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SoutheastHEALTH Auxiliary to Host Sweet Treat Sale

AUGUST 14TH 2017 BY DEE LOFLIN

SoutheastHEALTH Auxiliary to Host Sweet Treat Sale

Dexter, Missouri - If you like baked goods, you won't want to miss out on this Sweet Treats Sales at SoutheastHEALTH of Stoddard County on Thursday, August 31, 2017.

" stated Melba Baker.

There will be homemade cakes, cupcakes, cookies, pies, muffins, and even hot sweet mustard!

The event will be in the hospital lobby from 9:00 a.m. - 4:00 p.m.

August 31 - Sweet Treats Sale - 9 am-4 pm - Hospital Lobby

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SoutheastHEALTH's Hospice Service Earns National Honor

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Southeast Hospice Earns National Honor

SoutheastHEALTH's hospice service has been named a 2017 Hospice Honors Elite recipient by Deyta Analytics, a division of HEALTHCAREfirst, the leading provider of Web-based home health and hospice software, outsourced billing and coding services and advanced analytics.

Hospice Honors is a highly regarded program that recognizes hospices providing the highest level of quality care as measured from the caregiver's point of view. Southeast Hospice, established in 1986 as the region's first hospital-based hospice, has offered a special kind of caring to thousands of families.

"Hospice Honors is a landmark compilation of hospices that provide the best patient and caregiver experiences," said J. Kevin Porter of HEALTHCAREfirst. "I am extremely proud of Southeast Hospice for achieving this highest of honors and I congratulate them on their success." He explained that award recipients were identified by evaluating hospices' performance on a set of 24 quality indicator measures.

Of the 357 U.S. hospices earning honors status, only seven were recognized in Missouri. Southeast Hospice is the only hospice in Missouri to receive elite status. Elite status recognizes Southeast's scoring above the Deyta Analytic Performance Score on 100 percent, or all 24, of the evaluated questions.

SoutheastHEALTH Home Care Services Administrator Vickie Schnurbusch, MSN, RN, CHPN, said, "The Southeast Hospice team has always been dedicated to providing the highest quality of care possible, both for patients and their caregivers. The entire team is devoted to helping patients and families navigate through one of the most difficult times in life."

She noted that Southeast Hospice averages serving 45 to 50 patients and families a month.

Southeast Hospice, she continued, "recognizes dying as a normal process and neither hastens nor postpones death. Instead, we help people with an incurable condition live as fully and comfortably as possible."

Southeast Hospice serves patients in the home setting as well as in nursing homes in Cape, Bollinger, Scott, Perry and Stoddard counties and portions of New Madrid and

Mississippi counties. The service also has a partnership with Perry County Memorial Hospital that's designed to enhance the quality of hospice services for terminally ill patients in the region.

About Southeast Hospice

Southeast Hospice is a not-for-profit agency that is Medicare certified, Medicaid approved, state certified and accredited by The Joint Commission.

The staff includes a full-time medical director with over 16 years' experience in pain and symptom management; an RN nursing staff with over 100 cumulative years of hospice experience; a dedicated medical social worker who provides bereavement services for 13 months after the loss of a loved one; and 24-hour access to pharmacy, wound and stoma care, diabetic and infusion care.

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SoutheastHEALTH Collaborates with Washington

SoutheastHEALTH Collaborates with Washington University

SoutheastHEALTH Brings Academic Medicine to Cape Girardeau Forging Collaboration with Pathology and Immunology Department at Washington University School of Medicine in St. Louis

Cape Girardeau, Missouri - SoutheastHEALTH announced today another collaboration with Washington University positioned to deliver academic medicine to residents of southeast Missouri. Under a new agreement, they will together create opportunities for young physicians and improve healthcare for patients throughout the region as the Department of Pathology and Immunology at Washington University School of Medicine begins working in collaboration with SoutheastHEALTH Laboratory for onsite Pathology services.

