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## DMS Cross Country Athletes Earn Medals

SEPTEMBER 08TH 2016 BY DEE LOFLIN

### DMS Cross Country Athletes Earn Medals

**Dexter, Missouri** - The T.S. Hill Middle School Cross Country team competed in their first invitational at Jackson on Tuesday, September 6, 2016.

Five athletes brought home medals!

"The middle school athletes traveled to their first cross country meet on Tuesday at the Jackson Invitational," commented Coach Leonard Morse. "I am really excited about this year's teams and their potential. It should be a great year!"

Diego McCormick placed 22nd in the 7th grade boys division.

Madelyn Haynes placed 14th in the 8th grade girls division.

Andrew Ellinghouse placed 7th, Carter Dorton placed 9th, and Gavin Cartwright finished 14th in the 8th grade boys division.

The 8th Grade Boys Team finished 3rd, two points behind second place Jackson.

The T.S. Hill Middle School boys and girls cross country team will travel to the Arcadia Valley Invitational on Saturday, September 10th.

### T.S. Hill Middle School 2016 Cross Country Schedule

September 6th at Jackson Invitational 4:00 p.m.

September 10th at Arcadia Valley Invitational 9:30 a.m.

September 21st at Van Buren Invitational 4:00 p.m.

September 27th at Bloomfield (SCAA Quad) 4:00 p.m.

October 1st at Notre Dame Invitational 9:30 a.m.

October 6th at Jackson (Saxony/Chaffee Invitational) 4:00 p.m.

October 13th at HOME (SEMO Conference) 4:30 p.m.

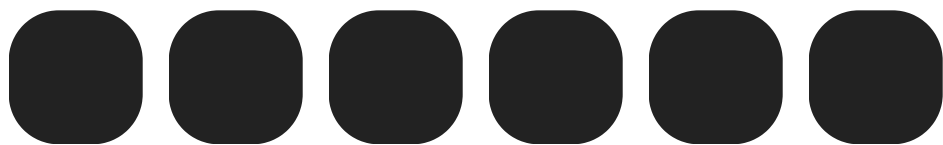
October 15th at Farmington Invitational 11:00 a.m.

October 22nd at HOME Dexter Invitational 11:00 a.m.

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## DHS Cross Country Enters Season with High Expectations

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## DHS Cross Country Enters Season with High Expectations

**Dexter, Missouri** - Dexter High School Cross Country team is already off to a great start to the new season. Head Coach Leonard Morse is confident their season will be filled with medals.

"I have three seniors this year who are returning, Weston Avery, Caleb Bess, and Trenten Dean," stated Morse. "Nick Phillips has taken over as team manager after developing some knee problems. They are also joined by newcomer Dalton Green, who is preparing for his senior wrestling season as well."

The junior class is well represented with experience with Dylan Long, Sean Rybolt, and Emily Ladd. "They form a significant part of the core of the squad," Morse said of his returning junior. "We have also added several new faces in the junior class this year that include Blake Bolin, Austin Chesser, Nate Drivas, Lucas Goodrich, Dawson Kastings, Jonni Hill, and Shelby Smith."

The sophomore class has two new faces in Justin Kenley and Coby Powers. Both are runners in spring track.

The freshman class includes Cole Barker, Carson Bell, Trey Johnson, Ethan Kirkley, and Margo Nea, and Barker, Bell.

The CC Bearcats' squad only has four girls: Emily, Jonni, Shelby, and Margo. "With only four we will be unable to compete for team titles at most of our meets as a team of five is required for a team score," continued Morse. "Emily and Margo should be contenders at just about every meet we run. However, they should be helped next year with this year's eighth grade girls."

"My freshman class should be competitive. They enjoyed great success last year in middle school and I think that will carry through to this year. I expect solid contributions from this group."

"We are a much more solid team this year. There is a different vibe with this team. Several of our new faces will bring a more competitive edge to the team. Kastings, Kenley, and Powers are proving to be solid runners who are very competitive. They are having a positive impact on the team and helping to get more from Dean, Long, Rybolt, and Ladd. The team works well together, and so far, has shown to be quite cohesive. The veteran runners are running well with the newbies," continued Morse.

Dexter will compete in the Class 3, District 1 against Desoto, Doniphan, Festus, Herculaneum, Kennett, North County, Notre Dame, Perryville, Potosi, Ste. Genevieve, and Imperial.

