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A21 5k Run - Let's End Human Trafficking

JULY 18TH 2015 BY DEE LOFLIN

A21 5k Run - Let's End Human Trafficking

Dexter, Missouri - Local residents Amanda Paige Cooper, Kara Flippin, and Baylee Cooper are hosting a 5k Run to raise money for A21. The race will be held on Saturday, September 12th beginning at 8:30 a.m. at WEST Park in Dexter.

A21 is a non-profit organization that has a goal to abolish slavery in the 21st century. They rescue victims from human trafficking and provide them support to recover physically and spiritually and equip them to get back on their feet.

“Most are completely oblivious to the fact that there is such a thing as modern day slavery,” commented organizer Kara Flippin. “Once we came to the understanding how real it was, we made the choice to not sit back and do nothing.”

The donation is \$35; however they are offering an early bird special for \$25 and that includes a t-shirt as well. Register before August 1st to get this special price.

Anyone who registers after August 22nd will not receive a t-shirt so be sure to register early!!

To register for the **A215k Run** click **HERE**. You may also send them an email at 1a21run@gmail.com.

“We would love for you to partner with us so we can make a difference together,” stated Baylee Cooper. “We need to spread the word. Not only about our 5k Run, but to educate people on how real slavery is today.”

For more information about Human Trafficking and A21 click **HERE**.

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Mary Ruth Boone's Students Participate in Senior Recital

JULY 16TH 2015 BY DEE LOFLIN

Mary Ruth Boone's Students Participate in Senior Recital

By Erin Lauters

Poplar Bluff, Missouri- A few of Mrs. Mary Ruth Boone's senior piano students took

part in a recital on June 19, 2015 at 7:00 p.m. at a local Poplar Bluff Methodist Church.

Mrs. Boone, a retired choir director from Dexter, Missouri, has given piano lessons for many years. Three of her students who have just graduated high school are putting on a senior recital full of singing and piano playing.

Dana Ziomek, 18 of Poplar Bluff has been receiving lessons from Mrs. Boone since her junior year of high school. She has had great success in all of her musical endeavors. While her love of piano started a great deal of time before starting lessons with Mrs. Boone, Dana has grown musically from her lessons and hours dedicated to practicing. Dana played Sonata in D, movement 1; Sonata in Ab Op.110, movement 1; The Entertainer; Étude Op. 25, #1; Prelude in G Minor Op. 23; and accompanied Brooks and Coulton's duet of Amazing Grace.

Coulton Becker, 18 of Greenville has been receiving lessons from Mrs. Boone since his freshman year of high school. Coulton has taken both vocal and piano lessons. Since taking lessons from Mrs. Boone, Coulton has made a "1" rating at state solo and ensemble contest on vocal solos, which is the highest rating one can receive. He also made the All-State choir two years in a row. Coulton's lessons with Mrs. Boone as well as the time he spent practicing has made him musically successful. Coulton played Widmung, Ballade Op. 118 #3; A Simple Song; Vagabond; I Bought Me A Cat; Rapsodie; Solace; and Toccata.

Brooks Propst, 18 of Dexter has been receiving lessons from Mrs. Boone since second grade. He has taken both vocal and piano lessons. He has received one "1" for a vocal solo, and one "1" for a trombone solo. Brooks has been in the All-District choir for all six years of his singing career. Brooks played Fidelity; Sonata in D, movement 3 Rondo; Morceau Symphony; Marchin' On Up; My Heart's In The Highlands; Music of the Night; and Polichinelle.

Brooks and Coulton sang both Amazing Grace and Cindy as a duet.

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Betty Hubbard Wins MHCA Timeless Beauty Pageant

JULY 15TH 2015 BY DEE LOFLIN

Betty Hubbard Wins MHCA Timeless Beauty Pageant

Dexter, Missouri - Betty Hubbard won the Missouri Health Care Association (MHCA) District V 2015 Timeless Beauty Pageant recently held in Cape Girardeau.

Hubbard is a resident of the Golden Living Center in Dexter and competed in the pageant on June 26th. She will go on to compete against other Missouri state residents in Branson, Missouri at the Missouri Health Care Association Convention that will be held on August 24th.

MHCA will host their 67th Annual Convention with over 700 representatives of long term care facilities around the state. The trade show will be held on Monday and Tuesday showcasing more than 160 companies that will offer products to enhance the quality of care the residents of Missouri homes receive.

