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## Sheet Sale by Local SoutheastHEALTH Auxiliary TODAY!

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DECEMBER 02ND 2015 BY DEE LOFLIN

## Sheet Sale by Local SoutheastHEALTH Auxiliary TODAY!

**Dexter, Missouri** - The SoutheastHEALTH Center of Stoddard County Auxiliary is having a Sheet Sale TODAY, Wednesday, December 2, 2015 from 8:00 a.m. - 3:00 p.m. in the front lobby of the hospital.

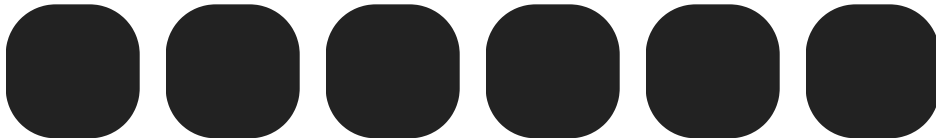
These sheets are great and make wonderful gifts for Christmas! There are not only sheets, but fleece blankets and comforters! Stop by and check it out!

Proceeds go to a great cause!

LAST UPDATED ON DECEMBER 02ND 2015 BY DEE LOFLIN

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## Sue Ann Williams Appointed CEO of SoutheastHEALTH of Stoddard County

NOVEMBER 13TH 2015 BY DEE LOFLIN

## Sue Ann Williams Appointed CEO of SoutheastHEALTH of Stoddard County

**Dexter, Missouri** - Southeast Health Center of Stoddard County announced today change in its executive leadership with the resignation of Adam Bracks as CEO, and the appointment of Sue Ann Williams to Chief Executive Officer, effective immediately.

"I am passionate about the Dexter community, hospital and its employees," said Williams. "I look forward to working with board members and leadership teams to continue to have Southeast Health Center of Stoddard County be the premier healthcare facility in our region."

Williams brings more than 25 years of relevant industry experience to her new role. She recently served as assistant administrator for the Health Center and clinic administrator for Missouri Southern Healthcare Clinics in Dexter.

"Southeast Health Center of Stoddard County is in an enviable position to capitalize on the strength and experience of Williams's leadership to support the future development of our Stoddard facility," said Ken Bateman, president and CEO of SoutheastHEALTH. "This change will have a positive impact on our long-term plans for continued growth and health service expansion for Dexter and surrounding communities."

Sue Ann and her husband, Michael, have three sons: Michael, Eric and Craig. They reside in Dexter.

### About SoutheastHEALTH

At SoutheastHEALTH, the region's premier healthcare system in Southeast Missouri, our patients receive excellent care of the highest clinical quality, close to home. Within our network are more than 50 care locations in 14 communities, including hospitals, primary and specialty care clinics representing over 30 clinical specialties and extending care for patients in a four-state area. For more information, visit [SEhealth.org](http://SEhealth.org).

LAST UPDATED ON NOVEMBER 13TH 2015 BY DEE LOFLIN

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## Rotary to Host Blood Drive on Monday

OCTOBER 11TH 2015 BY DEE LOFLIN

### Rotary to Host Blood Drive on Monday

**Dexter, Missouri** - The Rotary Club will host a Blood Drive on Monday, October 12 from 1:00 p.m. - 6:00 p.m. at Sacred Heart Church in Dexter.

The American Red Cross is facing a looming shortage of the blood types most needed by patients and is calling on eligible donors with O negative, B negative and A negative blood to give now to prevent an emergency situation. Blood donation appointments can be quickly and easily scheduled by using the Red Cross Blood Donor App, visiting [redcrossblood.org](http://redcrossblood.org) or calling 1-800-RED CROSS.

Overall blood donations in the Red Cross Missouri-Illinois Blood Services Region have been approximately 3,000 fewer per month in June and July this year than the previous 10 months of the year. When demand for the most needed types begins to outpace donations, the Red Cross alerts donors to help restock the shelves.

Type O negative is the universal blood type and can be transfused to patients with any blood type. Types B negative and A negative can be transfused to Rh positive or negative patients. Eligible donors are encouraged to donate double red cells – a process where two units of red cells are collected while most of the plasma and platelets are returned to the donor – where available.

