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# DMS Students Make Blankets for Autism Students

MAY 15TH 2017 BY DEE LOFLIN

## DMS Students Make Blankets for Autism Students

Dexter, Missouri - Dexter Middle School FACS teacher, Mrs. Brittany Watkins, worked with her students this year to make weighted lap blankets for younger students who have Autism or sensory issues.

The lap blankets are filled with beans and are very soft. Some even have a textured material.

Weighted things like weighted blankets, weighted lap pads and weighted vests have been found to be very calming for some children with autism. Many occupational therapists recommend appropriate weight for individuals with autism and sensory issues who can be overstimulated or anxious. Weight can also help some kids with autism or ADHD focus and pay attention in the classroom or during mealtime.

Pictured are from left to right DMS FACS students Bailee Boyer, Layken Smith, Kaden Ritter, and Andrew Morgan along with Carsen Jones who loves his blanket.

LAST UPDATED ON MAY 15TH 2017 BY DEE LOFLIN

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