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# Dexter Senior Center Weekly Menu

JUNE 26TH 2016 BY DEE LOFLIN

## Dexter Senior Center Weekly Menu

**Dexter, Missouri** - Want a delicious meal at a great price? Head to the Dexter Senior Center located at 23 W. Stoddard St. in historic downtown Dexter. You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

This week's menu for Monday, June 27th - Friday, July 1st.

Monday, June 27th - Chopped steak with mushrooms & onions, breaded chicken livers, mashed potatoes, California blend vegetables, whole grain bread and peaches.

Tuesday, June 28th - Scrambled eggs, sausage, hash browns, biscuit & gravy and citrus salad.

Wednesday, June 29th - Sub sandwich, chicken sandwich, corn nuggets, potato salad, bun/bread and gooey butter cake.

Thursday, June 30th - Chicken & dressing, ham, yams, green beans, bread and pineapple upside down cake.

Friday, July 1st - Chicken strips, catfish, baked beans, cole slaw, whole grain bread, and a cookie.

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## Stoddard County Ambulance District to Host Life Safety Summer Program

JUNE 20TH 2016 BY DEE LOFLIN

### Stoddard County Ambulance District to Host Life Safety Summer Program

**Dexter, Missouri** - The Stoddard County Ambulance District will be hosting a week long summer program Life Safety - Monday, July 11th - Friday, July 15th for children who have completed Kindergarten - 5th grade.

There will be two sessions. Morning session will be 9:30 a.m. - 11:00 a.m. for kindergarten - 3rd grade. The afternoon session will be from 1:30 p.m. - 3:00 p.m. for 4th, 5th and incoming 6th grade students.

The cost is \$15.00 per student and will cover the cost of supplies and a super cool t-shirt!

The week is packed full of fun learning activities like wilderness survival, fire safety, first aid and self defense. Spots are limited to 20 per group and it will be a first come first serve.

You can get your registration forms at SCAD. Forms and money must be turned in by JUNE 23rd.

For more information call (573) 624-4528, ext 111.

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## Farmers Market in Bloomfield

JUNE 20TH 2016 BY DEE LOFLIN

Farmers Market in Bloomfield

**Bloomfield, Missouri** - It's time for fresh vegetables, baked goods, and more during the Farmers Markets. Each Tuesday from 4:00 p.m. - 6:00 p.m. at Granny Pickers on Highway 25 in Bloomfield.

There is no charge to set up a booth and sell vegetables, baked goods, jewelry etc. Has to be home made or home grown. No permits needed.

For more information call Goldie DeGroot at (573) 568-9996.

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## Color Out Cancer 5K Run in Honor of Nelvia Johnson

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JUNE 20TH 2016 BY DEE LOFLIN

### Color Out Cancer 5K Run in Honor of Nelvia Johnson

**Bernie, Missouri** - Color Out Cancer 5K Run/Walk will be held in honor of Nelvia Johnson's fight against breast cancer on Saturday, July 2, 2016 at the Bernie City Park.

Nelvia just completed her last cancer treatment and rang the bell last week; however expenses have mounted and she will continue to take medication. Let's keep that cancer from coming back!!!

The 5K Run/Walk begins at 9:30 a.m. with registration at 9:00 a.m. and of course you will be doused with color powder as you run or walk the race. So be sure to either purchase a t-shirt there or wear a white t-shirt to get "all your colors on!" Time to Color Out Cancer for Nelvia!!!!

The cost to run the race is \$35 for adults and kindergarten – 12th grade is \$25 per person. Other fundraiser t-shirts will be on hand for purchase as well.

A Kids Zone, bouncers, games, and concessions will also be available. To learn more click [HERE for the Event Page on Facebook](#).

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## Bernie Music Festival Slated for July 15th

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[Bernie Music Festival Slated for July 15th](#)

**Bernie, Missouri** - Bernie Elementary music teacher, Mrs. Cecilia Lanpher, is having a music festival to raise money for a new sound system for the Bernie cafeteria/auditorium.

The festival will be held on July 15th at the Bernie Community Center and will include outdoor games and prizes for children. Hotdogs, brats, and snow cones will be available for purchase. T-shirts will also be sold for \$15. Glitter T-shirts are \$20 and 2X and above add \$2.00 each. To pre-order T-shirts contact Cecilia Lanpher (573) 421-0523,

Darla Bridges (573) 421-7390, Kathy Kirkpatrick (573) 421-1571. Deadline to pre-order is Wednesday, June 22nd and T-shirts can be picked up at

During performances a silent auction will be going on inside the community center.

The Music Festival opens at 5:30 p.m. and the performances will begin at 6:00 p.m. There is a \$3.00 admission fee with children 12 and under get in for FREE! Many performers will be at the festival including "The Electric 107s, Los Traviesos de Mexico, Finely Watkins, and the Rockability Kid!" The Bernie Music Club will also be performing!

Check out their Facebook page by clicking **HERE**.

The Bernie School and the community will benefit greatly from this fundraiser. A new sound system is needed! Click **HERE for the Event Page!**

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