“Summer blood shortages are not uncommon, but they can be prevented when generous volunteers roll up their sleeves to help save lives,” said Todd Wagner, donor recruitment director for the Red Cross Missouri-Illinois Region. “Many donors have already given this summer. We’re now asking donors who haven’t

donated, and those who are eligible again, to make an appointment to give now to help ensure blood products are available for patients.”

### **Platelets and type AB plasma also needed**

Platelet donors and those with type AB blood are also continually needed to help ensure patients receive the lifesaving blood products they need. Platelets – a key clotting component of blood often needed by cancer patients, surgical patients and bone marrow recipients – must be transfused within five days of donation, so donations are constantly needed. Donors with type AB blood are urged to give blood or platelets to restock the plasma supply. Type AB donors have the universal plasma type, which can be given to patients of all blood types.

Individuals who donated blood earlier this summer may be eligible to donate again and help patients like an expectant mother at a Red Cross-supported hospital who is currently receiving nearly 100 units of blood products a week until she delivers. Her need alone could add up to 1,100 units.

### **How to donate blood**

The free Blood Donor App – available in app stores by searching for American Red Cross or by texting BLOODAPP to 90999 – not only makes appointment scheduling easy, but donors can also access their digital donor card and be notified when their donation is distributed to a hospital. Donors can also visit [redcrossblood.org](https://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood donors in the Missouri-Illinois Blood Services Region can now save time at their next donation by using RapidPass to complete their pre-donation reading and health history questionnaire online, on the day of their donation, prior to arriving at the blood drive. To get started and learn more, visit [redcrossblood.org/RapidPass](https://redcrossblood.org/RapidPass) and follow the instructions on the site.

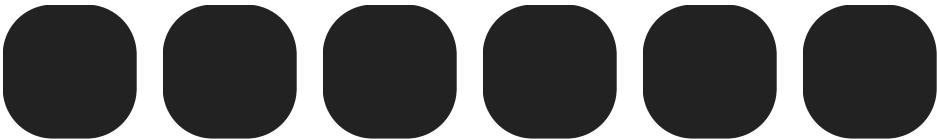
### **About the American Red Cross**

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit[redcross.org](http://redcross.org) or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).

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# American Red Cross Encourages Donors to Support Cancer Patients by Giving Blood

OCTOBER 05TH 2015 BY DEE LOFLIN

American Red Cross Encourages Donors to Support Cancer Patients by Giving Blood

**Stoddard County, Missouri** - During Breast Cancer Awareness Month this October, the

American Red Cross encourages eligible donors to give blood to support cancer patients and others needing blood products.

According to the American Cancer Society, breast cancer is the second most common cancer among women in the U.S., with one in eight developing invasive breast cancer in her lifetime. Breast cancer patients may need blood products during chemotherapy, mastectomy surgery or treatment of complications.

Blood donor Mary Thorngate Hall is one such example. She was diagnosed with an aggressive form of breast cancer in 2010.

“I began treatment (with) my first round of chemotherapy lasting six hours. My body did not tolerate it, and I began to hemorrhage,” she said. “I needed blood to survive. I cannot express my gratitude to the people who donated their lifesaving blood.”

Volunteer donors are the only source of blood products for those needing transfusions. Donors with all blood types are needed, especially those with types O negative, B negative, A negative and AB blood.

To make an appointment to donate blood, download the Red Cross Blood Donor App from app stores or text BLOODAPP to 90999 to receive a download link, visit [redcrossblood.org](http://redcrossblood.org) or call 1-800-RED CROSS (1-800-733-2767).

Dexter

10/16/2015: 8:30 a.m. - 2:30 p.m., Dexter High School, 1101 West Grant

Puxico

10/16/2015: 9 a.m. - 2 p.m., Mingo Job Corps Center, 4253 State Highway T

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## The Bravest Wear Pink!

SEPTEMBER 23RD 2015 BY DEE LOFLIN

The Bravest Wear Pink!

### **Regional First Responders Team Up**

#### **with SoutheastHEALTH for Breast Cancer Awareness**

The cancer team at SoutheastHEALTH is committed to breast health throughout the year and especially in October during National Breast Cancer Awareness Month. Their goal is to raise awareness, help women 40 years of age and older get screened and help raise money for current cancer patients' unmet needs.

