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Stoddard County Nutrition Center Menu

FEBRUARY 10TH 2017 BY DEE LOFLIN

Stoddard County Nutrition Center Menu

Dexter, Missouri - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, February 13, 2017 - Friday, February 17, 2017.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Monday, February 13, 2017 - Pork roast with carrots and potatoes, garden salad, whole grain roll and sugar cookie with icing.

Tuesday, February 14, 2017 - Scrambled eggs, sausage, hash browns, whole grain biscuit and fruit salad.

Wednesday, February 15, 2017 - Sliced turkey with dressing, green beans, cranberry sauce, whole grain crackers, and Lime Jello Cake.

Thursday, February 16, 2017 - Chili, half peanut butter sandwich on whole grain bread, slaw, whole grain crackers, and pear cobbler.

Friday, February 17, 2017 - Barbecue chicken, catfish, baked beans, cucumber & onion salad, whole grain hushpuppies, and butterscotch cream pie.

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Keller Public Library Memorial Donations

FEBRUARY 09TH 2017 BY DEE LOFLIN

Keller Public Library Memorial Donations

Dexter, Missouri - The Keller Public Library in Dexter has released their latest list of Memorial Donations to the library. If you would like to donate a book in memory of a loved one please contact Pam Trammel, Director at (573) 624-3764 or stop in at 402 West Grant Street in Dexter.

In memory of Harold Dwight Williams: Jesus Always: Embracing Joy in His Presence by Sarah Young donated by D.H.S. Class of '51.

In memory of Marion Evans: Be the Dad She Needs You to Be: The Indelible Imprint a Father Leaves on His Daughter's Life by Dr. Kevin Leman donated by Chapter CP, P.E.O.

In memory of Gene Rowland: Appetites: A Cookbook by Anthony Bourdain donated by Dan Nichols.

In memory of Marvin Stevens: National Geographic Stunning Photographs by Annie Griffiths donated by Dan Nichols; Southern Routes: Secret Recipes from the Best Down-home Joints in the South by Ben Vaughn donated by Doug and Lydia Temples.

In memory of Evelyn Grasdorf: The Pattern of Her Heart by Tracie Peterson donated by The Domino Divas.

In memory of Marilyn Taylor Williams: Santa is Coming to Missouri by Steve Smallman donated by Jim and Yvonne Hall.

In memory of Terry Hassell: Tales from the Atlanta Braves Dugout: A Collection of the Greatest Braves Stories Ever Told by Cory McCartney donated by Jim and Yvonne Hall.

In memory of Pam Turlington: So This is How Being a Grandmother Feels by Chris Shea donated by Jim and Yvonne Hall.

In memory of Darla Grossman: Alaska: Portrait of a State by Graphic Arts donated by Jim and Yvonne Hall.

In memory of Ronald Mouser: The Undoing Project: A Friendship That Changed Our Minds by Michael Lewis donated by Barton and Neva Gressmen.

In memory of Maxine Prance: My Valentine and Treasured Grace by Tracie Peterson donated by C. H. Parsons, Jr. and All.

In memory of Carol Lemons: Heartbreak Hotel by Jonathan Kellerman donated by Tom and Brenda LeGrand; Black Book by James Patterson donated by Dan and Patricia Brase.; Golden Prey by John Sandford donated by Harry and Kathy Wierzba; Humans Bow Down by James Patterson donated by Jack and Judith Montgomery; A Perfect Obsession by Heather Graham donated by J. P. Ross Cotton Co,Inc; The Prisoner by Alex Berenson donated by Curtis and Thelma Blunt.

In memory of Blake Allen Burnett: Cross Roads by Wm. Paul Young donated by Jill, Grant, Braeden and Makenon Hampton.

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Bernie PAT February Student of the Month - Miki Houk

FEBRUARY 06TH 2017 BY DEE LOFLIN

Bernie PAT February Student of the Month - Miki Houk

Bernie, Missouri - The Bernie Parents as Teachers' Student of the Month for February 2017 is Miki Houk.

Miki Jane is the daughter of Michael and Alicia Houk.

She is five months old and enjoys playing with her big bubby, Daemeon.

She is a snuggle bug who refuses tummy time and rolling over almost instantly. Her favorite part of the Parents as Teachers visits are cooing at Mrs. McGarity while playing with her hair.

Alicia loves learning all the way to help her kids grow and learn while having fun.

Miki's big brother, Daameon, is also a Student of the Month for February and he has his very own article.

If you would like to know more about Parents as Teachers contact Courtney McGarity or Casey Arnold at 573-293-5335, ext 293 or find them on Facebook by clicking **HERE**.

The following information was taken directly from the Parent as Teachers Missouri website. For more information click **HERE**.

Our Vision

All children will learn, grow and develop to realize their full potential.

Our Mission

To provide the information, support and encouragement parents need to help their children develop optimally during the crucial early years of life.