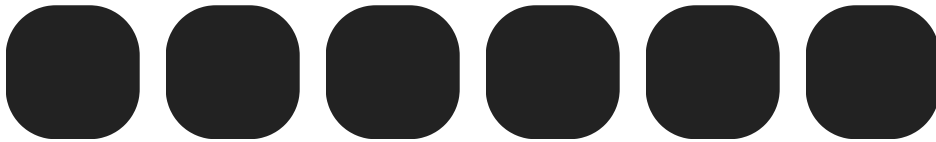
Events during the convention will include education sessions covering current "hot topics" in the long term care industry, the statewide Ms. Missouri Nursing Home Pageant, the trade show, Member Gala with the induction of the 2015-16 MHCA Board of Directors and will conclude with the Awards Luncheon on Wednesday.

Good Luck Ms. Betty and congratulations on your Timeless Title!

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Regional Healthcare Foundation Golf Tournament a Success

JULY 13TH 2015 BY DEE LOFLIN

[Regional Healthcare Foundation Golf Tournament a Success](#)

Dexter, Missouri - The Regional Healthcare Foundation held it's first Golf Tournament on Friday, July 10, 2015 at the Hidden Trails Country Club.

Fourteen teams competed against each other as well as the weather. Strong storms were moving in as teams were finishing up for the day.

The foundation would like to thank it's hole sponsors as well as the corporate sponsors for

their monetary donations to the event.

Corporate Sponsors were Riley, Stubbs, and Cato, Legacy Companies, Southern Bank, Rainey-Mathis Funeral Home, Inc, First Midwest Bank, Shelter Insurance, Bagby Investment Consultants, SoutheastHEALTH, Mayer Law Office, and Bank of Advance.

Hole Sponsors were Mammoth Coolers, Trammell and Son Insurance and Real Estate, Lisa Thrower, Mack Taylor, DDS., Steve and Mary Ann Taylor, Farm Bureau Insurance-Travis Miller, Hickory Log Restaurant, Southeast Mutual Fire Insurance Company, Greenway Equipment, Dexter Wal-Mart Supercenter, John Wm. Ringer, Attorney at Law, Keller Farms, Inc., First Commercial Bank, Tweedy Law Office, Darrel and Toni Pyle, Chrisman Tire TMC, Southern Bank, Holden Law Office, Rick and Darla Grossman, Jim Hall, Yvonne Hall, Jim LaBrot, Terry Turlington, Heartland Food Management LLC, Bootheel Recycling Inc, Carlos Warren and Son, YHC-TV, and Countywide Insurance.

The Foundation will use proceeds to off set their costs on many of the programs it funds, such as their GED Program, Mother-to-Mother Program and their Prescription Drug Assistance Program.

Winners of Championship flight were: starting from left to right, Cory Mills, Aaron Mathis, Kyle Christian and Chris Brannan. (Photo Above)

Winners of "A" Flight were: from left to right, Alan Fowler, Garrett Pixley, Kenny Ott and Gary Christian. (Photo Below)

[/images/2015 Images/RHF Winner 2.jpg](#)

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Bel Rescued After Falling into Well

JULY 03RD 2015 BY DEE LOFLIN

Bel Rescued After Falling into Well

Dexter, Missouri - There's something to be said about growing up in a small town in the Heartland. It may take a village to raise a child, but it only took the Dexter Fire Department and the city of Dexter Street Department to rescue Bel.

On Wednesday, Scott Kruse and his family knew all too well how important it was that their local fire department came to the rescue!

Bel, their family dog, who just recently joined the family fell into a seven-foot well near their property. Scott Kruse and his daughter, Andie, had decided to take a walk and didn't have Bel on a leash. While they were out for their stroll, Bel just disappeared.

"We were about 10 feet away when we heard a thud," commented Kruse, who is a local middle school principal. "We realized Bel was gone and when we went over to the area there was a well partially covered with grass. Looked down and there was Bel."

</images/2015 Images/Kruse Rescue 2.jpg>

Two hours later, tired and a little thirsty, Bel was rescued by Fire Chief Don Seymore and his band of helpers. Even the city of Dexter's Street Department combined their efforts to help dig a hole next to the well to get poor Bel out safely.

"Thanks to everyone, especially Don, who crawled through yards and yards of underground piping in the mud and yuck," laughed Kruse who compared it to a scene from the movie "Shawshank Redemption"

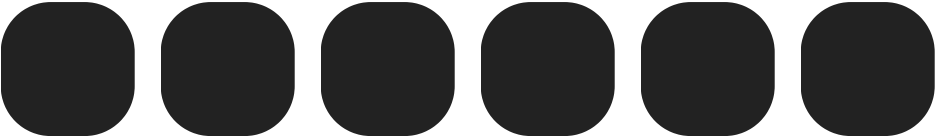
"We are very blessed and it is great to live in small town USA!" continued Kruse. "Dexter in particular. Thanks to everyone who helped rescue Bel."

Scott and Kerri Kruse, along with their daughter, Addie and Andie are extremely thankful to the Dexter Fire Department and the city of Dexter's Street Department for rescuing their beloved pet.

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