This year they've partnered with 15 of our region's fire, police and emergency medical services teams to help spread the message that "Mammograms save lives too." The region's bravest will wear pink T-shirts to support women and encourage them to schedule their mammograms.

Shown in the photo are Dexter's finest Firemen showing their support by wearing PINK and walking in the Stoddard County Fair on Tuesday, September 22, 2015.

Representing the Dexter Fire Department are Tyler Whitson, Beau Bishop, Michael Tellman, Capt. Dale Rowe, Dylan Poore, Mark McClintock, Justin McCollough, Lt. Greg Lintz, Terry Battles, Bryant Gibbs, Kirk Frizzell, Jim Belcher, Capt. John Jenkins, Lt. Gary Kinder, Jeff Riddle, Lt. Jeremy Freeman, Chief Don Seymore, Eugene McConnell, Jeffrey Hueckel, Josh Robinson, Andrew Juden, Brian Crowe, Joe Lovins, Chad Tilley,



Todd O'Dell, Allan Horton, Joshua Craft, Alen Malloy, and Landon Miller.

Partnering agencies are:

- Cape County Private Ambulance Service
- Cape Girardeau Fire/Rescue and Police Department
- Dexter Fire and Police Departments
- Doniphan City Police and Fire Departments
- Ellington Volunteer Fire Department
- Jackson Fire/Rescue and Police Department
- Stoddard, Ripley and Reynolds Counties Ambulance Districts
- Ripley County Sheriff's Department

You can be a part of this special observance in support of all women by purchasing a "Bravest Wear Pink" T-shirt. Shirts are \$20 each and are available at all "Bravest" special events during October and at:

- HealthPoint Fitness in Cape and Jackson
- The Wright Group, 126 North Main in Cape
- Cape Girardeau Police Department, 40 South Sprigg
- The Wishing Well Gift Shop at Southeast Hospital
- Southeast Pharmacy at the West Campus, 817 South Mount Auburn Road

Proceeds from the T-shirts will benefit the Cancer Care Fund at SoutheastHEALTH and help fund cancer patients' immediate needs while undergoing treatment. You may also donate to the cause. It's easy and secure. Simply text BRAVE to 50155 or give online at [SEhealth.org/BRAVE](http://SEhealth.org/BRAVE).

**For complete details on October's events or to register for an event, go to [SEhealth.org/BRAVE](http://SEhealth.org/BRAVE) or call 1-800-800-5123.**

### **IHOP, Applebee's Partner for Cancer Care**

As part of this special observance, the IHOP in Cape Girardeau and Applebee's restaurants in Cape Girardeau, Sikeston and Poplar Bluff will match donations made to the cause during October and November.

## **Great Event Line Up**

The **Bravest Wear Pink Kickoff** will be Saturday, September 26 at the Southeast Cancer Center beginning at 7 a.m. At its centerpiece is the Run-ride for Ragan and Memorial/Honor Walk. Run-Ride for Ragan, first held in 2012, honors the late Ragan Ward Neilson, a Cape Girardeau native and daughter of Dr. Robert and Barb Ward. Ragan died of breast cancer in October 2007 at the age of 32. Fee: 5K and 10K, \$30. For more information or to register for this community event, call 573-986-6622. This event also will include area first responders' vehicles on display, live music, food, free yard signs, individual trading cards autographed on site by our communities' bravest, giveaways and a Jumbotron with special programming.

Ladies, encourage each other and share your stories on Facebook, Instagram or Twitter using hashtag #SECircle of 8.

### **Homecoming Tailgate in Dexter**

Greet Dexter's bravest wearing pink on Saturday, October 2 from 4 until 6 p.m. at the Bearcat Event Center. First responders' vehicles will be on display and first responders will be on hand to sign trading cards.

### **Southeast Redhawks Coin Toss**

Representatives of the Cape Girardeau Police Department and Cape Girardeau Fire/Rescue, along with SoutheastHEALTH representatives, will participate in the coin toss prior to the Redhawks – Murray State Game. Prior to the 6 p.m. coin toss at Houck Stadium, football fans can take part in the "Bravest Wear Pink" tailgate fun from 3 until 5:30 p.m.

