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Kids Ag/Farm Education Area at the Stoddard County Fair

SEPTEMBER 20TH 2017 BY DEE LOFLIN

Kids Ag/Farm Education Area at the Stoddard County Fair

Join SoutheastHEALTH tonight at the fair from 6-8 p.m. in the Kids Ag/Farm Education Area.

There will be fun activities for the kids including a "Get Active" prize wheel, "Future Doctor/Nurse" photo booth and information on healthy eating for kids!

Stop by and see us for some fun!

SoutheastHEALTH is proud to sponsor the Kids Ag/Farm Education area this year.

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Cape Girardeau Neurosurgeon Performs Nation's First SI Joint Fusion Using Latest Mazor X Platform

Cape Girardeau Neurosurgeon Performs Nation's First SI Joint Fusion Using Latest Mazor X Plan

Cape Girardeau, Missouri - SoutheastHEALTH Neurosurgeon Kevin Vaught, MD, of Regional Brain and Spine, is the first neurosurgeon in the U.S. to perform a sacroiliac joint (SI) fusion using the latest generation of the Mazor XTM surgical assurance platform.

The Mazor X was put into use at Southeast Hospital earlier this month. The hospital is the first in Missouri with the Mazor X platform. The system combines unprecedented preoperative planning tools and analytics with unparalleled intra-operative guidance, giving patients the most advanced spinal surgery options available.

SI joint dysfunction is improper movement of the joints at the bottom of the spine that connects the sacrum to the pelvis that results in pain in the lower back or upper legs and inflammation of the SI joint, Dr. Vaught explains. The sacrum is a triangular shaped bone at the bottom of the spine below the lumbar region and connects to the pelvic bones known as the iliac crest on the right and left side of the SI joints. "These joints act as shock absorbing structures and typically only move a small amount," Dr. Vaught says.

SI joint pain normally occurs from the joint moving too little due to degenerative joint disease or too much due to loose ligaments that support the joints due to pregnancy or trauma. Dr. Vaught adds that "approximately 25 percent of low back pain is due to SI joint dysfunction. Most patients will improve with conservative care such as therapy and injections."

If surgery is necessary, the procedure typically lasts less than an hour and requires an overnight stay in the hospital. "Most patients appreciate significant pain relief soon after surgery," adds Dr. Vaught.

Patient benefits of Mazor minimally-invasive procedures include less pain, less blood loss, smaller incisions, shorter hospitalization and a quicker recovery time. Of particular benefit to patients with the Mazor X is a dramatic reduction in radiation exposure during surgery.

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2017 Stoddard County Health Fair

AUGUST 26TH 2017 BY DEE LOFLIN

2017 Stoddard County Health Fair

Dexter, Missouri - On Tuesday, August 29th the Dexter Public Schools, SoutheastHEALTH of stoddard County, Stoddard County Public Health Center and the Stoddard County Health Coalition will have a Health/Resource Fair in the High School Gymnasium.

Dexter Students will be able to attend from 1 p.m. - 3 p.m. and then from 3 p.m. - 6 p.m. it will be open to the public.

Health Care Professionals, Organizations, and Vendors from the surrounding area will be available to provide resources to the public.

Free Testing will include Blood Pressure, Blood Sugar, Vein Screenings, Bone Density, Vision and Hearing Screenings, Mental Health Assessments, and Athletic Physicals (1 p.m. - 3 p.m. only).

There will even be demonstrations on Safety, Fitness, and Nutrition.

Participants can register for door prizes, including 4 Cardinal's Tickets September 30, 2017 game.

The Dexter High School Gym is located at 1101 West Grant Street. The public is encouraged to attend!

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SoutheastHEALTH Auxiliary to Host Sweet Treat Sale

AUGUST 14TH 2017 BY DEE LOFLIN

SoutheastHEALTH Auxiliary to Host Sweet Treat Sale

Dexter, Missouri - If you like baked goods, you won't want to miss out on this Sweet Treats Sales at SoutheastHEALTH of Stoddard County on Thursday, August 31, 2017.

" stated Melba Baker.

There will be homemade cakes, cupcakes, cookies, pies, muffins, and even hot sweet mustard!

The event will be in the hospital lobby from 9:00 a.m. - 4:00 p.m.

August 31 - Sweet Treats Sale - 9 am-4 pm - Hospital Lobby

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SoutheastHEALTH's Hospice Service Earns National Honor

AUGUST 14TH 2017 BY DEE LOFLIN

SoutheastHEALTH's Hospice Service Earns National Honor

Southeast Hospice Earns National Honor

SoutheastHEALTH's hospice service has been named a 2017 Hospice Honors Elite recipient by Deyta Analytics, a division of HEALTHCAREfirst, the leading provider of Web-based home health and hospice software, outsourced billing and coding services and advanced analytics.

Hospice Honors is a highly regarded program that recognizes hospices providing the highest level of quality care as measured from the caregiver's point of view. Southeast Hospice, established in 1986 as the region's first hospital-based hospice, has offered a special kind of caring to thousands of families.

"Hospice Honors is a landmark compilation of hospices that provide the best patient and caregiver experiences," said J. Kevin Porter of HEALTHCAREfirst. "I am extremely proud of Southeast Hospice for achieving this highest of honors and I congratulate them on their success." He explained that award recipients were identified by evaluating

hospices' performance on a set of 24 quality indicator measures.

Of the 357 U.S. hospices earning honors status, only seven were recognized in Missouri. Southeast Hospice is the only hospice in Missouri to receive elite status. Elite status recognizes Southeast's scoring above the Deyta Analytic Performance Score on 100 percent, or all 24, of the evaluated questions.

SoutheastHEALTH Home Care Services Administrator Vickie Schnurbusch, MSN, RN, CHPN, said, "The Southeast Hospice team has always been dedicated to providing the highest quality of care possible, both for patients and their caregivers. The entire team is devoted to helping patients and families navigate through one of the most difficult times in life."

She noted that Southeast Hospice averages serving 45 to 50 patients and families a month.

Southeast Hospice, she continued, "recognizes dying as a normal process and neither hastens nor postpones death. Instead, we help people with an incurable condition live as fully and comfortably as possible."

Southeast Hospice serves patients in the home setting as well as in nursing homes in Cape, Bollinger, Scott, Perry and Stoddard counties and portions of New Madrid and Mississippi counties. The service also has a partnership with Perry County Memorial Hospital that's designed to enhance the quality of hospice services for terminally ill patients in the region.

About Southeast Hospice

Southeast Hospice is a not-for-profit agency that is Medicare certified, Medicaid approved, state certified and accredited by The Joint Commission.

The staff includes a full-time medical director with over 16 years' experience in pain and symptom management; an RN nursing staff with over 100 cumulative years of hospice experience; a dedicated medical social worker who provides bereavement services for 13 months after the loss of a loved one; and 24-hour access to pharmacy, wound and stoma care, diabetic and infusion care.

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