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First Thursday on January 7th

JANUARY 04TH 2016 BY DEE LOFLIN

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Dexter, Missouri - "On behalf of the Regional Healthcare Foundation, we would like to thank each and every one of you for your continued support and wonderful donations to this worthy cause," press release from the Regional Healthcare Foundation.

They wish you all a Happy New Year and a healthy 2016. *On Thursday, January 7th they will host their first 1st Thursday of 2016*. Located at 529 North Walnut Street in Dexter on the first Thursday of each month.

It's never to late to donate and they would love to receive gently used and unwanted items. Their re-sale shop is always accepting donations.

Please contact **Linda Ulm at (573) 624-0365** and she will schedule a time for you to drop off your items. Tax credit forms are available upon request.

Come out and shop their *1st* Thursday, January 7th from 9:00 a.m. – 4:00 p.m. at Cox Corner in Dexter. Proceeds go to the Mother-to-Mother Program at the Regional Healthcare Foundation.

The Mother To Mother (M2M) is a three-phase mentoring program to support young women who are pregnant or parenting by giving them the resources ad skills they need to become successful parents.

They provide them with CHOICES, OPPORTUNITIES, and ACHIEVEMENTS. The Mother-to-Mother mentoring program works with the young women through their pregnancy and the first year of their child's life.

They hold regularly scheduled activities where the girls can participate in programs that promote the physical and social growth of both parent and child.

They introduce participants to additional services in the community that can help them make choices that will bring about a better life for tem. After Phase I (pregnancy) and Phase II (baby's first year) the girls may choose to remain in the program and contract with them to enter Phase III.

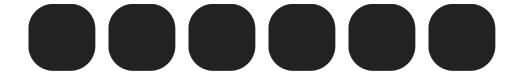
In Phase III she may retain all the benefits of the program, if she agrees to continue her education or obtain employment. They believe that education will insure a brighter, more secure future for the young families by reducing the level of poverty.

You can also follow them on Facebook by clicking HERE.

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