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7 on 7 Scrimmage and Lineman Challenge Slated for Saturday

JUNE 23RD 2016 BY DEE LOFLIN

7 on 7 Scrimmage and Lineman Challenge Slated for Saturday

Dexter, Missouri - Join new head football Coach Kevin Goltra and the Dexter Bearcats on Saturday, June 25th beginning at 9:00 a.m. for a 7 on 7 Scrimmage and Lineman Challenge at Charles Bland Stadium in Dexter.

Teams competing are the Hayti Indians, Kelly Eagles, and the Dexter Bearcats.

Football fans will have an opportunity to see what our 2016 football team has been working on at the SEMO Summer Football Camp and at their many summer practices.

"The 7 on 7 scrimmage will be 10 plays of offense followed by 10 plays of defense," commented Coach Goltra. "It will be a controlled practice type of atmosphere that focuses on teaching rather than competition."

The 7 on 7 scrimmage will provide players an opportunity to work on their passing game, running game, passing defense, and adapt to playing in the heat.

"We have focused a ton on our run game the past three weeks as that will be the bulk of our offense this year," continued Goltra. "The pass game will be behind compared to other teams and the majority of our pass plays being play action. The 7 on 7 is not a real good test of where we are, but we will know a lot more about our team after the Buffalo Camp in July. We will compete hard and our very young team will gain a lot of experience."

The Lineman Challenge will consist of squats, tug a war, bench press, tire flip, and an obstacle course.

"We should compete well in the Lineman Challenge," stated Goltra. "All of our players have worked hard in the weight room and they are the reason we are in our run heavy offense."

Our Bearcats have worked hard this week at the SEMO Camp. They pushed themselves further than they have ever been pushed. Coach Goltra demands discipline and his newly emerging athletes are developing character. He holds them to a higher standard and expects them to push themselves further than they ever thought they could go.

The game of football literally challenges an athlete's physical courage and what it means to sacrifice, much like life. Coach Goltra is not only preparing them to win under the Friday night lights, he's teaching them to prepare for life after high school.

On or off the field our Bearcats are learning, learning to put others first, learning to be a part of something bigger than themselves, and learning to lift their teammate together. Please join them Saturday for their first tuneup of the season as they take the field under new head football coach Kevin Goltra.

A further note there will not be concessions for the public so bring your own, but please throw your trash away prior to leaving the stadium. Come out and support your Bearcats beginning at 9:00 a.m. The scrimmage should only last a couple of hours so don't miss this opportunity. Our Bearcats have been working very hard in the heat!

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Rib City Girls Volleyball Slated for Monday and Tuesday

JUNE 13TH 2016 BY DEE LOFLIN

Rib City Girls Volleyball Slated for Monday and Tuesday

Dexter, Missouri - The Rib City Shootout for Volleyball is slated for Monday, June 13th and Tuesday, June 14th. Game will be played at the Dexter Bearcat Event Center, Dexter High School and the Dexter T.S. Hill Middle School.

Beginning at 8:30 a.m. Monday, June 13th on BEC Court #2 the Bernie Mules take on the Dexter Lady Cats.

10:45 a.m. Bernie vs Poplar Bluff on Court #1 BEC

11:30 a.m. Bernie vs Cape Central on Court #1 BEC

12:30 p.m. Dexter vs Arcadia Valley on Court #2 BEC

1:15 p.m. Bernie vs Middleton on Court #2 BEC

2:45 p.m. Bernie vs Dyersburg on Court #2 BEC

3:30 p.m. Dexter vs Middleton on Court #3 BEC

4:15 p.m. Jackson vs Dexter Middle School at High School

</images/2016 Images/Rib City Volleyball Tournament.jpg>

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Rib City Girls Basketball Shootout Slated for Thursday

JUNE 08TH 2016 BY DEE LOFLIN

Rib City Girls Basketball Shootout Slated for Thursday

Dexter, Missouri - The Dexter Lady Cats basketball program will compete in their first Rib City Shootout of the summer on Thursday, June 9, 2016 at the Bearcat Event Center in Dexter. Both the 7th grade and 8th grade girls basketball teams are also slated to compete and will play their games at the T.S. Hill Middle School.

The 7th grade Cats will begin play at 9:45 a.m. against Poplar Bluff in the middle school gym. At 11:15 a.m. they play Doniphan and then at 5:15 p.m. they play Ellington.

The 8th grade Cats are slate to play Doniphan at 10:30 a.m., Poplar Bluff at 12:45 p.m., Ellington at 2:15 p.m. and at 4:30 they will compete against Nettleton, Arkansas. All 8th grade games will be played at T.S. Hill Middle School gym.

