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Daily Devotional - Thoughtful Living

APRIL 19TH 2016 BY DEE LOFLIN

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Psalm 25:8-15

Are you living thoughtfully and intentionally—or are you living automatically? It's so easy to get up each morning, do our work, enjoy some relaxation or entertainment, and fall into bed each night without giving any thought to God's involvement in our everyday life. But to be ignorant of how He has blessed, guided, protected, and warned us is a foolish way to live. Just consider the benefits of keeping our spiritual eyes and ears open throughout the day.

We who are aware of God's presence during daily activities enjoy the peace of knowing He's always in control and working to achieve His good purposes. Day-to-day experiences with Him teach us to know and love Him more.

When we learn to see God's footprints throughout each week, we will become aware of the scope of His involvement in His children's lives. Maybe He strengthened us for a task or opened a door of opportunity. Perhaps He guided our decisions or helped us respond in a godly way to a difficult person or a challenging situation.

If our ears are open to the Lord's warnings and instructions, we won't repeat the same mistakes again and again. But if we remain deaf to His voice, we run the risk of continuing in unhealthy thought patterns, negative emotions, and foolish responses.

Each night before you go to sleep, take some time to reflect on the day's activities. The heavenly Father is constantly with you, guarding and guiding your way. He wants you to

see Him in everything and understand life from His perspective as you rely on His wisdom and power to face any challenge.

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