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Southeast Pediatrics to Sponsor Super Kids Event

JULY 15TH 2015 BY DEE LOFLIN

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Cape Girardeau, Missouri - Area “Super Kids” are invited to take part in an event sponsored by Southeast Pediatrics at HealthPoint Fitness in Cape Girardeau from 6 to 7:30 p.m. on Thursday, July 30. The event is open to children, ages 4 to 10.

At “Super Kids,” children will visit stations and take part in these educational, hands-on activities:

- Play It Safe Outdoors – Learn the importance of having fun in the sun without burns and bug bites.
- How Sweet It Is! – Kids (and adults) will be surprised to see just how much sugar is hiding the beverages they love.
- Fun with Fitness – Join in the fun with HealthPoint Fitness class demonstrations and activities.
- Eating Healthy – Southeast’s dietitians will show kids how yummy foods can be fun and healthy.

The first 200 participants will receive \$10 Academy Sports gift cards for completing all of the stations and participating in the evening’s activities.

Parents and kids also may visit with pediatricians and staff from Southeast Pediatrics. The medical practice includes Greg Cugini, MD; Paul Leland, DO; Kali Francis, MD; and Chelsea Grigery, MD; and nurse practitioner Lindsay R. McVey, FNP, BC.

Space is limited, so register today by calling 1-844-482-5833 or register online at SEhealth.org/classes-events.

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