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Coach Goltra's Weightlifting Class Competes at Scott City

FEBRUARY 06TH 2017 BY DEE LOFLIN

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Scott City, Missouri - Coach Goltra's Weightlifting Class participated in the Scott City Weight Lifting Meet on Thursday, February 2, 2017.

"This may be the first time ever at least in recent history that the athletes have participated in such an event," stated Coach Kevin Goltra. "Great job by the Bearcat Weightlifters tonight!"

"They took 1st in the freshmen/sophomore division and competed very well in the junior/senior division."

In total 15 gold medal, 9 silver medals, and 13 bronze medals were earned by the Bearcats! They also set 2 meet records and tied a 3rd.

"I am extremely proud of these kids," stated Goltra. "Their hard work in class is really beginning to pay off."

The following high schools competed: Charleston, Scott City, Dexter, Malden, Fredericktown, and Perryville.

Results for Dexter:

1st Place

Jacob Bird - Power Clean

Hunter Lawrence - Bench

Hunter Lawrence - Dead Lift

Hunter Lawrence - Squat

Caleb Hoggard - Power Clean

Dalton Warren - Push Press

Corbin Strong - Bench

Corbin Strong - Power Clean

Corbin Strong - Push Press (New Record)

A.J. Garrett - Bench

Trenten Dean - Power Clean

Nick Trout - Push Press

Trenton Willis - Squat

Blake Palmer - Bench (New Record)

2nd Place: Jacob Bird, Caleb Hogard, Luke Boyer, and Nick Trout in Bench; Caleb Hogard in Dead Lift; Caleb Hogard, Trenten Dean, and Blake Palmer in Squat, A.J. Garrett in Push Press.

<u>3rd Place:</u> Jacob Bird, Jake Harris, and Payton Tinnin in Squat; Jett Featherston and Trevor McDonald in Bench; Jett Featherson and Trevor McDonald in Dead Lift; Hunter Lawrence, Trenten Dean and Spencer Owens in Push Press; Brock Simmons, Payton Tinning and Spencer Owens in Power Clean.

Senior Division Weight Class Up to 140 lbs, 141 - 165 lbs, 166 - 190 lbs, 191 -215 lbs and 216 and Above held events in Bench, Power Clean, Dead Lift, Push Press, and Squat.

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