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Stoddard County Nutrition Center Menu and Activities

MAY 18TH 2017 BY DEE LOFLIN

Stoddard County Nutrition Center Menu and Activities

Dexter, Missouri - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, May 22, 2017 - Friday, May 26, 2017.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Monday, May 22nd - Finger lickin' chicken, seasoned carrots, ranch-style potatoes, biscuit and gravy and Texas sheet cake. Activities are Bewitched at 10:30 a.m., Toss 'N Talk at 11:00 a.m. and BINGO at 1:00 p.m.

Tuesday, May 23rd - Egg, ham and cheese casserole, country potatoes, English muffin w/butter and pineapple and bananas. Activities are Bible Trivia at 11:00 a.m. and BINGO at 1:00 p.m.

Wednesday, May 24th - Chopped steak w/mushrooms and onions, garlic mashed potatoes, roasted Brussels sprouts, roll and peach cobbler. Activities are Activity Chair BINGO at 11:00 a.m. and Old Westerns at 1:00 p.m.

Thursday, May 25th - Fettuccine Alfredo with chicken, Italian blend vegetables, tossed lettuce salad, garlic breadstick, and Snickerdoodle cookie. Activities are Finish Lines at

11:00 a.m. and My community Guest at 1:00 p.m.

Friday, May 26th - Pulled pork on whole grain bun, catfish, sweet potato fries, slaw, cornbread and cherry delight. Activities are I Dream of Jeannie at 10:30 a.m., Eat Smart at 11:00 a.m. and BINGO at 1:00 p.m. **Movie and popcorn from 5:00 p.m. - 7:00 p.m.**

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