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Dexter Senior Center Weekly Menu

JUNE 20TH 2016 BY DEE LOFLIN

Dexter Senior Center Weekly Menu

Dexter, Missouri - Want a delicious meal at a great price? Head to the Dexter Senior Center located at 23 W. Stoddard St. in historic downtown Dexter. You don't have to be a senior to eat. They serve lunch from 11:30 a.m. - 1 p.m. and the cost is \$3.50 for seniors and \$5.00 for non-seniors.

This week's menu for Monday, June 20th - Friday, June 24th

Monday, June 20th - Breaded beef fritter, chicken strips, corn, broccoli, whole grain bread and pineapples.

Tuesday, June 21st - Pork roast, meatballs & gravy, mashed potatoes, Brussels sprouts, biscuit and strawberry shortcake.

Wednesday, June 22nd - Chicken and rice, lasagna, carrots, lettuce salad, whole grain bread and chocolate cream pie.

Thursday, June 23rd - Chef salad (lettuce, ham, egg, cheese, veggies), corn nuggets, crackers, and Jello.

Friday, June 24th - Chicken sandwich, pork fritter, sweet potato fries, coleslaw, bun/bread, and pudding.

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