"This summer the classes in cross country were tweaked," stated Morse. "That tweaking has resulted in Herculaneum, a Class 2 powerhouse, being added to our already tough, tough district. The District also adds new squads from Perryville and Kennett this year. These three replace Affton, Bayless, and Lutheran South, which were shifted to District 2. District 1 still has the power schools of Festus, Cape Notre Dame, Potosi, and Ste. Genevieve."

"If we are to make it to state we will definitely have to earn it. Our District boasts some of the best schools in the state, at any classification."

### **2016 Varsity Cross Country Schedule**

8/27/2016	at Jackson
9/10/2016	at Arcadia Valley
9/17/2016	at Maryville University (St. Louis, MO)
9/21/2016	at Van Buren
10/1/2016	at Notre Dame (Cape Girardeau)
10/6/2016	Saxony Lutheran Neutral Site:Jackson, MO
10/10/2016	at SCAA Quad (Bloomfield, MO)
10/13/2016	SEMO Conference (Dexter, MO)
10/15/2016	at Farmington
10/22/2016	Dexter

The Dexter meet includes many of the smaller schools around Southeast Missouri. Dexter, Doniphan, and Kennett are the only Class 3 schools in the meet. Most of the Class 3 schools are father north. So far, Advance, Bloomfield, Crystal City, Delta, Doniphan, East Carter, Kelly, Kennett, Leopold, Meadow Heights, Richland, Woodland, and Zalma have added the Dexter meet to their schedule.

"If all goes well, we will also be running in the inaugural SCAA Cross Country Meet that will be hosted by Bloomfield. Advance, Bloomfield, Dexter, and Woodland will be joined by first year program, Richland," Morse said. "That gives us five of the SCAA teams with cross country. Two years ago, we only had three. Cross country is growing throughout the region, which will only make competitions better."

Shown in the photo are Cross Country seniors - Weston Avery, Trenten Dean, Caleb Bess, and Nick Phillips.

"This year's team has come into the season with a more upbeat attitude than in the past. The team is competing well against itself. I am looking forward to a more competitive season at our high school level," Morse said of his 2016 competitors.

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## Deer and Turkey Regulation Changes for Fall

SEPTEMBER 07TH 2016 BY DEE LOFLIN

[Deer and Turkey Regulation Changes for Fall](#)

The Missouri Department of Conservation (MDC) reminds deer and turkey hunters of regulation changes that apply to hunting this fall.

\* Crossbows have been added as a legal method during archery deer and turkey seasons and also during the fall firearms turkey season. As a result, MDC has removed the “hunting method exemption” requirement for hunters to use crossbows during the archery deer season. The regulation change will provide additional hunting opportunities for young hunters and help prolong hunting activities for older participants.

\* To offer additional hunting opportunities for youths, MDC has expanded the late youth portion of the fall firearms deer season from two to three days and moved it earlier in the season. It will now start on the first Friday after Thanksgiving instead of in early January.

\* MDC has reduced the length of the deer-hunting antlerless portion from 12 to three days and it now begins on the first Friday in December.

\* The Department has eliminated the urban-zones portion of the firearms deer season and has moved the areas under statewide regulations.

According to MDC, there were so few deer harvested during this portion that it proved unnecessary.

\* To help protect young bucks and increase the number of mature bucks, the harvest limit of antlered deer has been reduced from three to two during the combined archery and firearms deer hunting season. Only one antlered deer may be taken during the firearms deer hunting season, and only one antlered deer may be taken prior to the November portion of the firearms deer season.

\* Hunters who harvest deer during the opening weekend of the fall firearms November portion (Nov. 12 and 13) in any of the 29 counties of the Department’s Chronic Wasting Disease (CWD) Management Zone in northeast, central, and east-central Missouri are required to present their deer for CWD sample collection on the day of harvest at one of 75 MDC CWD sampling locations throughout the 29 counties. Hunters also have the option of presenting just the deer head with about six inches of neck attached. Sampling locations will be open from 7:30 a.m. through 8 p.m. The 29 counties of the CWD Management Zone are: Adair, Boone, Callaway, Carroll, Chariton, Cole, Cooper, Crawford, Franklin, Gasconade, Jefferson, Knox, Linn, Livingston, Macon, Miller, Moniteau, Morgan, Osage, Putnam, Randolph, St. Charles, St. Louis, Schuyler, Scotland, Shelby, Sullivan, Warren, and Washington.

