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## Daily Devotional - Conquering Fear

AUGUST 08TH 2015 BY DEE LOFLIN

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### **Psalms 63:1-11**

Each of us will experience moments of apprehension. Denial or trying to hide from it will do no good. When you feel fear begin to rise in you, ask yourself the following questions: *Where does it come from?* (You know it isn't from God.) *Has God ever failed me in the past?* *Does He promise to meet all of my needs?* *Does He keep His promises?*

If we read the Bible, we'll find countless stories of God's faithfulness. For example, the apostle Paul lived through hardship, persecution, pain, and all kinds of terrible circumstances, yet he was able to make the bold declaration that God weaves it all together for the good of His followers ([Romans 8:28](#)). This testifies to the fact that for those who trust in Him, God turns every difficulty, loss, and separation into something good.

Whatever we read in Scripture—whether a story about Abraham, David, Job, Isaiah, Jonah, John, Paul, or others—we see God's constant love and care for His people. His Word is a lamp that will give us clear guidance when circumstances are bleak. It offers the best direction we will ever find. When we meditate upon it, pray over it, grapple with it, and incorporate it into our life, His light chases away the darkness. The psalms, in particular, are helpful in dealing with fear.

God, the sovereign ruler of this universe, is in control of your life. Don't make the mistake of thinking He isn't, simply because He does not operate according to your will and schedule. If you read your Bible and meditate on it, you will find genuine strength in

His promises.

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