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Stoddard County Nutrition Center Weekly Menu

SEPTEMBER 22ND 2016 BY DEE LOFLIN

Stoddard County Nutrition Center Weekly Menu

Dexter, Missouri - The Stoddard County Nutrition Center aka Dexter Senior Center lunch menu for Monday, September 26th - Friday, September 30, 2016.

The Dexter Senior Center is located at 23 W. Stoddard St. in historic downtown Dexter.

You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

Menu for this week!

Monday, September 26, 2016 - BBQ Riblet, Chicken & Broccoli Casserole, Sweet Potatoes, Corn, Whole Grain Bread, and Mixed Fruit.

Tuesday, September 27, 2016 - Scrambled Eggs, Sausage, Hash Browns, Biscuit & Gravy, and Cherry Delight.

Wednesday, September 28, 2016 - Chicken and rice, Egg Rolls, Carrots, Broccoli Salad, Whole Grain Crackers, Pineapple.

Thursday, September 29, 2016 - Chef Salad with lettuce, ham, egg, cheese, veggies, Pimento Cheese, Whole Grain Bread, Angel Food Cake & Fruit Compote.

Friday, September 30, 2016 - Chicken Sandwich, Sloppy Joe, Oven Baked Sweet Potato Fries, Coleslaw, Bun, Chocolate Pudding w/Oreo Topping.

Activities!

Monday - You Be the Judge 10:30 a.m. Tri-County Hospice, Bingo at 12:30 p.m.

Tuesday - Sit and Motion, Singing at 10:30 a.m. and Bible Trivia at 12:30 p.m.

Wednesday - Activity Chair Bingo at 10:30 a.m.

Thursday - Toss n Talk at 10:30 a.m. and Music Special at 12:30 p.m.

Friday - Name 10 Teampay at 10:30 a.m. and Bingo at 12:30 p.m.

Homebound Clients: Please give them a courtesy call at (573) 624-7234 by 9:00 a.m. to let them know if they do not need to deliver that day. it is very important that they know if you are in the hospital, changing residence or having a nursing home stay.

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Are You Registered to Vote?

SEPTEMBER 22ND 2016 BY DEE LOFLIN

Are You Registered to Vote?

Stoddard County, Missouri - Are you registered to vote for the November 8th election? Be prepared to vote by registering before October 12, 2016.

If you are registered to vote is your name correct? Is your address correct? Notify the County Clerk's office of any name or address change by calling (573) 568-3339 or (573) 568-2174.

You can register to vote at the following:

1. Online at sos.mo.gov
2. The Office of the County Clerk located in Bloomfield, Missouri for Stoddard County residents
3. Any Department of Motor Vehicles office or state agency providing a service to the public (i.e. WIC or Social Services)
4. Your local City Office

"Now is the time to update or register for the November election," commented Joe Watson, Stoddard County Clerk.

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Sign Up for DPR Women's Volleyball and Youth Basketball

SEPTEMBER 18TH 2016 BY DEE LOFLIN

[Sign Up for DPR Women's Volleyball and Youth Basketball](#)

Dexter, Missouri - The deadline to register is fast approaching for the Dexter Parks and Recreation youth basketball and adult volleyball leagues. Deadline is September 22, 2016.

Basketball is open to girls and boys in the third and fourth grades as well as fifth and sixth grades. The registration is \$45 per athlete.

Women's adult volleyball is open to women 18 years and older. The league is open to anyone who meets the age requirement and signs the player agreement form. All teams must obtain and complete a league packet.

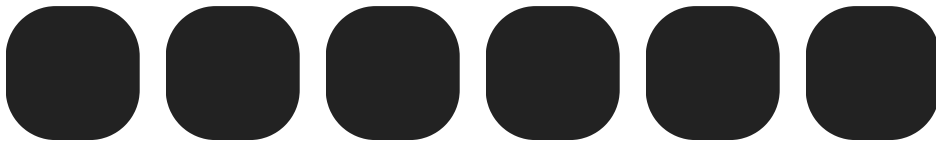
The fee for registration is \$365 per volleyball team. Teams must consist of at least seven players and no more than twelve players.

