



[TOP](#)

# FFA Members Participate in Leadership Workshops

APRIL 29TH 2015 BY DEE LOFLIN

## FFA Members Participate in Leadership Workshops

**Poplar Bluff, Missouri** - Poplar Bluff High School FFA members participated in leadership workshops and honored their colleagues for outstanding achievements at the Missouri FFA Convention Thursday and Friday, April 16-17, in the Hearnes Center at the University of Missouri in Columbia.

Sophomore Daniel Williams, and juniors Hunter Hudson and Chase Burch received proficiency awards for their supervised agricultural experience projects. Poplar Bluff teams qualified in various career development events including farm management, forestry, FFA knowledge and agronomy. The chapter received a superior rating and a 10 percent growth award since club membership increased this year.

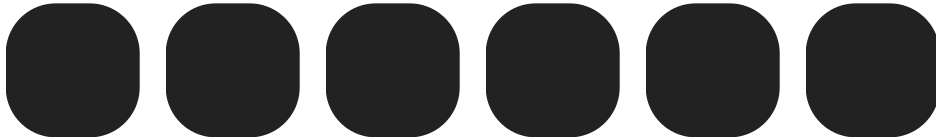
Speakers included Gov. Jay Nixon, Missouri Director of Agriculture Richard Fordyce, Missouri Commissioner of Education Margaret Vandeven, and American Farm Bureau President Bob Stallman.

*Shown in the photo - The PBHS FFA chapter attended the state convention at Mizzou, and toured Busch Stadium, the St. Louis Zoo and the Rock Bridge Conservation Center along the way.*

Photos and article by Tim Krakowiak, Communications/Marketing Coordinator, Poplar Bluff R-I School District

<https://showmetimes.com/Blogpost/uttn/FFA-Members-Participate-in-Leadership-Workshops>

[Go to post](#)



More from ShowMe Times:

[TOP](#)

## Missouri Juror Appreciation Week

APRIL 27TH 2015 BY DEE LOFLIN

[Missouri Juror Appreciation Week](#)

### **Have You Ever Served for Jury Duty?**

It's Missouri Juror Appreciation Week!!

**Missouri** - Judges, lawyers and court clerks thank the 70,299 Missourians who reported for jury duty in state courts in 2014 as part of Missouri's Juror Appreciation Week to be held this year from Monday, April 27 through Friday, May 1, 2015. During the week, court staff and legal professionals will emphasize to jurors how important their contributions are to the courts, their communities and our legal system.

Missouri Bar President Reuben Shelton said the right to trial by a jury is one of the fundamental guarantees included in the Bill of Rights.

"I know that reporting to jury duty can be inconvenient to our lives," Shelton said. "But in

order to advance justice, we must all show up when called upon so that our juries are truly representative of our communities. We thank the more than 70,000 Missourians who reported to jury duty last year and believe their service will help others recognize that jury service is fundamental to upholding our constitution and democracy.”

More than 50 courthouses throughout the state will observe the week in different ways. Many will display a Missouri Bar poster that thanks jurors for doing their part. Judges also may take additional time to thank jurors and to acknowledge the significance of their service.

This year’s poster features a quote from Founding Father, principal author of the Declaration of Independence and third President of the United States, Thomas Jefferson, in which he noted a “trial by jury as the only anchor yet imagined by man by which a government can be held to the principles of its constitution.”

Missouri is one of only a few states that hold a statewide Juror Appreciation Week. The observance began in 2000 by order of the Supreme Court of Missouri, which states, “Each year thousands of Missourians perform one of the most significant civic duties granted to citizens -- they serve as fair and impartial jurors in communities throughout the state. To honor those citizens who have performed their civic duty, all Missouri courts are directed to observe Juror Appreciation Week...”

Visit the event webpage to learn more about Juror Appreciation Week, watch a video on the importance of jurors, or take a quiz to test your knowledge on jury service.

