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# Schmedemann Named Maternal and Child Health Services Director at St. Francis Medical Center

NOVEMBER 30TH 2015 BY DEE LOFLIN

Schmedemann Named Maternal and Child Health Services Director at St. Francis Medical Center

## [SCHMEDEMANN NAMED MATERNAL AND CHILD HEALTH SERVICES DIRECTOR](#)

**Cape Girardeau, Missouri** - Saint Francis Medical Center announces the appointment of Isabel Schmedemann, RN, BSN, MBA, FACHE, as director of Maternal and Child Health Services.

Schmedemann will oversee the full continuum of obstetrical care offered by Saint Francis, including high-risk prenatal care provided by Cape Perinatology Services, labor and delivery within the Family BirthPlace and Cape Care for Women, specialized neonatal care for premature and critically ill newborns in the region's first Level III Neonatal Intensive Care Unit, and follow-up pediatric care at the Children's Center.

Prior to coming to Saint Francis, Schmedemann was chief operating and chief nursing officer at Goodall Hospital in Sanford, Maine; associate vice president of nursing at Southern Maine Health Care; chief nursing officer at McKee Medical Center in Colorado; vice president of patient care services at Hutchinson Hospital Corporation in Kansas; and maternal-child nursing director at Lawrence Memorial

Hospital in Kansas.

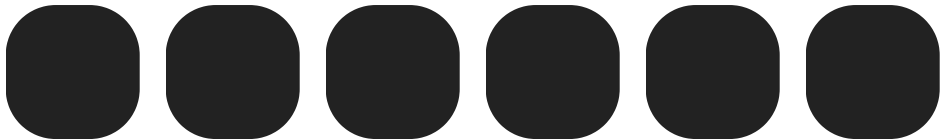
Schmedemann earned her MBA from Baker University in Baldwin City, Kansas, and a BSN from the University of Kansas School of Nursing.

Saint Francis Medical Center is a 289-bed facility serving more than 650,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis' major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region's first Level III Neonatal Intensive Care Unit; Heart Hospital; Level III Emergency and Trauma Center with Convenient Care; Cancer Institute; and Fitness Plus.

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# Thanksgiving Foods Harmful to Your Pets

NOVEMBER 25TH 2015 BY DEE LOFLIN

## Thanksgiving Foods Harmful to Your Pets

Thanksgiving is a time to be thankful for what you have, spend time with your family and of course eat all those delicious home-made foods you wait all year long to consume!

Just remember like people giving your dogs too much of a particular food can make them sick or even kill them. The last thing we want to do is harm our beloved fur babies. Here is a list of foods that you need to be careful of when having guests and family over to your home. Make sure your dog is protected from foods falling from plates!!! Have a safe and Happy Thanksgiving!

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# Small Earthquakes Rattle Area Overnight

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NOVEMBER 25TH 2015 BY DEE LOFLIN

## Small Earthquakes Rattle Area Overnight

**Southeast Missouri** - Were you awakened by a few shakes last night? Were your pets awake and a little nervous? If so, they may have felt the earthquakes. Many residents in southeast Missouri may have felt the ground quiver and shake when seven earthquakes were reported by the USGS within 2 hours of each other on Wednesday morning.

A 2.9 magnitude first hit at about 12:50 a.m. It was centered four miles south of Lilbourn, Mo. and 22 miles south of Sikeston. The quake registered 4.5 miles deep.

The second earthquake rattled just a minute later. Preliminary reports show the 2.6 magnitude earthquake hit around 12:51 a.m. and was centered four miles south southeast of Lilbourn, Mo. This earthquake measured 5.3 miles deep.

A third earthquake hit at 12:56 a.m. about four miles south southeast of Lilbourn. Early reports show the quake measured 2.3 magnitude and 3.1 miles deep.

A 3.0 magnitude earthquake hit around 1:08 a.m. Preliminary reports show it was also centered three miles south southeast of Lilbourn, Mo. It registered five miles deep.

Two smaller earthquakes rattled around 1:15 a.m. and 2:09 a.m. They measured 1.7 to 1.4 magnitude.

Finally, a 2.5 magnitude earthquake shook at 2:26 a.m. The quake was centered three miles south of Lilbourn, Mo. The quake registered 5.7 miles deep.

Residents in Dexter, Matthews, Risco, New Madrid, and surrounding areas felt the quakes.

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## Bootheel Recycling Price Sheet - November 20, 2015

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NOVEMBER 19TH 2015 BY DEE LOFLIN

Bootheel Recycling Price Sheet - November 20, 2015

**Dexter, Missouri** - "Bootheel Recycling is a Missouri scrap metal recycling company whose customer base includes regional utility companies, large manufacturing businesses, tool and die shops, local Dexter scrap dealers, haulers, farmers and individuals across Southeast Missouri and Arkansas."

"We comply vigilantly with the laws set forth by OSHA, EPA, federal and Missouri. Our scrap metal recycling policies are honest and transparent. Our scales are certified yearly and calibrated twice a year. We belong to the Chamber of Commerce and the Institute of Scrap Recycling Industries. We are OSHA 10 certified. We have the highest graded material in the industry."

"We buy most forms of ferrous and non-ferrous metals, including copper, aluminum, stainless steel, brass, scrap iron, radiators and catalytic converters. Please consult our Scrap Metal Selling Guide to find out more about how to sell scrap metal, and how to get the most money for your scrap metal. The best indication of our success is our loyal customer base. We are nice people with good business practices. We have a very high level of return business, and our new customers often come to us by way of referral."

"Our friendly customer service staff will ensure that your recycling experience is simple and hassle-free. Our modern and streamlined processing system allows us to offer competitive prices. Please contact us today if you would like to inquire about our

services."

Check out their website by clicking **HERE**.

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## Papa Mike's Holiday Jam 2015

NOVEMBER 17TH 2015 BY DEE LOFLIN

[Papa Mike's Holiday Jam 2015](#)

**Sikeston, Missouri** - "The 2015 Papa Mike's Holiday Jam will take place on Saturday, December 26th at The Historic Sikeston Armory.

A showcase of local and national talent, this year's event will benefit the Generation Blues youth program of The Blues Foundation in Memphis, TN. Legendary, yet discreet local event, dating over a decade back to 2002; the Papa Mike's Jams have traditionally been held at a private location amongst family, friends, and regional artists.

This year's public event will again feature artists historically associated with the Jams, including artists from Nashville, Memphis, St. Louis, and Kansas City.

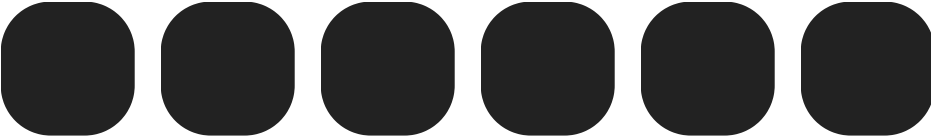
The house band for this year's event will consist of Theron Woods, Dan Crippen, Michael Irvin, CODE 901, Mason Watkins, and Papa Mike Smith; with many special guests and surprises.

Tickets purchased in advance are \$15. Tickets the day of the event are \$20. Age: 21 and up. Doors open at 6pm. Show starts at 7pm.

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