"We are pleased to work with The Department of Pathology and Immunology at Washington University School of Medicine," said Ken Bateman, president and CEO of SoutheastHEALTH. "This collaboration solidifies our efforts in bringing together the value our community hospital offers with the innovation and excellence of world-renowned academic medicine program."

Bateman added that highly trained, skilled pathologists – physicians who specialize in the laboratory study of the causes, nature and effects of disease processes through the examination of body fluids and tissues - are key to helping physicians make accurate decisions about the diagnosis and treatment of diseases. The majority of cancer diagnoses are confirmed by pathologists. "Your first diagnosis needs to be the correct diagnosis," he added. "The expert Pathology team at Washington University will be of great benefit to our patients."

Under the new collaboration, two Washington University pathologists will be on site at Southeast Hospital. The Hospital also will have access to 40 clinical pathologists working in 20 different subspecialties at Washington University. Through digital-Pathology, specimens can be reviewed in real time with sub-specialists as needed.

Washington University School of Medicine's Pathology and Immunology department is a leading international pathology program. Established in 1916, it was one of the first programs of its kind. In addition to a century-long focus on the relationship between the

basic science of immunology and disease, the department is one of the major centers for academic pathology and laboratory medicine in the nation. The department also has played major and pioneering roles in surgical pathology and laboratory medicine. The faculty enthusiastically embraces its responsibility to train the next generation of medical scientists and clinicians by offering contemporary and comprehensive training programs for graduate students, postgraduate trainees and medical students. These exceptional resources are now part of SoutheastHEALTH's services and makes Southeast a part in training future generations of pathologists.

The collaboration represents another major milestone for SoutheastHEALTH's goal in providing world-renowned resources from a community-based hospital for residents of southeast Missouri. Since Bateman joined the organization in late 2014, his leadership has brought the organization into a position where it is well poised to seek opportunities such as this for growth and increases the value of services SoutheastHEALTH provides.

Bateman said he's eager to explore the many ways ideas developed by experts at the Pathology and Immunology Department can improve patients' experiences and outcomes at SoutheastHEALTH.

"We're always asking ourselves how we can improve quality, increase patient satisfaction and optimize the value proposition we can offer our patients," said Bateman. "This agreement, and the experience and expertise the university's faculty and students will bring to SoutheastHEALTH, is an exciting way we can do exactly that."

George R. Wettach, MD, FASCP, FCAP, a Washington University pathologist who will be based at SoutheastHEALTH, said this collaboration "is mutually beneficial. Of course, our clinicians and patients at SoutheastHEALTH can access world-class academic medicine. In addition, cases from this region help support Washington University's ongoing missions of patient care, education and research.

"My partner, Dr. Steve LaRue, and I are backed by a full range of technical know-how and subspecialty diagnostic expertise. The digital-Pathology bridge allows us to share high quality images of microscopic sections with our colleagues in St. Louis in real time. Besides slide consults, our fellow faculty members include leading figures in clinical chemistry, molecular diagnostics, transfusion medicine and microbiology. They are never more than a phone call or an email away."

About SoutheastHEALTH

At SoutheastHEALTH, the region's premier healthcare system in Southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our

network are more than 50 care locations in 12 communities, including hospitals, primary and specialty care clinics representing over 30 clinical specialties and extending care for patients in a four-state area. For more information, visit SEhealth.org.

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SoutheastHEALTH August Health Briefs - List of Events

AUGUST 11TH 2017 BY DEE LOFLIN

[SoutheastHEALTH August Health Briefs - List of Events](#)

Cape Girardeau, Missouri - SoutheastHEALTH has several upcoming events during the month of August.

Art for the Health of It Now on Display

Original artwork graces a Southeast Hospital corridor in the 24th annual Art for the Health of It exhibition. Sponsored by SoutheastHEALTH and the Arts Council of Southeast Missouri, the juried exhibit is on display near the Lobby in the first-floor corridor between elevators A and C. The exhibit is free and open to the public. Many of the works are available for purchase through the Arts Council. The exhibit will remain in place until August 24.