The Missouri Bar is a statewide organization that is dedicated to improving the legal profession, the law and the administration of justice for all Missourians. Created in 1944 by order of the Supreme Court of Missouri, it serves all 30,000 of Missouri’s practicing lawyers. The Missouri Bar provides a wide range of services and resources to its members, as well as the media, educators and the citizens of Missouri. To learn more about The Missouri Bar, visit [www.mobar.org](http://www.mobar.org) and [www.MissouriLawyersHelp.org](http://www.MissouriLawyersHelp.org).

LAST UPDATED ON APRIL 27TH 2015 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/utt9/Missouri-Juror-Appreciation-Week>

[Go to post](#)



More from ShowMe Times:

[TOP](#)

## St. Francis Medical Center to Offer FREE Stroke Screening

APRIL 27TH 2015 BY DEE LOFLIN

St. Francis Medical Center to Offer FREE Stroke Screening

**Saint Francis Medical Center is offering a free stroke screening on Thursday, May 14, from 7 to 11 am in the Saint Francis Conference Center (Entrance 8, 150 S. Mount Auburn Road) as part of its community education programming during National Stroke Awareness Month in May.**

**Someone in the United States has a stroke every 40 seconds and nearly one-third of victims are younger than age 65. Risk factors for stroke include high blood pressure, diabetes, high cholesterol, heart disease and certain blood disorders.**

**Cape Girardeau, Missouri** - Saint Francis Medical Center is offering a free stroke screening on Thursday, May 14, from 7 to 11 am in the Saint Francis Conference Center (Entrance 8, 150 S. Mount Auburn Road) as part of its community education programming during National Stroke Awareness Month in May.

The free screening includes a stroke risk assessment, blood pressure and cholesterol test, and a consultation with a medical professional. For accurate

results, a 10- to 12-hour fast is required. Participants should continue to take prescribed medications and drink water to avoid dehydration. To register for the screening, call 573-331-3996.

Someone in the United States has a stroke every 40 seconds and nearly one-third of victims are younger than age 65. Risk factors for stroke include high blood pressure, diabetes, high cholesterol, heart disease and certain blood disorders. Other factors such as physical inactivity, smoking, obesity and excessive alcohol and drug use can increase the likelihood of a stroke.

Strokes can happen fast, so it is important to recognize the signs and call 911 immediately if you experience symptoms such as numbness or weakness of the face; arm or leg weakness on one side of the body; confusion or trouble speaking or understanding; vision trouble; difficulty walking; or a severe headache with no known cause.

Saint Francis Medical Center is a 284-bed facility serving more than 650,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis' major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region's first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center with Convenient Care; Cancer Institute; and Fitness Plus.

LAST UPDATED ON APRIL 27TH 2015 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/utt4/St-Francis-Medical-Center-to-Offer-FREE-Stroke-Screening>

[Go to post](#)



More from ShowMe Times:

[TOP](#)

## The Moving Wall Coming to Dexter

APRIL 26TH 2015 BY DEE LOFLIN

### The Moving Wall Coming to Dexter

**Dexter, Missouri** – The City of Dexter in conjunction with the city’s Tourism Committee has scheduled “The Moving Wall,” the Vietnam Veterans Memorial for a visit in August.

“The Moving Wall” is a replica half the size of the original wall in Washington, D.C. It has been touring the United States for more than 30 years now and will make its debut on Thursday, August 6, 2015 at East City Park.

The memorial is not funded by the government, but maintained by the Vietnam veterans who silk-screened the first name on the first panel of the wall in 1983. John Devitt made it a personal goal to share the memorial with those who did not have the opportunity to go to Washington, D.C.

The Vietnam Veterans Memorial in Washington, D.C. was constructed in honor of the men and women of the Armed Forces of the United States who served in the Vietnam War. On it are inscribed the names of those who gave their lives and those who remain missing.

The wall is 253 feet long, which is longer than half of the Memorial in D.C. and has been displayed in more than 1,300 communities.

