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Blood Drive at Bloomfield High School

SEPTEMBER 12TH 2016 BY DEE LOFLIN

Blood Drive at Bloomfield High School

Help prepare the blood supply this National Preparedness Month

Bloomfield, Missouri - During National Preparedness Month in September, the American Red Cross encourages eligible donors to give blood to help ensure a readily available blood supply for emergencies. Bloomfield High School will have a blood drive from 9:00 a.m. - 2:00 p.m. on Wednesday, September 14th.

Whether blood is needed for a chronic condition such as sickle cell disease, a routine surgery, a traumatic accident or a large-scale emergency, it's the blood already on the shelves that helps save lives. Donors of all blood types are needed.

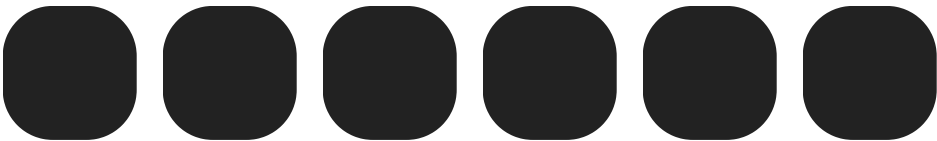
Donations decline around summer holidays like Labor Day. To thank those who come out to give Sept. 2-6, the Red Cross is providing a branded duffel bag, while supplies last.

To make an appointment to give blood, download the Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS (1-800-733-2767). Donors are encouraged to make appointments and complete the RapidPass online health history questionnaire at redcrossblood.org/rapidpass to help reduce wait times.

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SoutheastHEALTH Spotlight - Dr. Cheryll Rich

AUGUST 31ST 2016 BY DEE LOFLIN

SoutheastHEALTH Spotlight - Dr. Cheryll Rich

Dexter, Missouri - SoutheastHEALTH of Stoddard County spotlight shines on Cheryll D. Rich, MD, Primary Care Physician.

Cheryll D. Rich, MD, has joined the medical staff at Southeast Family Medicine of Dexter, seeing patients of all ages.

Dr. Rich received her medical degree and Bachelor of Science degree from the University of Missouri - Kansas City. She completed her residency in family practice at Southern Illinois University - Carbondale Dr. Rich is Board certified in family medicine.

Dr. Rich is located at Southeast Family Medicine of Dexter at Southeast Medical Plaza, 1200 North One Mile Road.

Her office hours are Monday, Wednesday, Thursday, Friday 8 a.m. to 4:30 p.m. Dr. Rich currently welcomes walk-ins.

To make an appointment or for more information, please call 573-624-7575.

New Patients Welcome!

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Free Health Fair at Dexter High School Gym

AUGUST 24TH 2016 BY DEE LOFLIN

Free Health Fair at Dexter High School Gym

Dexter, Missouri - On Thursday, August 25th from 3:00 p.m. - 6:00 p.m. the Dexter Public Schools and the Stoddard County Health Coalition will have a Health/Resource Fair in the High School Gymnasium.

Health Care Professionals, Organizations, and Vendors from the surrounding area will be available to provide resources to the public. Sponsors include SoutheastHEALTH of Stoddard County, Stoddard County Health Coalition, Regional Healthcare Foundation, Jibben Clinic, Parents as Teachers, Stoddard County Public Health Center, and the Dexter Chamber of Commerce.

Free Testing will include Cholesterol (limited number), Blood Sugar, Skin Cancer Screening, Bone Density, BMI (Body Mass Index) and Blood Pressure.

Other Healthcare Resources will be Vision Screening, Hearing Screening, Growth Chart and Development Screenings. Also a Personal Wellness Profile will be available. There will even be demonstrations on Safety, Fitness, and Nutrition.

Participants can register for door prizes, including 4 Cardinal's Tickets in the Redbird Club for August 28, 2016 game.

The Dexter High School Gym is located at 1101 West Grant Street. The public is encouraged to attend!

