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Daily Devotional - How To Increase Your Faith

MAY 18TH 2015 BY DEE LOFLIN

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2 Thessalonians 1:3-4

What are some practical steps you can take to increase your level of faith today?

- 1. READ THE BIBLE.** [Romans 10:17](#) explains, “Faith comes from hearing, and hearing by the word of Christ.” That is, you must feed your faith a steady diet of God’s Word.
- 2. EXERCISE YOUR FAITH.** A bodybuilder doesn’t begin by lifting 500 pounds the first day. Rather, he exercises daily, gradually increasing his strength. Regularly exercising faith can bring about similar growth spiritually.
- 3. EMBRACE TRIALS.** [First Peter 1:3-9](#) reveals the difficult truth that adversity, when addressed in God’s power, creates greater faith. Just as a fire purifies precious metals, hardship strips away all but the pure core of faith.
- 4. EXAMINE THE TESTIMONIES OF OTHERS.** A testimony is an individual’s own account of the Lord’s activity in his life. No one can ever deny, refute, or downplay someone else’s testimony. When you hear of God’s mighty deeds in another person’s life, your own faith grows.
- 5. PRAY.** You get to know someone by talking to him. That’s what prayer is: your personal communication with God. But don’t just talk; be sure to spend time *listening*. God wants to speak to you.

6. PRACTICE OBEDIENCE. You will never grow in your faith if you consistently disobey what God tells you to do. Perfect faith is a by-product of obedience. Put yourself in a position to see God’s best for your life, and your faith will soar.

Faith does not increase by accident. Growth takes time, dedication, and intentionality. Ask the Lord to help you exercise your faith today.

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