Our Values

The early years of a child's life are critical for optimal development and provide the foundation for success in school and in life.

Parents are their children's first and most influential teachers.

Established and emerging research should be the foundation of parent education and family support curricula, training, materials and services.

All young children and their families deserve the same opportunities to succeed, regardless of any demographic, geographic or economic considerations.

An understanding and appreciation of the history and traditions of diverse cultures is essential in serving families.

History

In 1981, Missouri pioneered the concept of helping parents embrace their important role

as their child’s first and best teacher. Today, Parents as Teachers continues to equip early childhood organizations and professionals with information and tools that are relevant—and widely applicable—to today’s parents, families and children.

The Parents as Teachers leadership team and Board of Directors is engaged in a three-year strategic plan, which positions the organization as a valued partner to support the organizations and professionals who serve families and children, especially those most vulnerable.

The concept for Parents as Teachers was developed in the 1970s when Missouri educators noted that children were beginning kindergarten with varying levels of school readiness. Research showed that greater parent involvement is a critical link in the child's development of learning skills, including reading and writing.

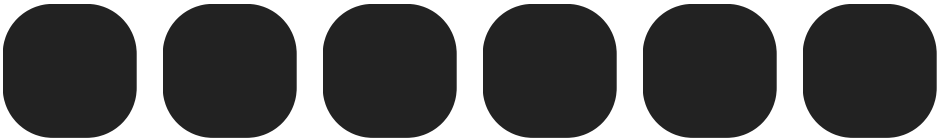
Early childhood professionals suggested that a program to provide early detection of developmental delays and health issues, and parent education to help parents understand their role in encouraging their child's development from the beginning could help improve school readiness and parent involvement.

With funding from the Missouri Department of Elementary and Secondary Education and The Danforth Foundation, Parents as Teachers began in 1981 in Missouri as a pilot project for first-time parents of newborns. Recognizing the program's benefits and cost effectiveness, the Missouri legislature provided state funding in 1985 to implement Parents as Teachers programs in all Missouri school districts. Since 1985, Parents as Teachers has expanded to all 50 states and six other countries.

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Bernie PAT February Student of the Month - Daemeon Houk

FEBRUARY 06TH 2017 BY DEE LOFLIN

Bernie PAT February Student of the Month - Daemeon Houk

Bernie, Missouri - The Bernie Parents as Teachers Student of the Month for February 2017 is Daemeon Houk.

He is the son of Michael and Alicia Houk.

Daemeon Shane is two years old and loves to play with cars and tractors. He impresses his mommy with his ever growing vocabulary, as he is quite the mockingbird.

He absolutely loves Mrs. McGarity and his favorite part of the family's PAT visits is getting a new toothbrush.

His baby sister Miki Jayne is also a February Student of the Month. She has a separate article.

If you would like to know more about Parents as Teachers contact Courtney McGarity or Casey Arnold at 573-293-5335, ext 293 or find them on Facebook by clicking **HERE**.

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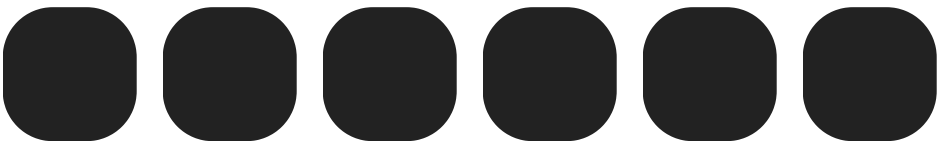
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Stoddard County Nutrition Center Menu

FEBRUARY 02ND 2017 BY DEE LOFLIN

Stoddard County Nutrition Center Menu

Dexter, Missouri - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, February 6, 2017 - Friday, February 10, 2017.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Monday, February 6th: Pork chop, baked sweet potato, green beans, whole grain crackers, and chocolate chip cookie bar. Activities are "You Be the Judge" at 11 a.m. and BINGO at 1 p.m.

Tuesday, February 7th: Chicken & Dumplings, corn, spinach, whole grain bread, and cherry cobbler. Activities are "Sit & Motion Singing" at 11 a.m. and BINGO at 1 p.m.

Wednesday, February 8th: Chef salad with peas, half grilled cheese sandwich, whole grain crackers, and cinnamon roll pizza. Activities are "Chair BINGO" at 11 a.m. and Music Group at Noon.

Thursday, February 9th: Meatloaf, mashed potatoes, baby carrots, whole grain roll, and chess pie. Activities are "Toss 'N Talk" at 11 a.m. and "Quick Cooking" at 1 p.m.

Friday, February 10th: Sliced ham, catfish, whole grain mac & cheese, green peas, whole grain cornbread, and peaches 'n cream pie. Activities are "Card Play" at 10:30 a.m. and BINGO at 1 p.m.

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