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# Cape Nature Center Will Give Tips on Deer Processing

SEPTEMBER 29TH 2016 BY DEE LOFLIN

## Cape Nature Center Will Give Tips on Deer Processing

**Cape Girardeau, Missouri** - Once a hunter has bagged a deer, the work is only half over. How to field dress it, skin it, process the meat and store it for future tasty meals are skills hunters need to know. The Cape Girardeau Conservation Nature Center's Field to Freezer program, Saturday, Oct. 8, from 10 a.m. to noon will help hunters learn how to process their own deer.

Attendees will learn how to field dress and properly care for their harvested deer and how to process the venison for freezer storage at this free program. Regulations and supplies needed for processing deer meat will also be discussed.

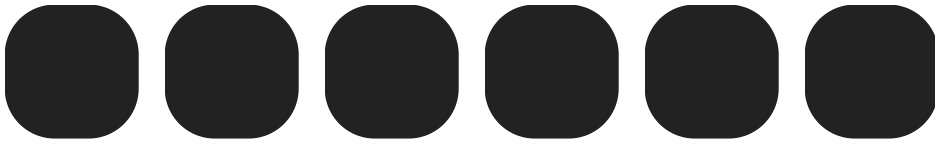
Pre-registration is required because space is limited. This program is for ages 16 and up. To register, call the nature center at (573)290-5218.

Information about deer and deer hunting in Missouri can be found at [mdc.mo.gov/hunting](http://mdc.mo.gov/hunting). Information about this and other nature programs at the Cape Girardeau Conservation Nature Center can be found at [mdc.mo.gov/CapeNatureCenter](http://mdc.mo.gov/CapeNatureCenter).

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# St. Francis Adds Pain Management Specialist

SEPTEMBER 28TH 2016 BY DEE LOFLIN

## St. Francis Adds Pain Management Specialist

**Cape Girardeau, Missouri** - Saint Francis Healthcare System is pleased to welcome pain management specialist and new Saint Francis Medical Partner Robert Bowers, MD. He joins two other pain management specialists at the Pain Management Center.

Dr. Bowers earned his medical degree from the University of Cincinnati College of Medicine in Cincinnati, Ohio, and later completed an anesthesiology residency and a pain management fellowship at Mount Sinai St. Luke's Roosevelt Hospital Center in New York City. His primary clinical interests include chronic pain and interventional procedures, including low back and neck pain and Complex Regional Pain Syndrome (CRPS).

“Dr. Bowers comes to Saint Francis with a wealth of advanced pain management expertise,” says Steven C. Bjelich, FACHE-D, President and Chief Executive Officer of Saint Francis Healthcare System. “His knowledge will prove to be incredibly beneficial to residents in the region who need the latest pain management tools.”

To learn more about Dr. Bowers or the Pain Management Center, visit [sfmc.net](http://sfmc.net) or call 573-331-3996.

Saint Francis Medical Center is a 289-bed facility serving more than 713,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis’ major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region’s first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center; Cancer Institute; and Fitness Plus.

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## Bootheel Recycling Price Sheet for September 26th

SEPTEMBER 26TH 2016 BY DEE LOFLIN

### Bootheel Recycling Price Sheet for September 26th

**Dexter, Missouri** - "Bootheel Recycling is a Missouri scrap metal recycling company whose customer base includes regional utility companies, large manufacturing businesses, tool and die shops, local Dexter scrap dealers, haulers, farmers and individuals across Southeast Missouri and Arkansas."

"We comply vigilantly with the laws set forth by OSHA, EPA, federal and Missouri. Our scrap metal recycling policies are honest and transparent. Our scales are certified yearly and calibrated twice a year. We belong to the Chamber of Commerce and the Institute of Scrap Recycling Industries. We are OSHA 10 certified. We have the highest graded material in the industry."

"We buy most forms of ferrous and non-ferrous metals, including copper, aluminum, stainless steel, brass, scrap iron, radiators and catalytic converters. Please consult our Scrap Metal Selling Guide to find out more about how to sell scrap metal, and how to get the most money for your scrap metal. The best indication of our success is our loyal customer base. We are nice people with good business practices. We have a very high level of return business, and our new customers often come to us by way of referral."

"Our friendly customer service staff will ensure that your recycling experience is simple and hassle-free. Our modern and streamlined processing system allows us to offer competitive prices. Please contact us today if you would like to inquire about our services."

Check out their website by clicking **HERE**.

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## Roadwork Begins on Bain St. in Dexter

SEPTEMBER 26TH 2016 BY DEE LOFLIN

### Roadwork Begins on Bain St. in Dexter

**Dexter, Missouri** - The City of Dexter is paving Bain St. from One Mile Road to Sassafras Street on Tuesday, September 26th beginning at 7:00 a.m.

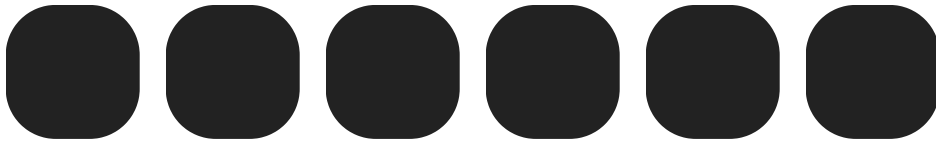
Bain Street will be closed for the entire day so please take an alternate route.

"We will begin at 7:00 a.m.," stated city administrator Mark Stidham. "Not sure how long, but prepare for the entire day for the road to be closed."

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# Dexter PD Releases Results of Child Restraint Checks

SEPTEMBER 26TH 2016 BY DEE LOFLIN

[Dexter PD Releases Results of Child Restraint Checks](#)

## **Dexter Police Department Releases Results of Child Restraint Checks Campaign Reminds Motorists to Boost and Buckle Kids Under 8**

Dexter, Missouri - The Dexter Police Department participated in the Child Passenger Safety (CPS) Week Law Enforcement Campaign conducted September 18-24, 2016.

During the enforcement effort, officers issued a total of 13 traffic tickets including: 7 speeding tickets; 3 seat belt tickets: 1 stop sign violation ticket: 1 no operator license ticket and 1 uninsured motorist ticket. 2 warrant arrests were made as a result of the crackdown. Officers also issued 36 hazardous moving violation warnings and 35 non hazardous moving violation warnings.

There were a total of 75 traffic stops conducted during this campaign.

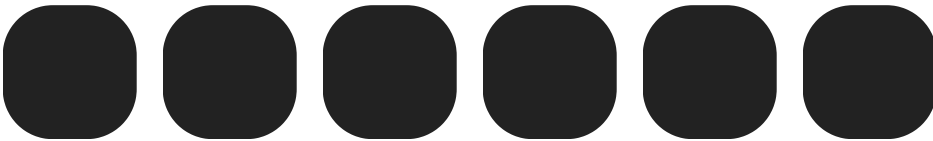
Missouri law requires all children under the age of eight to be in an appropriate child safety seat or booster seat unless they are 80 lbs or 4'9" tall. "It's so important for parents and caregivers to understand the importance of child restraints," said Lieutenant Benton.

"It's not just about following the law – child restraints help prevent serious injury and may even save your child's life." Funding for this effort was provided through a grant from the Missouri Department of Transportation's Traffic & Highway Safety Division in cooperation with the National Highway Traffic Safety Administration and the Missouri Safety Center.

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