This is no easy endeavor to move the Wall or set up at each location. Several volunteers will be in place to assist setting the memorial and it will be necessary to build a level foundation for The Moving Wall. Directions have been sent to city officials on how to construct the foundation.

There are 58,000 names inscribed on the memorial.

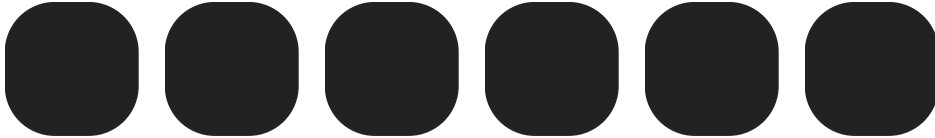
The Wall will arrive on Thursday, August 6<sup>th</sup> and be available for viewing until Monday, August 10<sup>th</sup>.

Photo by Jessica Loflin on a recent trip to Washington, D.C. 2015.

LAST UPDATED ON APRIL 26TH 2015 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/utss/The-Moving-Wall-Coming-to-Dexter>

[Go to post](#)



## More from ShowMe Times:

[City of Dexter to Hold Annual Spring Cleanup](#)

[City of Dexter to Hold Annual Spring Cleanup](#)

[TOP](#)

## Training Course for Young Adults

APRIL 23RD 2015 BY DEE LOFLIN

[Training Course for Young Adults](#)

## Hendrickson Business Advisors and Dale Carnegie Training Announce Courses for Young Adults

**Cape Girardeau, Missouri** - Hendrickson Business Advisors and Dale Carnegie Training will hold three week-long Dale Carnegie Courses for high school students.

The Dale Carnegie Course – Skills for Young Adult Success is just like the Dale Carnegie Course – except that it is tailored for high school students rather than people already out of school and in the workplace. Candidates for this course will have just completed either the 10<sup>th</sup>, 11<sup>th</sup>, or 12<sup>th</sup> grades. Each one-week course will run from Monday through Friday and participants will be in session from 8:00 AM - 3:00 PM, including a break for lunch. They will be held at the Cape Girardeau Career and Technology Center during the weeks of June 8<sup>th</sup>, June 15<sup>th</sup>, and July 13<sup>th</sup>.

Participants will develop greater self-confidence, set realistic goals, and hold themselves accountable. They will enhance their communication and presentation skills, refine their leadership and problem-solving skills, increase their motivation, and manage their attitudes and stress levels. Graduates will earn 2 college credits through the University of Central Missouri.

Rhett Hendrickson of Hendrickson Business Advisors and a certified trainer with Dale Carnegie Training said: “Most of us would have benefitted from learning how to Win Friends, Influence People, Stop Worrying, and Start Living earlier than we did. The skills developed and honed through The Dale Carnegie Course are just as relevant to young adults as to their parents. By developing strong positive habits early, these students will increase their chances of developing the right relationships the first time. These courses are not lectures – they’re laboratories in which participants can try out their new skills in a safe environment, see what works and what doesn’t work, and be more ready for the world.”

For more than a century, Dale Carnegie Training has helped millions around the world become better at people skills and is the gold standard in personal development courses. For more information visit [HendricksonBusinessAdvisors.com](http://HendricksonBusinessAdvisors.com) or visit [stlouis.dalecarnegie.com/events](http://stlouis.dalecarnegie.com/events) to enroll.

Hendrickson Business Advisors is a management and marketing consulting firm based in Cape Girardeau, Missouri with clients throughout the United States. They are also the area managers for Dale Carnegie Training – St. Louis. Visit [HendricksonBusinessAdvisors.com](http://HendricksonBusinessAdvisors.com) to learn more.

LAST UPDATED ON APRIL 23RD 2015 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/utsi/Training-Course-for-Young-Adults>

[Go to post](#)





More from ShowMe Times:



SUBSCRIBE TO "LOCAL NEWS"

**ShowMe Gold Sponsors**