LAST UPDATED ON AUGUST 24TH 2016 BY DEE LOFLIN

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Kohl's Donates Over \$14,600 to Youth Diabetes Care Network

AUGUST 03RD 2016 BY DEE LOFLIN

Kohl's Donates Over \$14,600 to Youth Diabetes Care Network

Kohl's Department Stores recently donated \$14,683 to SoutheastHEALTH Foundation and Kohl's Youth Diabetes Care Network, a service of the Southeast Diabetes Center.

Kohl's commitment is made possible through Kohl's Cares® merchandise program. Through this initiative, Kohl's sells \$5 children's books and plush toys. All of the net profits from such sales benefit children's health and education programs nationwide.

Kohl's annually donates to the Youth Diabetes Care Network, which aids children in the region who have diabetes. Services include everything from Camp DAY Break (Diabetes And Youth) to diabetes emergency training for school staff in the region. Other services include a grandparent/caregiver workshop for those caring for children with diabetes, medic-alert identification, safe transportation of diabetes supplies, resources for teens with diabetes, public awareness and diabetes prevention education and inpatient diabetes education.

SoutheastHEALTH Foundation Executive Director Patti Ranzini says, "On behalf of SoutheastHEALTH Foundation, I want to thank Kohl's and everyone who purchased an item from the Kohl's Cares program. These donations really do help kids close to home. Camp DAY Break provides a wonderful service to young people with diabetes by combining fun camp activities with meaningful learning experiences that help them learn how to live well with diabetes."

Since 2006, Kohl's has donated more than \$160,000 to the SoutheastHEALTH Foundation and Youth Diabetes Care Network.

Photo: A check for more than \$14,600 was presented to the SoutheastHEALTH Foundation and Kohl's Youth Diabetes Care Network, a service of the Southeast Diabetes Center. Shown in the front row are Camp DAY Break participants Vivian Sharp, Berkley Inman, Carson Shearer and Wyatt Stinnett. In the second row, from left, are Kohl's representatives Denise Ellis, Cara Hahs, Cindy Davis and Russell Brown, SoutheastHEALTH Foundation Executive Director Patti Ranzini, SoutheastHEALTH Diabetes Center Educator Janet Stewart, Mylee Coble and Jacob Neitzel, also Kohl's representatives.

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Welcome Back Dr. Reza Jalal at SoutheastHEALTH

JULY 26TH 2016 BY DEE LOFLIN

Welcome Back Dr. Reza Jalal at SoutheastHEALTH

Dexter, Missouri - SoutheastHEALTH and Southeast Primary Care are pleased to welcome back Reza T. Jalal, MD to the Medical Staff of SoutheastHEALTH of Stoddard County.

He returns to Dexter after having added a valuable 15 months' experience in Hospital Medicine from a tertiary care hospital in St. Louis, Missouri.

Dr. Jalal began his internal medicine practice in Dexter in 1997. He is a highly respected physician with a proven track record and high level of trust among his patients and peers.

In addition to his medical expertise he is recognized by AMDA, the society for post-acute and long-term care medicine, as a Certified Medical Director of nursing homes.

He graduated from medical school at the University of Madras, India and performed his residency at the University of Connecticut in Farmington, CT. He is Board Certified in Internal Medicine and Hospice and Palliative Care.

Dr. Jalal is married to Zulekha S. Jalal, MD, a pediatrician. They have two children, Hamza 17 and Sabriya 14.

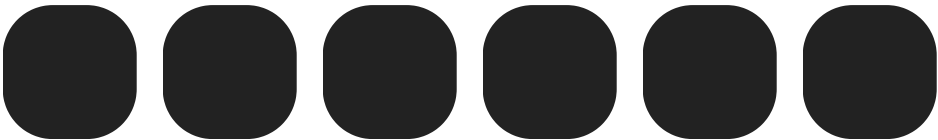
“It is wonderful to be back home and I am looking forward to serving you all again,” Dr. Jalal said.

To make an appointment call (573) 624-7575.

LAST UPDATED ON JULY 26TH 2016 BY DEE LOFLIN

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