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Southeast Hospital Health Spotlight: Vera Ross

APRIL 26TH 2015 BY STAFF WRITER

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Please tell us something interesting about yourself:

“First and foremost, I am a child of God. I am also thankful to have had the privilege to raise two wonderful sons, Kerry and Kirk Gilbow. I was also privileged to watch my grandson Kody grow up in Dexter. I was able to follow his basketball and karate careers. He was a national champion in karate in forms, weapons and fighting. I now have the added privilege of watching Kody’s two boys grow up - my great-grandchildren.”

What made you choose our agency to provide your home health care?

“I was in the Dexter Hospital and my doctor recommended home health therapy; therefore, I chose Southeast Home Health Agency.”

What do you enjoy most about home health therapy?

“I feel like I have gotten stronger as a result of the home health services. My therapist motivate me to exercise, and I exercise between therapy sessions so they will see progress at my next visit.”

Please share some of the goals you have for the future and how therapy might help you reach those goals:

“I want to be independent as long as I can in my own home.”

The Home Health Spotlight is a courtesy of the caring professionals of Southeast Health! You have a choice in who will provide your home health services. Remember to request Southeast Home Health of Dexter or contact us at (573) 624-3511 for additional information.

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