For more information contact the Dexter Parks and Recreation office at (573) 624-8244 or go to their website at www.dexterparksrec.com

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Former Dexter Man Selected for Board Position

SEPTEMBER 13TH 2016 BY DEE LOFLIN

Former Dexter Man Selected for Board Position

Former Dexter man selected for board position in statewide economic development organization

Former Dexter resident Brian Thompson was recently selected by regional peers to serve on the Missouri Economic Development Council (MEDC) Board of Directors.

MEDC is the authoritative voice on economic development and related issues in Missouri. A statewide, nonprofit association of economic development professionals and community leaders, MEDC has been the unified voice of Missouri economic developers since 1979. Each year, seven different MEDC districts elect district directors to leadership roles to help unite members within their respective boundaries. Thompson was one of two professionals picked to serve MEDC District 6, which covers 26 counties in southwest Missouri.

He is a 1999 graduate of Dexter High School and earned his associate of arts degree in pre-journalism from Three Rivers Community College (TRCC) in Poplar Bluff. He transferred to Arkansas State University in Jonesboro, Ark., where he earned a bachelor's degree in journalism with an emphasis in public relations in 2003. He is currently the president/chief executive officer of Lebanon Regional Economic Development, Inc. (Lebanon-REDI).

“It is an honor to be chosen to a district leadership position within MEDC District 6,” said Thompson. “The opportunity to network with peers within the economic development realm is critical to becoming a successful professional for both my community and the state of Missouri as a whole.”

MEDC drives economic growth through program initiatives and alliances with other economic development entities. This collaboration gives MEDC members access to industry-leading professional development, public policy, legislation and marketing communications programs. Whether working independently or in cooperation with partners, MEDC, its members and professional staff are effective, efficient and reliable.

Thompson is the son of Jimmy and Thelma Thompson of Dexter.

For more information on MEDC, visit www.showme.org. Additional information on Lebanon-REDI can be found at www.LebanonREDI.com.

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Dexter PD Releases Info on Labor Day Crackdown

SEPTEMBER 06TH 2016 BY DEE LOFLIN

[Dexter PD Releases Info on Labor Day Crackdown](#)

Dexter Police Department's August/Labor Day Crackdown DWI Enforcement Crackdown

'Drive Sober or Get Pulled Over' Enforcement Campaign a Success

Dexter, Missouri - Declaring Dexter's participation in the national August/Labor Day Holiday Crackdown "Drive Sober or Get Pulled Over" substance-impaired driving crackdown a major success, Dexter Police report that 1 substance-impaired driving arrests and 33 citations were made during the enforcement period, which ran from August 19-September 5, 2016. Dexter Officer's conducted 63 traffic stops during this campaign.

"I am proud of our Officer's for their hard work and dedication to making our region's roadways safer," said Lieutenant Benton. "Substance-impaired driving is more than a reckless choice by a few individuals," he said. "Each year, substance-impaired driving costs the lives of thousands on America's highways.

Preliminary data shows in 2015, there were 196 fatalities and 663 serious injuries that involved at least one substance-impaired driver. That equates to one substance-impaired driving fatality every 1-3/4 days.

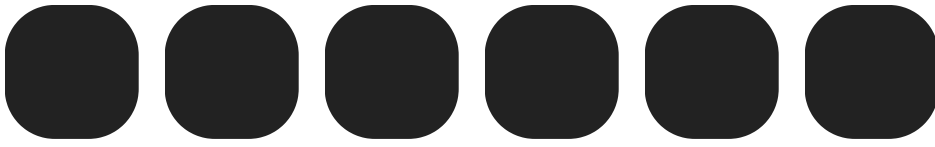
During the holiday August 21 – September 7, 2015, five (5) people were killed and fifty-three (53) seriously injured which involved at least one substance-impaired driver. Dexter Police Department joined forces with the National Highway Traffic Safety Administration and nearly 10,000 law enforcement agencies across the country in this year's "Drive Sober or Get Pulled Over" campaign.

For more information, visit the "Drive Sober or Get Pulled Over" Campaign headquarters at www.TrafficSafetyMarketing.gov, or www.saveMOLives.com.

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