Weight Management First Steps

Join us for this free, informative seminar as we discuss strategies for beginning the process of health improvement and weight management on Thursday, August 24 at 2 p.m. at HealthPoint Plaza, 2126 Independence in Cape. Nutrition, physical activity and behavior modification will be discussed and you will receive details about the options HealthPoint Fitness offers to assist with this challenging effort. You will learn how our individualized approach evaluates your current fitness level, personal goals and medical issues before recommending any weight loss or fitness program. The program includes: Starting Point and Biometrics Weight Loss Programs; Nutritional Coaching; Personal Training; and more. Register online at SEhealth.org/classes-events or call 573-986-4440.

Sibling Class Set for About to Be Big Brothers, Sisters

Sibling Class, scheduled for Wednesday, August 23 from 5:30 until 7 p.m. in the Harrison Room at Southeast Hospital, is designed to help children prepare, in a positive way, for the addition of a new family member. The class is geared toward children, ages 3 to 8. Class size is limited. Register online at SEhealth.org/Events or by calling (573)331-6190.

Relationship Changes

The SoutheastHEALTH Grief Support Group will meet from 1 to 2:30 p.m. on Wednesday, August 16 at HealthPoint Fitness in Cape. Topic for this month's meeting, led by Crystal Montgomery, LCSW, a bereavement counselor with Southeast Hospice, is "Changes in Your Relationships: Widening Your Circle."

Share Support Group

SHARE Grief Support Group is for parents who have lost children due to miscarriage, stillbirth, neonatal death or ectopic pregnancy. This month's meeting will be from 1 to 2 p.m. on Wednesday, August 16 at HealthPoint Plaza in Cape. For more information, call Pastoral Care at 573-651-5519 or Social Services at 573-651-5549.

Heart Saver CPR Certification Class

This is an instructor-led course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children and infants. It will be held on Thursday, August 17 from 9 to 11 a.m. at HealthPoint Fitness, 410 West Main in Jackson. The course is for anyone with limited or no medical training who needs a course completion card for CPR and AED use to meet job, regulatory or other requirements. Cost of the class is \$30. It is open to the public. Participants can reserve a spot by calling or stopping by the front desk of HealthPoint Cape or HealthPoint Jackson. For more information call 573-755-2301.

Accelerated Childbirth Preparation Class

This all inclusive, one-day, accelerated class on Saturday, August 19 from 8:30 a.m. to 12:30 p.m. in Meeting Room 106 at Southeast Hospital, is designed to accommodate couples who just want the basic information or whose schedules do not allow for five weekly evening classes. This class addresses the emotional and physical changes of pregnancy, the labor process as it occurs naturally, coping techniques for labor pain, medical options for pain control, common medical interventions and cesarean delivery. The physical and emotional changes that follow delivery, as well as normal newborn adjustment and breastfeeding, also are discussed. This class is taught by one of the OB nurses on staff at Southeast. Free for those delivering at Southeast; \$40 per couple for others. Please register at SEhealth.org/Events or by calling (573)331-6190.

Cook Once and Eat Three Times

This class, Monday August 21 from 6 to 7:15 p.m., is perfect for back to school time. With school starting and busy schedules kicking in, you'll learn some strategies (and tasty recipes) to keep the healthy meals happening at home with less work in the kitchen. The class is taught by HealthPoint Nutritional Services Coordinator Raina Childers, MS, RD, LD. Cost is \$3 for HealthPoint members and \$5 for non-members. Click on SEhealth.org/Events or call (573)986-4440 to register.

Old Bag Sale

The popular Old Bag Sale sponsored by the SoutheastHEALTH Auxiliary will be held on Wednesday, August 23 from 7 a.m. to 7 p.m. in the Hospital's Harrison Room. Shop for gently used handbags, billfolds, scarves, jewelry, accessories and more. Proceeds help fund Hospital projects that benefit patients.

