



TOP

# Daily Devotional - When We Feel Helpless

APRIL 25TH 2016 BY DEE LOFLIN

Daily Devotional - When We Feel Helpless

## Psalm 50:15

In adventure movies, we often see people trapped and helpless, frantically looking for a way to escape. Real life can sometimes feel that way for us, and as we begin to look for a way out, our prayers become filled with requests for rescue—physical healing, changed circumstances, additional provision.

Did you ever consider that even more important than physical rescue is spiritual liberation? (See [Eph. 6:12](#).) First and foremost, Jesus Christ delivered you from the power and penalty of sin. As your living Savior, He also knows your continued helplessness in the face of sinful habits, uncontrolled emotions, and ungodly thoughts. He wants to free you from these sins. So seek out His offer of spiritual rescue every day—whether or not a physical crisis looms over you.

Follow the example of the psalmist, who cried out to God for deliverance. Psalm 50:15 says, “Call upon Me in the day of trouble; I shall rescue you, and you will honor Me.” Start by admitting your helplessness to the Lord and to yourself. Confess any fears, unbelief, or self-reliance that you might detect in your life. Surrender all further attempts at change that are done apart from the heavenly Father. Then turn your gaze toward Him. Think about His relationship with you, who He is, and what He desires. Let the Holy Spirit fill your spirit with the truth of God’s Word. Meditate on it. Commit yourself to following His way. Then trust God, and wait on Him to change you from the inside out. A day will arrive when the helpless feeling will leave to be replaced by the joy of being free.

When it does, give God the glory.

LAST UPDATED ON APRIL 25TH 2016 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/v4f1/Daily-Devotional--When-We-Feel-Helpless>

[Go to post](#)

More from ShowMe Times:



SUBSCRIBE TO "FAITH MATTERS"

**ShowMe Gold Sponsors**