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## Support Mother-to-Mother Program at 1st Thursday

JULY 05TH 2016 BY DEE LOFLIN

### Support Mother-to-Mother Program at 1st Thursday

**Dexter, Missouri** - Please join Regional Healthcare Foundation at their 1st Thursday on July 7th.

This Thursday, July 7th located at 529 North Walnut, Dexter, Missouri, 9:00 a.m. to 5:00 p.m. with proceeds going to support their Mother-to-Mother Program. Your wonderful donation for gently used items will make a difference in a young mother's life.

If you would like to donate rather than shop, please consider your gently used items for others to purchase. You may drop off your items at their office on Grant Street or contact Linda Ulm at (573) 624-0365 and she can schedule a time to meet with you.

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# EZ Portable Buildings to Host Open House

JUNE 29TH 2016 BY DEE LOFLIN

## EZ Portable Buildings to Host Open House

**Dexter, Missouri** - EZ Portable Buildings will host an Open House beginning at 11 a.m. on Thursday, June 30th. The Dexter Chamber will have a Ribbon Cutting at 1:00 p.m.

EZ Portable Building representative will be on hand to answer all of your questions or help custom design your building. Come out and enjoy delicious hotdogs on the grill with chips and refreshments. EZ Portable Buildings is located at 1503 W. Business Hwy 60 next to TropicalSno.

A Kinder, an Outdoor Mosquito Repellent Lantern, and baskets of goodies from Always Tan and Pink Zebra Candles will be raffled. Tickets are \$1.00 each or 6 for \$5.00 and the drawing will be at 3 p.m. on Thursday.

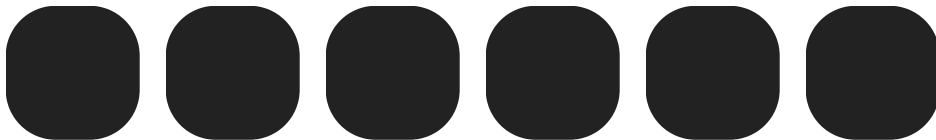
Tours will be provided for all of the buildings as well as great door prizes.

For more information contact Carole Sims at (573) 624 - 3203.

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## Keller Library Summer Program with Carrillo's Martial Arts

JUNE 27TH 2016 BY DEE LOFLIN

### Keller Library Summer Program with Carrillo's Martial Arts

**Dexter, Missouri** - More than 170 children and adults packed the library on Wednesday to see Ray Carrillo of Carrillo's Martial Arts Studio demonstrated self-defense moves at the Summer Reading Program, "On Your Mark, Get Set, Read!"

Several defense techniques were demonstrated for children of all ages and could be put to good use by adults as well. Carrillo would show the most common way of trying to get away from a potential kidnapper, then he would have his students demonstrate the "self-defense" way. Students had a wonderful time learning while they watched his students demonstrate.

Carrillo's Martial Arts Studio is located at 16 S. Walnut Street in Dexter. You can also check out their website by clicking [HERE](#) or their [Facebook page](#).

On Wednesday, June 29th "Nature's Olympians" will be presented by Animal Tales at 11:00 a.m.

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## Dexter Senior Center Weekly Menu

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JUNE 26TH 2016 BY DEE LOFLIN

### Dexter Senior Center Weekly Menu

**Dexter, Missouri** - Want a delicious meal at a great price? Head to the Dexter Senior Center located at 23 W. Stoddard St. in historic downtown Dexter. You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

This week's menu for Monday, June 27th - Friday, July 1st.

Monday, June 27th - Chopped steak with mushrooms & onions, breaded chicken livers, mashed potatoes, California blend vegetables, whole grain bread and peaches.

Tuesday, June 28th - Scrambled eggs, sausage, hash browns, biscuit & gravy and citrus salad.

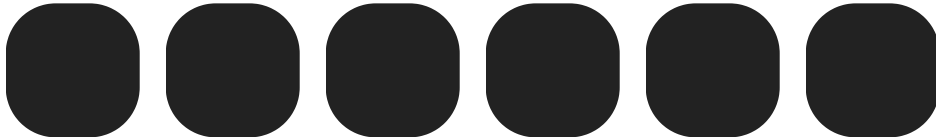
Wednesday, June 29th - Sub sandwich, chicken sandwich, corn nuggets, potato salad, bun/bread and gooey butter cake.

Thursday, June 30th - Chicken & dressing, ham, yams, green beans, bread and pineapple upside down cake.

Friday, July 1st - Chicken strips, catfish, baked beans, cole slaw, whole grain bread, and a cookie.

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## Stoddard County Ambulance District to Host Life Safety Summer Program

JUNE 20TH 2016 BY DEE LOFLIN

**Stoddard County Ambulance District to Host Life Safety Summer Program**

**Dexter, Missouri** - The Stoddard County Ambulance District will be hosting a week long summer program Life Safety - Monday, July 11th - Friday, July 15th for children who have completed Kindergarten - 5th grade.

There will be two sessions. Morning session will be 9:30 a.m. - 11:00 a.m. for kindergarten - 3rd grade. The afternoon session will be from 1:30 p.m. - 3:00 p.m. for 4th, 5th and incoming 6th grade students.

The cost is \$15.00 per student and will cover the cost of supplies and a super cool t-shirt!

The week is packed full of fun learning activities like wilderness survival, fire safety, first aid and self defense. Spots are limited to 20 per group and it will be a first come first serve.

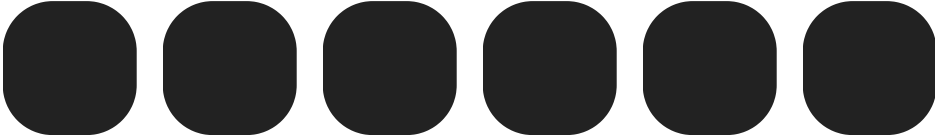
You can get your registration forms at SCAD. Forms and money must be turned in by JUNE 23rd.

For more information call (573) 624-4528, ext 111.

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