The Dexter Varsity Lady Bearcats begin competing at 10:30 a.m. against Alton, Illinois on Court #2 of the Bearcat Event Center. At noon they play Benton, Illinois, 2:15 p.m. they play Salem, Illinois and at 6:00 p.m. they will play Hoxie, Arkansas. All of the Lady Cats' games will be played on Court #2 of the Bearcat Event Center.

For more girls basketball scheduling and all of the team competing click [HERE](#).

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Rib City Shootout Slated for Friday and Saturday

JUNE 02ND 2016 BY DEE LOFLIN

[Rib City Shootout Slated for Friday and Saturday](#)

Dexter, Missouri - The first Rib City Shootout of the summer is upon us this Friday, June 3rd and Saturday, June 4th featuring the best of boys basketball.

There are 64 teams competing against each other on 7 courts in Dexter. The Bearcat Event Center will have three courts, and there will be courts open in the Southwest Elementary gym, Dexter Parks & Rec gym, the High School gym, and the Middle School gym.

For more information and the complete schedule of games click **HERE**.

Below are the Bernie Varsity, Bernie Junior Varsity, Dexter 8th Grade, Dexter Junior Varsity and Dexter Varsity games for Friday.

Friday, June 3rd

9:45 a.m. Bernie Varsity vs Meadow Heights Varsity at the BEC 3

9:45 a.m. Dexter JV vs Sikeston JV (FR) at the Middle School

11:15 a.m. Bernie Varsity vs Greenville Varsity at the BEC 2

11:15 a.m. Dexter JV vs Park Hills JV (FR) at the Middle School

12:45 p.m. Bernie JV vs Thayer JV at the Middle School

1:30 p.m. Dexter JV vs Notre Dame JV (FR) at the Middle School

2:15 p.m. Dexter 8th grade vs East Prairie 8th (FR) at Dexter Parks and Rec

3:00 p.m. Bernie Varsity vs Pocahontas, AR Varsity at the BEC 3

3:00 p.m. Bernie JV vs Steelville JV at the High School

3:45 p.m. Dexter Varsity vs Greene County, AR Varsity at the BEC 2

4:30 p.m. Bernie JV vs Greene Co. Tech AR 9th at Southwest Elementary

4:30 p.m. Dexter 8th grade vs Ellington 7th and 8th at Dexter Parks and Rec

6:00 p.m. Bernie JV vs Green Co., KY JV at the BEC 3

6:45 p.m. Dexter Varsity vs Park Hills Varsity at the BEC 2

7:30 p.m. Dexter 8th grade vs Greene Co. Tech, AR 8th grade at Dexter Parks and Rec

8:15 p.m. Dexter Varsity vs Owensville Varsity at the BEC 2

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MaKayla Waldner Brings Home the Gold

MAY 31ST 2016 BY DEE LOFLIN

MaKayla Waldner Brings Home the Gold

Jefferson City, Missouri - MaKayla Waldner finished in the top spot and brought home the gold in the 300-meter hurdles at the Missouri State High School Athletic Association State Championships on Saturday, May 28, 2016.

She finished first with a time of 43.61 earning her very last first place finish of her high school career.

"Watching MaK receive her medal was one of proudest moments a coach could ask for, but it was more special because I was her mom," commented head Track and Field Coach Kimberly Waldner. "She has worked hard throughout her HS career and I don't think I'll ever coach a more dedicated athlete then her."

In the 100-m hurdles heat one on Friday MaKayla earned top spot with a time of 14.86. On Saturday she earned a medal for 3rd place with a time of 15.06.

"She was running in first place in the finals, but she hit the 8th hurdle and finished third," commented head Track and Field Coach Kimberly Waldner.

In the 200-meter dash Waldner finished 10th in the state with a time of 26.16.

Waldner also earned a medal in long jump placing 4th with a distance of 17 2 1/4.

Madelyn Webb competed in Shot Put. She finished with a throw of 33-01.25 putting her in 14th place.

Emily Ladd, Emily Page, Rhylan Hillis, and Julia Hahn ran the 4x800 on Saturday. They earned a 10th place finish with a time of 10:16.946.

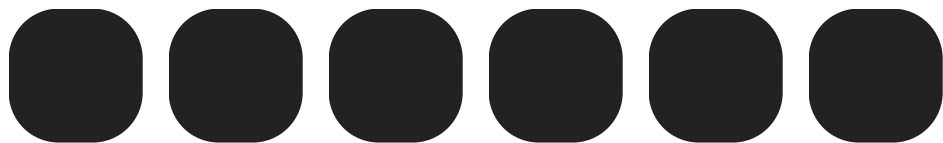
All six Lady Cats did an amazing job this year! We commend them on their efforts and are extremely proud. Making it to the MSHSAA State Championship is an extraordinary accomplishment. Proud of our Bearcats!

Photo provided by Coach Kimberly Waldner.

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