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Bootheel Recycling Price Sheet - Still Beautiful Weather, Time to Recycle

NOVEMBER 03RD 2016 BY DEE LOFLIN

Bootheel Recycling Price Sheet - Still Beautiful Weather, Time to Recycle

Dexter, Missouri - "Bootheel Recycling is a Missouri scrap metal recycling company whose customer base includes regional utility companies, large manufacturing businesses, tool and die shops, local Dexter scrap dealers, haulers, farmers and individuals across Southeast Missouri and Arkansas."

"We comply vigilantly with the laws set forth by OSHA, EPA, federal and Missouri. Our scrap metal recycling policies are honest and transparent. Our scales are certified yearly and calibrated twice a year. We belong to the Chamber of Commerce and the Institute of Scrap Recycling Industries. We are OSHA 10 certified. We have the highest graded material in the industry."

"We buy most forms of ferrous and non-ferrous metals, including copper, aluminum, stainless steel, brass, scrap iron, radiators and catalytic converters. Please consult our Scrap Metal Selling Guide to find out more about how to sell scrap metal, and how to get the most money for your scrap metal. The best indication of our success is our loyal customer base. We are nice people with good business practices. We have a very high level of return business, and our new customers often come to us by way of referral."

"Our friendly customer service staff will ensure that your recycling experience is simple and hassle-free. Our modern and streamlined processing system allows us to offer competitive prices. Please contact us today if you would like to inquire about our services."

Check out their website by clicking **[HERE](#)**.

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U.S. 60 in Stoddard County One Lane

NOVEMBER 03RD 2016 BY DEE LOFLIN

[U.S. 60 in Stoddard County One Lane](#)

U.S. 60 in Stoddard County Reduced for Pavement Repairs

U.S. 60 eastbound in Stoddard County will be reduced to one lane as Missouri Department of Transportation crews perform pavement repairs.

This section of roadway is located from 1 Mile Road to Route 25.

Weather permitting, work will take place Monday, Nov. 7 through Friday, Nov. 11 from 7 a.m. to 3:30 p.m. daily.

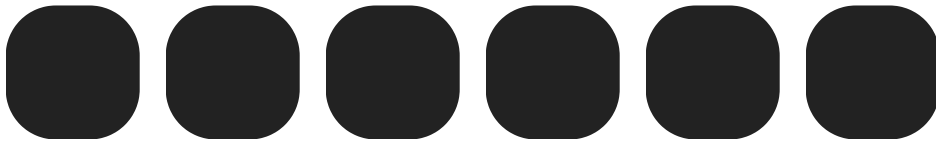
The work zone will be marked with signs. Motorists are urged to use extreme caution while traveling near the area.

For additional information, contact MoDOT's Customer Service Center toll-free at 1-888-ASK-MODOT (1-888-275-6636) or visit www.modot.org/southeast.

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MO Route 25 in Stoddard County Reduced to One Lane

MO Route 25 in Stoddard County Reduced to One Lane

Missouri Route 25 in Stoddard County Reduced for Pavement Repairs

Route 25 in Stoddard County will be reduced to one lane as Missouri Department of Transportation crews perform pavement repairs.

This section of roadway is located from Hunts Road to North Drake Street.

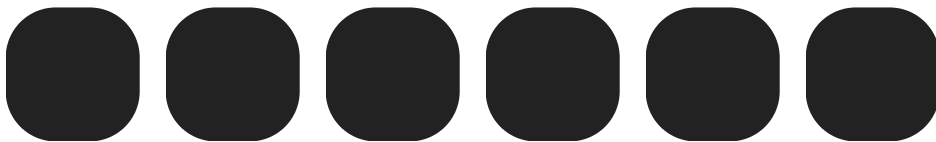
Weather permitting, work will take place Monday, Oct. 31 and Tuesday, Nov. 1 from 7 a.m. to 5 p.m. daily.

The work zone will be marked with signs. Motorists are urged to use extreme caution while traveling near the area.

For additional information, contact MoDOT’s Customer Service Center toll-free at 1-888-ASK-MODOT (1-888-275-6636) or visit www.modot.org/southeast.

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MDC Says Southeast Missouri Fall Colors Are Peaking

OCTOBER 30TH 2016 BY DEE LOFLIN

MDC Says Southeast Missouri Fall Colors Are Peaking

Warm weather has subdued colors, but there are pockets of splendor to enjoy.

