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FREE Athletic Health Physicals TODAY!!

MAY 06TH 2015 BY DEE LOFLIN

FREE Athletic Health Physicals TODAY!!

Dexter, Missouri - SoutheastHEALTH Center of Stoddard County will offer Free

Athletic Physicals for all Stoddard County Middle School and High School athletes on Wednesday, May 6th from 3:30 p.m. - 5:30 p.m. at the Dexter High School cafeteria.

No appointments are necessary!

SoutheastHEALTH physicians and nurse practitioners will be on hand to conduct these physicals. Last year, nearly 300 students benefited from this program.

Please remember that all schools require a parent's signature on the physical form. Also you must provide proof of insurance.

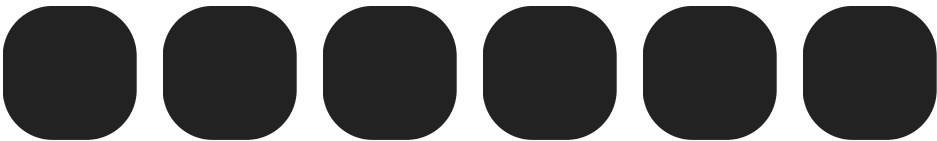
If you have questions please contact SoutheastHEALTH at 573-624-5566 or your local middle school or high school.

If you would like to know more about SoutheastHEALTH and their services go to **www.SEhealth.org**.

LAST UPDATED ON MAY 06TH 2015 BY DEE LOFLIN

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Alexis Smith RHF \$10,000 Scholarship Winner

APRIL 27TH 2015 BY DEE LOFLIN

Alexis Smith RHF \$10,000 Scholarship Winner

Dexter, Missouri - Alexis Smith, a senior at Dexter High School, is the recipient of the 2015 Regional Healthcare Foundation scholarship. The \$10,000 college scholarship is presented annually to a local student who is pursuing a degree in the medical field.

Alexis is the daughter of Gabe and Brooke Smith. Applicants are seniors from Stoddard County High Schools or they are home schooled and must pursue a degree in the health or medical field. Three out-of-county judges review the applications and choose the student.

She is the student body President at Dexter Senior High School and is active in the Robotics Club, Rotary Interact, TARS, FLC, Future Business Leaders of America, and Scholar Bowl. She has also participated in Cross Country all four years of high school.

Smith is also in Dexter Honor Society and Top 10%. She attended Missouri Girls State last summer and attended Washington University – St. Louis Scholars summer program. Alexis is a National Merit Semi-Finalist and is in the running to be a finalist.

She is the co-founder of End Poverty in Stoddard County, a non-profit group with a mission to help those in Stoddard County with food, coats, and clothes.

Alexis has been accepted to Vanderbilt University and her career goal is to be a Pediatric Neurologist.

Shown in the photos are from left: Darla Grossman, Regional Healthcare Foundation President, Alexis Smith, Brooke and Gabe Smith, parents.

LAST UPDATED ON APRIL 27TH 2015 BY DEE LOFLIN

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Southeast Hospital Health Spotlight: Vera Ross

APRIL 26TH 2015 BY STAFF WRITER

Southeast Hospital Health Spotlight: Vera Ross

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Please tell us something interesting about yourself:

“First and foremost, I am a child of God. I am also thankful to have had the privilege to raise two wonderful sons, Kerry and Kirk Gilbow. I was also privileged to watch my grandson Kody grow up in Dexter. I was able to follow his basketball and karate careers. He was a national champion in karate in forms, weapons and fighting. I now have the added privilege of watching Kody’s two boys grow up - my great-grandchildren.”

What made you choose our agency to provide your home health care?

“I was in the Dexter Hospital and my doctor recommended home health therapy; therefore, I chose Southeast Home Health Agency.”

What do you enjoy most about home health therapy?

“I feel like I have gotten stronger as a result of the home health services. My therapist motivate me to exercise, and I exercise between therapy sessions so they will see progress at my next visit.”

Please share some of the goals you have for the future and how therapy might help you reach those goals:

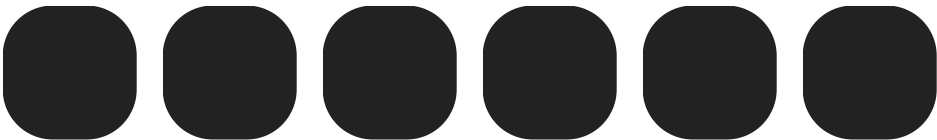
“I want to be independent as long as I can in my own home.”

The Home Health Spotlight is a courtesy of the caring professionals of Southeast Health! You have a choice in who will provide your home health services. Remember to request Southeast Home Health of Dexter or contact us at (573) 624-3511 for additional information.

LAST UPDATED ON APRIL 26TH 2015 BY STAFF WRITER

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Southeast Hospital Health Spotlight: Marna Davis

APRIL 19TH 2015 BY STAFF WRITER

Southeast Hospital Health Spotlight: Marna Davis

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Please tell us something interesting about yourself:

“My husband (Bob Davis) and I established the Dexter Inn in the mid-1980’s, Prior to this, I was the assistant bookkeeper at Medler-Davis Chevrolet. At the Dexter Inn, I was the desk clerk and bookkeeper. I went to a school in Memphis to learn how to operate a hotel and what supplies to buy. There was a storm in Dexter the first week we were in business and the hotel was unexpectedly full of repairmen. So, we had quite the initiation into the world of hotel management.”.

What made you choose our agency to provide your home health care?

“I first had therapy as an outpatient at the Dexter hospital, and changed to home-health therapy so I didn’t have to leave my home. On my second round of home-health therapy, I said I would never choose anybody but Southeast Home Health of Dexter for my my care.”

What do you enjoy most about home health therapy?

“I have very understanding therapists and nurses and could not have gotten better care anywhere.”

Please share some of the goals you have for the future and how therapy might help you reach those goals:

“I want to be as active as I can with my children who live in Dexter, along with my grandchildren and great-grandchildren.”

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LAST UPDATED ON APRIL 19TH 2015 BY STAFF WRITER

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Southeast Hospital Health Spotlight: Nora Bennett

APRIL 11TH 2015 BY STAFF WRITER

Southeast Hospital Health Spotlight: Nora Bennett

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Please tell us something interesting about yourself:

“My late husband was a pilot. We enjoyed flying on Saturday mornings to eat breakfast at Reel Foot Lake“.

What made you choose our agency to provide your home health care?

“We knew some of the names of local people that worked for the agency and we felt it best to support our local hometown community.”

What do you enjoy most about home health therapy?

“I enjoyed getting stronger and performing the walking program with a Southeast Health therapist.”

Please share some of the goals you have for the future and how therapy might help you reach those goals:

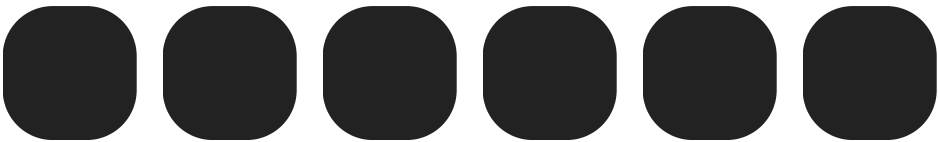
“I would love to walk by myself without the use of a walker.”

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LAST UPDATED ON APRIL 11TH 2015 BY STAFF WRITER

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