#### **\*FALL DEER AND TURKEY HUNTING DATES\***

\* Archery Deer and Turkey: Sept. 15 - Nov. 11 and Nov. 23 - Jan. 15, 2017

\* Firearms Turkey: Oct. 1 - 31

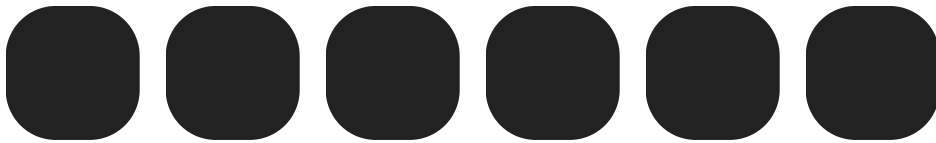
- \* Firearms Deer Early Youth Portion: Oct. 29 and 30
- \* Firearms Deer November Portion: Nov. 12 - 22
- \* Firearms Deer Late Youth Portion: Nov. 25 - 27
- \* Firearms Deer Antlerless Portion: Dec. 2 - 4
- \* Firearms Deer Alternative Methods Portion: Dec. 24 - Jan. 3, 2017

\*Get more information from MDC's "2016 Fall Dee

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## Southeast MO Youth Waterfowl Clinic Set for October 1st

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SEPTEMBER 07TH 2016 BY DEE LOFLIN

## Southeast MO Youth Waterfowl Clinic Set for October 1st

**Puxico, Missouri** - The Missouri Department of Conservation (MDC) is giving youth hunters a chance to learn all of the skills needed to try waterfowl hunting. The free clinic is scheduled for Oct. 1, beginning at 7:30 a.m. at Duck Creek Conservation Area (CA) on Highway 51 north of Puxico.

“This is a very hands-on course and is an environment where anyone can learn, even if they’ve never fired a gun before,” said Dee Dee Dockins, MDC’s southeast region outdoor skills specialist.

The hands-on clinic will cover wing shooting, waterfowl hunting techniques, distance estimation, waterfowl identification, bird retrieval, ammunition selection and much more. After participants complete the clinic, they will be eligible for a waterfowl hunt during the regular season at their choice of Southeast Missouri waterfowl areas. No prior hunting experience is required and equipment will be provided if needed.

"The target shooting and one-on-one instruction is really helpful," said Will Leonard of Sikeston. Leonard is a graduate of the course and a new waterfowl hunter.

After a short presentation about waterfowl hunting, experts lead the group in a field trip to acquire the skills needed for their upcoming waterfowl hunt. Participants and mentors will then enjoy a lunch of various waterfowl.

The event is free to participants but requires pre-registration and a \$25 deposit that will be refunded the day of the event. Applicants must be 11 to 15 years of age and must have an adult guardian attend with them. Participants must also be Hunter Education certified before the day of the event. For more information or to sign up for the 2016 Youth Waterfowl Clinic, call the MDC’s Southeast Regional Office at (573) 290-5730.

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## UCAN Golf Charity Tournament Slated for September 30th

SEPTEMBER 06TH 2016 BY DEE LOFLIN

### UCAN Golf Charity Tournament Slated for September 30th

**Bloomfield, Missouri** - The annual UCAN 4-Person Golf Tournament will be held on Friday, September 30th with a shotgun start at 1:00 p.m. Lunch will be served from 11:00 a.m. - 1:00 p.m.

All proceeds benefit UCAN - the area's first non-profit organization formed for the singular purpose of assisting area cancer patients.

The tournament will be held at Crowley's Ridge Country Club in Bloomfield.

The entree fee per golfer is \$60 or \$240 for a team of four. Cart is not included. Lunch, snacks, and beverages are provided. There will be a 50/50 raffle, hole prizes, and more. Skins games are \$20 per team and Mulligans are \$5.00 per player.

Entry forms are available at First Midwest Bank in Dexter. Contact Kim Sifford at (573) 624-3571 or Janice Nichols at (573) 624-5525 for forms. If you would like to be a Hole Sponsor the cost is \$100. Mail in your registration fees to First Midwest Bank of Dexter, P.O. Box 158, Dexter, MO 63841.

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