish for this popular cold-water fish through the fall and winter months on a catch-and-release basis. Anglers may harvest trout as of Feb. 1, 2018. Rainbow trout are cold-water fish which live in water temperatures less than 70 degrees. They do well in local impoundments during the colder months.

Paul Cieslewicz, MDC fisheries management biologist, cautions anglers to remember that from Nov. 1 through Jan. 31, all trout must be released unharmed immediately.

"During this time, anglers may only fish with flies, artificial lures, and unscented plastic baits," Cieslewicz said. "In addition, they may only use one fishing rod at a time and chum is not permitted."

Starting Feb. 1, any bait may be used and four trout may be kept regardless of size. All anglers between the ages of 16 and 64 must have a valid Missouri fishing permit and any angler harvesting trout must possess a trout permit as well.

Mike Reed, MDC fisheries management biologist, said trout can be caught on a wide variety of lures.

"Flies, which imitate aquatic insects, are popular with fly fishers," he said, "but spinners, small spoons, and other small lures are good choices."

Light line and tackle will typically produce more fish than heavier tackle. Successful anglers typically use two to six pound test line when fishing with lures and add little or no additional weight to the line.

"Set the drag light as a trout often hits hard and makes strong runs which can break weak or frayed line," Reed said.

For more information about trout stocking in southeast Missouri, contact MDC's Southeast Regional Office in Cape Girardeau at (573) 290-5730. For more information about fishing in Missouri, go online to mdc.mo.gov/fish.

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## Dexter Scholar Bowl 2017-2018 Schedule

OCTOBER 23RD 2017 BY DEE LOFLIN

#### Dexter Scholar Bowl 2017-2018 Schedule

Dexter, Missouri - The Dexter High School Scholar Bowl will open with their first competition on Monday, October 23, 2017 at the Bearcat Event Center classroom against Bell City. Both the varsity and junior varsity teams will compete beginning at 6 p.m.

2017-2018 DHS Scholar Bowl Schedule

Oct 23 - Bell City (H) V,JV

Nov 13 - at Leopold V

Nov 20 - Twin Rivers (H) V,JV

Dec 6 - Advance (H) V,JV

Dec 11 - Quad Match with Kennett, Caruthersville, Gideon Varsity Only

Jan 8 - at Caruthersville J,JV

Jan 13 - Bell City Tournament Varsity Only

Jan 29 - Quad Match with Portageville, Bernie, Malden Varsity Only

Feb 5 - Malden (H) JV Only

Feb 8 - Quad Match with Kennett, South Pemiscot, Campbell JV Only

Feb 26 - at Gideon V,JV

Mar 3 - Bloomfield Round Robin - Bell City, Bernie, Bloomfield Varsity Only

Mar 5 - Richland (H) V,JV

Mar 19 - Bernie (H) V,JV

Mar 26 - Quad Match with Bloomfield, Puxico, Twin Rivers Varsity Only

Apr 9 - at South Pemiscot V, JV

Apr 14 - District Tournament Varsity Only

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# ShowMe Times Fall Sports Spotlight - Natalie Sitze

OCTOBER 23RD 2017 BY DEE LOFLIN

ShowMe Times Fall Sports Spotlight - Natalie Sitze

Dexter, Missouri - The ShowMe Times Spotlight shines on Dexter athlete Natalie Sitze.

Natalie is a sophomore and #6 on the Dexter High School volleyball team.

She is the daughter of Eric and Delisa Sitze.

Her grandparents include Dan and Connie Sitze of Dexter, Missouri, and Charles and Doris Hedspeth of Puxico, Missouri.

Sitze is active in Beta, Student Council, Future Business Leaders of America, Fellowship of Christian Athletes, Pep Club, and choir.

Outside of school Natalie is active in the church youth group, club volleyball, and travel basketball.

Her hobbies include basketball, volleyball, and being with friends and family. Her plans after graduation are undecided.

She was a part of the 2016-2017 district champions and 2017 third place in state in basketball.

Natalie attends St. Joe General Baptist Church.

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# ShowMe Times Fall Sports Spotlight - Hannah Thurmon

OCTOBER 22ND 2017 BY DEE LOFLIN

ShowMe Times Fall Sports Spotlight - Hannah Thurmon

Dexter, Missouri - The ShowMe Times Spotlight shines on Dexter athlete Hannah Thurmon.

Hannah is a senior and #9 on the Dexter High School volleyball team.

She is the daughter of Matt and Mindy Thurmon.

Her grandparents include Lloyd and Jeanne Bell of Poplar Bluff, Missouri, and Elaine Thurmon of Broseley, Missouri.

She is active in Future Business Leaders of America, Fellowship of Christian Athletes, Sr. Beta Club, and Pep Club.

She has played travel basketball and volleyball and is a member of First Baptist Church.

After graduation she plans to major in sports medicine at a four-year college.

In volleyball, Hannah made All Conference, All District, All State Honorable Mention, and All Region. In basketball, she made All Conference, All District, and Stoddard County 1st Team.

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# ShowMe Times Fall Sports Spotlight - Maddie Jacques

OCTOBER 22ND 2017 BY DEE LOFLIN

ShowMe Times Fall Sports Spotlight - Maddie Jacques

Dexter, Missouri - The ShowMe Times Spotlight shines on Dexter athlete Maddie Jacques.

Maddie is a junior and is a member of the Dexter Football cheer squad. She is the daughter of Mark and Michelle Jacques. Her grandparents include Clyde and Judy Jacques of Dexter, Missouri.

Jacques is active in Beta, Fellowship of Christian Athletes, FCCLA, Student Council, and Pep Club.

Her plans after graduation are to attend college at Arkansas State.

She enjoys shopping and attends Bernie Church of Christ.

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