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## S.E. Home Health Hosted Lunch & Learn at Senior Center

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MARCH 23RD 2015 BY DEE LOFLIN

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**Dexter, Missouri** – Southeast Home Health of Dexter hosted the first of a monthly series of informational and educational events at the Dexter Senior Center recently. On the first Wednesday of each month they will present a wonderful program geared towards seniors in our community.

“Our first program was an overview of the services offered by Southeast Home Health,” commented Krystal McGowan, Physical Therapy Assistant. “We had a great time and introduced all of our staff as well as handed out brochures and of course everyone loved the door prizes.”

“There were 54 seniors present,” continued McGowan. “We gave them an overview of our skilled nursing program, physical therapy program, home health aide, speech pathology, occupational therapy, and nutritional counseling, all the services we offer.”

Southeast Home Health of Dexter is a service provided to local people who have a medical need that may require the skills of a nurse or a therapist. Most patients who utilize this service have been recently discharged from a hospital or have had a change in their medical condition.

Many of the services that are provided by Southeast Home Health are covered by Medicare, Medicaid, private health insurance, VA Insurance, automobile insurance and even Worker’s Compensation Insurance.

**On Wednesday, April 1<sup>st</sup> at 11:45 a.m. Southeast Home Health staff will return to the Dexter Senior Center to give a program on "Fall Risks and Home Safety".**

Southeast Home Health is located at 1300 North One Mile Road, Suite 7 in Dexter behind the hospital near the emergency room parking lot and if you would like more information contact them at 573-624-3511.

The Dexter Senior Center is located at 23 W. Stoddard St.

</images/2015 Images/SE Health Lunch and Learn.jpg>

in downtown Dexter. This event is open to all seniors and additional topics of interest to attendees will be considered for future programs!

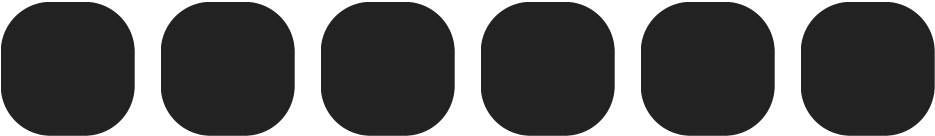
Please join them for a spectacular informational Lunch & Learn program hosted by Southeast Home Health of Dexter!

The Senior Center opened in May of 1974 and is a 501© non-profit organization all on donations.

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