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Weekly Senior Center Lunch Menu

DECEMBER 07TH 2015 BY DEE LOFLIN

Weekly Senior Center Lunch Menu

Dexter, Missouri - Senior Center Lunch Menu for Monday, December 7, 2015 thru Friday, December 11, 2015.

Monday, December 7th - Country fried steak, oven baked chicken, mashed potatoes & gravy, green beans, roll, and applesauce.

Tuesday, December 8th - Pancakes, sausage, hash browns, biscuit & gravy and tropical fruit.

Wednesday, December 9th - Chili with beef, fish sandwich, 1/2 peanut butter sandwich, corn, fried okra, crackers/bun, and cinnamon roll.

Thursday, December 10th - Whole grain spaghetti with meat sauce, barbecue chicken, peas, lettuce salad, breadstick, and peach cobbler.

Friday, December 11th - Chicken and dressing, ham, yams, green beans, whole grain bread, and banana pudding.

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