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St. Francis Medical Center to Offer FREE Stroke Screening

APRIL 27TH 2015 BY DEE LOFLIN

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Saint Francis Medical Center is offering a free stroke screening on Thursday, May 14, from 7 to 11 am in the Saint Francis Conference Center (Entrance 8, 150 S. Mount Auburn Road) as part of its community education programming during National Stroke Awareness Month in May.

Someone in the United States has a stroke every 40 seconds and nearly one-third of victims are younger than age 65. Risk factors for stroke include high blood pressure, diabetes, high cholesterol, heart disease and certain blood disorders.

Cape Girardeau, Missouri - Saint Francis Medical Center is offering a free stroke screening on Thursday, May 14, from 7 to 11 am in the Saint Francis Conference Center (Entrance 8, 150 S. Mount Auburn Road) as part of its community education programming during National Stroke Awareness Month in May.

The free screening includes a stroke risk assessment, blood pressure and cholesterol test, and a consultation with a medical professional. For accurate results, a 10- to 12-hour fast is required. Participants should continue to take prescribed medications and drink water to avoid dehydration. To register for the screening, call 573-331-3996.

Someone in the United States has a stroke every 40 seconds and nearly one-third of victims are younger than age 65. Risk factors for stroke include high blood pressure, diabetes, high cholesterol, heart disease and certain blood disorders. Other factors such as physical inactivity, smoking, obesity and excessive alcohol and drug use can increase the likelihood of a stroke.

Strokes can happen fast, so it is important to recognize the signs and call 911 immediately if you experience symptoms such as numbness or weakness of the face; arm or leg weakness on one side of the body; confusion or trouble speaking or understanding; vision trouble; difficulty walking; or a severe headache with no known cause.

Saint Francis Medical Center is a 284-bed facility serving more than 650,000 people throughout Missouri, Illinois, Kentucky, Tennessee and Arkansas. Guided by its mission to provide a ministry of healing and wellness inspired by its Christian philosophy and values, the Medical Center has become a progressive, innovative regional tertiary care referral center. Saint Francis' major service lines, which have received national recognition, include the Neurosciences Institute; Orthopedic Institute; Family BirthPlace, featuring the region's first Level III Neonatal Intensive Care Unit; Heart Hospital; Emergency and Level III Trauma Center with Convenient Care; Cancer Institute; and Fitness Plus.

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