Summer Blood Drive

The next SoutheastHEALTH Blood Drive will be held on Thursday, August 24 from 7 a.m. to 4 p.m. in the Harrison Room at Southeast Hospital. Please roll up your sleeve and

encourage co-workers, friends and family to give. Call the SoutheastHEALTH Volunteer Services office at 573-651-5518 to schedule an appointment.

Scrapbook for a Cause

Join us for a “Scrapbook Crop” from 8 a.m. to 5 p.m. on Saturday, August 26. Here’s a great opportunity to get away from distractions and get some serious scrapbooking done. Bring your supplies – photos, adhesive, embellishments, cutting machines, etc. – and Southeast will provide the work tables. Have fun sharing ideas and techniques with fellow scrappers. Questions? Contact organizer Lisa Wiggins, RN, at 573-331-7974.

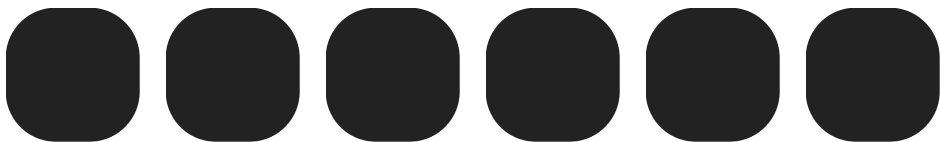
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SoutheastHEALTH Pioneers Mazor Robotics Spine Surgery

AUGUST 09TH 2017 BY DEE LOFLIN

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Cape Girardeau, Missouri - Southeast Hospital has continued its commitment to pioneering the best in minimally-invasive robotic surgery with the addition of the Mazor XTM surgical assurance platform to its highly recognized spinal surgery program. The first procedure utilizing the Mazor platform was performed August 4 by Neurosurgeon Kevin Vaught, MD, of Regional Brain and Spine.

Southeast is the first hospital in Missouri with Mazor X technology. The Mazor X system combines un-precedented pre-operative planning tools and analytics with unparalleled intra-operative guidance, giving patients the most advanced spinal surgery options available.

Dr. Vaught explains. “Robotic technology is primarily used for placement of instrumentation in the spine. The idea of robotic technology is similar to using GPS technology in your car. It helps place instrumentation we are planning in a very precise way. That precision comes from first planning the surgery ahead of time so we know exactly what instrumentation we are going to be using, what sizes, what lengths and the exact trajectories needed to place the instrumentation. Once we are satisfied with our plan the Mazor X allows us to accurately and safely place instrumentation as already planned.”

Benefits of minimally-invasive procedures include less pain, less blood loss, smaller incisions, shorter hospitalizations and quicker recovery time. Of particular benefit to patients with the Mazor X is a dramatic reduction in radiation exposure during surgery.

Dr. Vaught said Mazor X spinal instrumentation can be utilized for cervical, thoracic or lumbar fusion, SI joint fusion, instrumentation needed for treatment of tumors, traumatic

fractures or for treatment of degenerative spinal disorders.

He added, “We are very excited about Southeast’s commitment to our neurosurgery program. We have a very rich and long history of advanced techniques and technologies. There have been a number of technologies we have utilized at Southeast even before the academic institutions in our state. We believe Mazor is the next step in that continued evolution of increased patient safety and outcomes through technology.”

Minimally-invasive surgery has been a major focus for SoutheastHEALTH, said President and CEO Ken Bateman. “We believe in providing the most advanced technologies along with the highest quality care for our patients, close to home. Mazor X defines a new standard for precision and safety for patients which is of the utmost importance to us.”

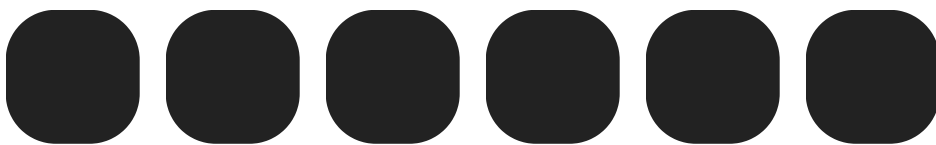
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