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Daily Devotional - When the Lord Frustrates His Child

JUNE 21ST 2016 BY DEE LOFLIN

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[Isaiah 14:27](#)

It may sound strange, but I actually get excited about certain times of frustration. When I sense a restlessness followed by dissatisfaction but cannot identify the cause, then I know to ask the Lord what He's doing. Past experience tells me that once I make the move He desires, my frustration will end and I'll be in sync with His plan for my life.

Frustration is usually considered a negative feeling. However, when God agitates us, His purpose is always good. He sometimes uses our sense of dissatisfaction as well as spiritual and physical barriers to guide us toward new insights. For example, I woke up one Saturday morning during my seminary years feeling as if I were in an emotional butter churn—I could not settle to any task or relax, and I did not know why. So I started praying about these feelings and asking the Lord to reveal His will. I spent most of the day on my knees. Soon I discovered that the good plans I had made to temporarily pastor a California church were not *His* plans. Had I ignored the frustrated feeling, I would have missed a vacation to North Carolina, which resulted in a call to the church God intended for me.

In a culture of busyness, we can easily and foolishly overlook or ignore restlessness. But divinely sent frustration is meant to get our attention. God wants us to ask, “What are You saying?” and “Do You want me to be doing or thinking something different?” As soon as we are willing to deal with whatever the Lord brings to mind, He starts revealing what we

need to change in order to receive His insight.

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