From 4 until 6 p.m., there will be a tailgate at Applebee's in Cape featuring a Jumbotron with special programming.

### **Pink Ice Cream Social in Doniphan**

Join the SoutheastHEALTH team and first responders at Southeast Health of Ripley County on Tuesday, October 6 from 4:30 until 6 p.m. for pink ice cream and visits with Ripley County first responders. Dog owners can participate in a fun "Pooches in Pink" opportunity. Doll your pups up in pink, post a photo on Facebook.com/SoutheastHEALTH and receive a free and unique dog treat.

### **Meet and Greet Cancer Experts**

Regional experts representing hematology/oncology, radiation therapy, breast cancer surgery and plastic/reconstructive surgery will gather at the Southeast Cancer Center from 6 until 7:30 p.m. on Thursday, October 8 for an informative question and answer session, including questions posted on Southeast's live Twitter chat at #SEhealthMO. Complimentary beverages and hors d'oeuvres will be provided by Celebrations.

### **Pink Ice Cream Social in Ellington**

Join the SoutheastHEALTH team and first responders at Southeast Health of Reynolds County on Thursday, October 8 from 4:30 until 6 p.m. for pink ice cream and visits with Ripley County first responders. Dog owners can participate in a fun “Pooches in Pink” opportunity. Doll your pups up in pink, post a photo on Facebook.com/SoutheastHEALTH and receive a free and unique dog treat.

### **Think Pink at Walmart in Dexter**

Stop by the Dexter Walmart on Thursday, October 9 from 9 a.m. until noon. Complete an interactive health risk assessment on site to learn more about your risk level for being diagnosed with breast cancer and meet new Southeast physicians serving the Dexter area. The first 50 participants will receive a free Walmart gift card.

### **Women’s Health Event at Academy Sports + Outdoors**

On Saturday, October 10, from 10 a.m. until noon, talk with SoutheastHEALTH experts from gastroenterology, cardiology, obstetrics/gynecology, breast imaging and primary care about women’s preventive health topics. Women can learn about their risk factors with our Health Risk Assessment and mammogram scheduling. The first 200 participants will receive a \$10 gift card to Academy Sports.

### **Octoberfest in Jackson**

There will be plenty of fun in uptown Jackson on Saturday, October 10 at Octoberfest. Stop by our “Bravest Wear Pink” booth from 1 until 3p.m. near the Jackson first responders’ vehicles to learn about our Health Risk Assessments and mammogram scheduling information. T-shirts will be available for sale and donations to the cause will be accepted. Dog owners can participate in a fun “Pooches in Pink” opportunity. Doll your pups up in pink, post a photo on Facebook.com/SoutheastHEALTH and receive a free and unique dog treat.

### **Meet and Greet Cancer Experts in Dexter**

Regional experts representing hematology/oncology, radiation therapy, breast cancer surgery and plastic/reconstructive surgery will gather at Southeast Health of Stoddard County from 6 until 7:30 p.m. on Thursday, October 15 for an informative question and answer session, including questions posted on

Southeast’s live Twitter chat at #SEhealthMO. Complimentary beverages and hors d’oeuvres will be provided.

**Southeast Missouri State University Homecoming Parade**

Look for our float along the parade route Saturday, October 17. SoutheastHEALTH team members, breast cancer survivors and the region’s bravest will be on hand with special treats.

**Take Home a Sheryl Crow Autographed Basketball**

A bright pink basketball autographed by recording artist and Kennett native Sheryl Crow will be given away on October 30. Raffle tickets will be on sale all week at the Stoddard County Fair which got under way on Tuesday, September 22. Visit Southeast’s “Bravest Wear Pink” booth to learn more.

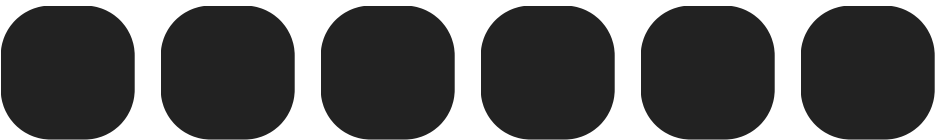
**About SoutheastHEALTH**

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