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# Daily Devotional, Wednesday, May 3, 2017 - Fellowship With Jesus

MAY 03RD 2017 BY DEE LOFLIN

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## [Luke 10:38-42](#)

Two sisters were busy preparing for Jesus' visit. Upon His arrival, Mary turned her attention to the Lord. Meanwhile, Martha was distracted by the preparations ([Luke 10:40](#)) and became agitated that her sister was no longer helping. We may be thinking Martha was right—if there was still work to be done, her sister should not have been sitting down. Then we hear Jesus' perspective. Observing that Martha was worried and upset about many things when only one thing was needed, He said Mary had chosen what was better ([Luke 10:42](#)).

There are some important lessons to be learned from this story. First, to have fellowship with Jesus, we may have to leave some things undone. Jesus knew how hard the women had been working and how much Martha longed to finish the tasks. But their greatest need was to spend time with Him. The sisters' focus was to be on listening, learning, and interacting with Him.

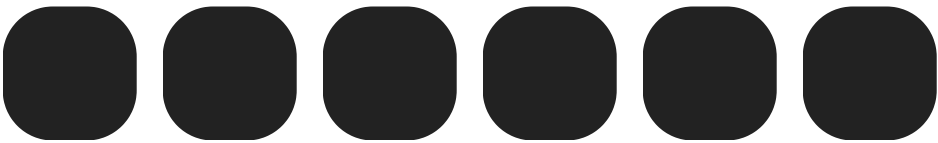
The second lesson is that our choice to forgo an activity may be misunderstood. Martha certainly didn't comprehend her sister's decision. What's more, if we fail to take time with the Lord, there may be unpleasant consequences. We see this in the way Martha's distraction led to worry and agitation. Jesus invited her to choose the better way—namely, to be with Him.

Establishing a habit of communing with God is essential to our spiritual health. Even in our daily work, we can learn how to maintain an awareness of Him. So aim to choose the better way, as Mary did. Connecting with Jesus regularly will sharpen your focus on what is most important and help you distinguish what is good from what is truly the Lord’s best.

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