Cape Girardeau, Missouri - The Missouri Department of Conservation (MDC) says fall is at last in full splendor in southeast Missouri. White oaks, including post oaks, are moving to their russet colored leaves as the green is disappearing. Red oaks, including pin oak, shumard oak, and northern red oak also exhibit spectacles of auburn. Hickories continue their move, transforming into gold and flaxen qualities.

Jennifer Behnken, MDC's community forester for the southeast region, says the region's fall color has been delayed and subdued as compared to other years, due to warmer than usual temperatures. That doesn't mean there aren't views to enjoy though. Behnken recommends several routes in southeast Missouri that offer beautiful autumn-painted vistas and country scenes.

"I suggest Highway 21, especially in the Ironton and Arcadia Valley area for some pretty scenes," Behnken said, adding a recommendation for driving views along Highways 67, 32, 25, 21, 72, and 49.

"Places on the must see list include Buford Mountain Conservation Area, Hughes Mountain Natural Area, Johnson Shut Ins State Park, Taum Sauk State Park, and Elephant Rocks State Park," Behnken said.

In these areas, various species of trees add different colors to the scene. Eastern hophornbeam tints the forest mid-story with creamy yellow shades. Sumacs, dogwoods, and sassafras add ruby and pomegranate grandeur to accompany the tones of blonde. Silver maple trees join the group, some exhibiting lemony colors while others are ablaze in cherry. Sugar maples complete the color wheel, decorating the landscape in brilliance and beauty.

Behnken added that she's noticed persimmon trees across the region are loaded with fruits and the area's had a good overall crop of walnuts, hickories and acorns.

“Watch your footing as you enjoy a stroll through the neighborhoods, parks and conservation areas,” she cautioned. “Acorns, hickory nuts, and walnuts on the ground may require maneuvering adjustments to deter any accidental stumbles.”

Fall is a good time for actions other than enjoying the show, Behnken added.

“This is a great time for plantings,” she said. “I think fall planting is a bit better, since trees are entering dormancy and can focus growth on the roots instead of the leaves.”

But she cautioned fall planters to not forget to continue watering new plantings until the first frost sets in.

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Union Pacific Living Legend
Arriving in Bloomfield and Dexter

Interstate 55 in Cape Girardeau
County Closed for Utility Repairs

Yard Sale Friday and Saturday

City of Dexter Striping One Mile Road

Yard Sale Friday and Saturday

City of Dexter Striping One Mile
Road

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Heart Hospital Recognized Nationally

OCTOBER 30TH 2016 BY DEE LOFLIN

Heart Hospital Recognized Nationally

HEART HOSPITAL RECOGNIZED NATIONALLY FOR FIFTH CONSECUTIVE YEAR

Cape Girardeau, Missouri - Saint Francis Healthcare System's Heart Hospital is among the best in the nation for treating patients who have had a heart attack. Saint Francis received the ACTION Registry-Get With The Guidelines Platinum Performance Achievement Award from the American College of Cardiology NCDR ACTION Registry®-GWTG™ for the fifth consecutive year. Saint Francis Medical Center is one of only 223 hospitals nationwide to receive the honor in 2016.

In order to receive the award, Saint Francis met rigorous standards of treatment for eight consecutive quarters, scoring 90 percent or better. "The standards are meant to guide hospitals both in treating heart attack patients and in working with them to prevent another incident," says interventional cardiologist Duc T. Nguyen, DO, at Saint Francis Medical Center.

The Centers for Disease Control and Prevention (CDC) estimates that more than 700,000 Americans suffer from a heart attack each year. This Platinum Performance Achievement Award recognizes hospitals that have consistently saved lives and improved outcomes in heart attack patients.

“Simply put, we are saving more lives and improving more outcomes for the heart attack patients we see, and that’s good news for hearts in the communities we serve,” says Steven C. Bjelich, FACHE-D, President and Chief Executive Officer of Saint Francis Healthcare System.

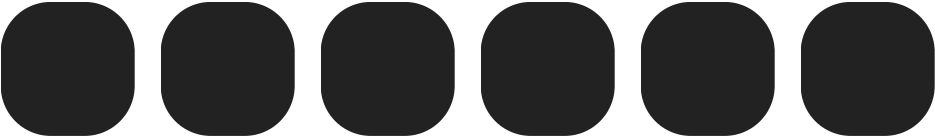
To learn more about this Heart Hospital honor, call 573-331-3996 or visit sfmc.net.

Saint Francis Medical Center is a 308-bed facility serving more than 713,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis’ major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region’s first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center; Cancer Institute; and Fitness Plus.

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